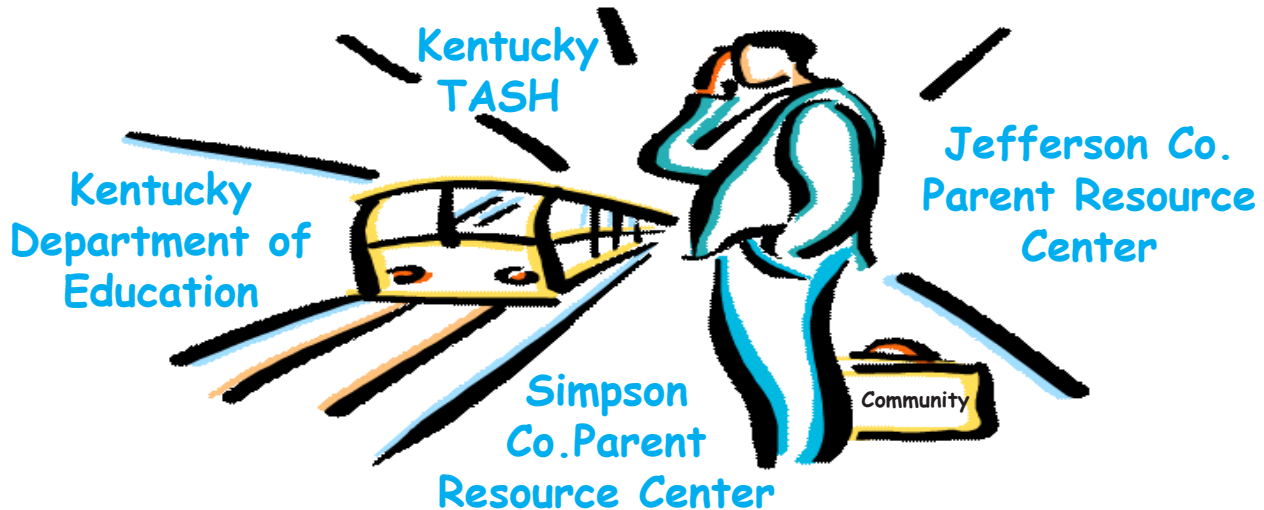


The Arc of Kentucky

55th Annual Conference

Best Practices for People with Intellectual and/or
Developmental Disabilities and their Families
in collaboration with



"Let's Just Do It - Get on Board for PEOPLE"

April 23-24, 2010
Park Inn Louisville East
(formerly Louisville Marriott East)
Louisville, Kentucky

Protecting Rights
Encouraging Inclusion
Optimizing Supports
Promoting Choice
Lifting Expectations
Educating Communities

Conference Sessions

Keynote Speakers:

Friday, April 23rd - Barb Trader, Executive Director, TASH
Saturday, April 24th - U.S. Representative John Yarmuth (Invited)
Dr. Tamar Heller, Professor and Head,
Dept. of Disability and Human Development, University of Illinois, Chicago

Breakout Conference Strands

*Education *Community Living
*Self Advocacy

Poster Session

Exhibitor Information Extravaganza



The Arc of Kentucky 55th Annual Conference

"Let's Just Do It - Get on Board for PEOPLE"

Best Practices for People with Intellectual and/or Developmental Disabilities

WHO SHOULD ATTEND?

Individuals with disabilities, family members, friends, the elderly, service providers, community leaders, advocacy organizations, education professionals, policymakers, etc.

CONFERENCE SITE: Park Inn Louisville East (formerly Marriott)
1903 Embassy Square Blvd., Louisville, KY
(502) 502) 499-6220; Toll Free: (800) 285-9260

CONFERENCE OVERVIEW:

Friday, April 23, 2010

- Morning & Afternoon Concurrent Breakout Sessions
- Luncheon & Speaker - Barb Trader, Executive Director, TASH, Washington, D.C.
- Annual Membership Meeting
- Awards Banquet & Music

Saturday, April 24, 2010

- Morning Concurrent Breakout Sessions
 - Luncheon & Speaker - U. S. Representative John Yarmuth (Invited)
Tamar Heller, Ph.D., Professor and Head
Dept. of Disability and Human Development,
University of Illinois, Chicago
 - Afternoon Panel Session on Waiver Services and Programs
- Both Days will include an Exhibit Information Extravaganza and a Silent Auction.**

CEUs:

The Arc of Kentucky is applying for Continuing Education Units (CEUs) for:
Social Workers, Foster Care Review Board Members, Foster Care Parents

STIPENDS: The Kentucky Council on Developmental Disabilities offers Consumer Involvement Funds to assist persons with developmental disabilities, family members, and their guardians financial assistance to participate in conferences, etc. For an application and additional information call 1-877-367-5332 or visit their website at www.kddc.org. You can also call The Arc of Kentucky office for an application as well. **Applications must be submitted to the Council by April 12, 2010. NO EXCEPTIONS.**

Be An Exhibitor

Approximately 200 - 250 potential customers composed of parents and family members, self-advocates, service providers, professionals, government organizations and advocates can be reached when you become a conference exhibitor. For additional information on being an exhibitor call The Arc office (800) 281-1272 or (502) 875-5225; or www.arcofky.org

"Let's Just Do It - Get on Board for PEOPLE"

Best Practices for People with Intellectual and
Developmental Disabilities



Park Inn Louisville East, Louisville, Kentucky

April 23-24, 2010

REGISTRATION FORM

Registration Deadline: April 12, 2010

Name: _____

Agency/Organization: _____

Address: _____ Phone: () _____

_____ Zip: _____ Fax: () _____

E-mail Address: _____

Please note if you require any special accommodations: _____

FRIDAY CONFERENCE FEE - \$50.00 (Arc or Tash member) \$60.00 (non-member) \$ _____

SATURDAY CONFERENCE FEE - \$50.00 (Arc or Tash member) \$60.00 (non-member) \$ _____

(Please indicate on reverse side which conference breakout sessions you want to attend)
(Fees include breaks, luncheons and materials)

AWARDS DINNER - \$25.00 \$ _____

TOTAL FEE \$ _____

NOTE: Registrations received after April 12, and on site, add \$10.00 each day.

PAYMENT METHOD:

Enclosed is my check(s) made payable to The Arc of Kentucky.

Enclosed is my signed purchase order.

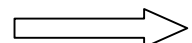
Please charge my credit card as follows: Visa Mastercard
Name on credit card (please print) _____

Card Number: _____ Amount: \$ _____

Expiration Date: _____ Signature: _____

Return this form with payment by April 12, 2010 to: The Arc of Kentucky, 706 East Main Street,
Suite A, Frankfort, KY 40601; Fax: (502) 875-5226. For additional conference information, contact Patty
Dempsey or Linda Wainscott at The Arc of Kentucky, (800) 281-1272; (502) 875-5225, www.arcofky.org
or e-mail at arcofky@aol.com.

SEE REVERSE SIDE



Please indicate which **BREAKOUT** sessions you would like to attend.
This will help us plan adequate space needs. (Please mark one from each time slot)

**DUE TO LIMITED REGISTRATION, YOU MUST PREREGISTER FOR THE ALL DAY WORKSHOP -
LIVES LIKE EVERYONE ELSE: PERSONALIZED SUPPORTS FOR VALUED LIFESTYLES**

CONFERENCE BREAKOUT SESSIONS - FRIDAY, APRIL 23, 2010

ALL Day Workshop

9:00 - 4:00 p.m.

Lives Like Everyone Else: Personalized Supports for Valued Lifestyles
(Includes afternoon visit to homes of individuals) (Limit 16 people)

9:00 a.m. - 10:15 a.m. Concurrent Breakout Sessions A

Recognizing & Responding to the Vulnerability Trail for People with Intellectual and/or
Other Developmental Disabilities (1/2 day)
 Post Secondary Inclusion Partnership
 Appropriate Use of Personnel in the Inclusion of Students with Low Incidence Disabilities,
including Autism
 Tools for Raising Responsible Children...10 Behavioral Principles
 Let's Talk About Sex (Human Sexuality, Health Issues, Relationships)

10:30 a.m. - 11:45 a.m. Current Breakout Sessions B

Recognizing & Responding to the Vulnerability Trail for People with Intellectual and/or other
Developmental Disabilities (continued)
 Supported Employment in Kentucky
 Promoting Independence through the Use of Assistive Technology
 ADHD/Homework
 Self-Advocacy: Live the Life You Want to Live

1:15 p.m. - 2:30 p.m. Concurrent Breakout Sessions C

Leaving a Legacy of Love: An Overview of Estate Planning Issues for Families and People
with Disabilities (1/2 day workshop)
 Joy, Passion, Relationship - The Magic of REAL Re-creative Experiences (Inclusive Recreation)
 Stay on Track to Build Partnerships with Schools
 Response to Intervention
 I Own My Own Business

2:30 p.m. - 4:00 p.m. Concurrent Breakout Sessions D

Leaving a Legacy of Love: An Overview of Estate Planning Issues for Families and People
with Disabilities (continued)
 College of Direct Care Support in Kentucky
 Transition..Planning for the Future
 Universal Design for Learning - Enhancing the Learning for All
 It's Your Life - Know Your Individual Rights

CONFERENCE BREAKOUT SESSIONS - SATURDAY, APRIL 24, 2010

9:00 a.m. - 10:15 a.m. Concurrent Breakout Sessions E

"Doing It My Way" Consumer Directed Option Stories
 Guardianship in Kentucky
 Project SAFE (Safety & Accessibility for Everyone)
 I Make a Difference Because I Volunteer My Time and Talents

10:30 a.m. - 11:45 a.m. Concurrent Breakout Sessions F

Supporting Individuals That Live in the Community to be Better Neighbors
 Stress Management
 Supporting and Engaging Families of Adults with Developmental Disabilities
 Successful Independent Living

Conference Schedule

Friday, April 23, 2010

8:00 - 5:00 p.m.

Conference Registration

12:00 noon - 5:30 p.m.

Exhibitor Information Extravaganza and Silent Auction

9:00 - 4:00 p.m.

All Day Workshop - "Lives Like Everyone Else: Personalized Supports for Valued Lifestyles" (All Day Workshop) Afternoon Visits to Homes of Individuals (Limit 16 people)

This all day event will provide participants information about personalized and individualized supports. Morning session will provide an overview of the values and principles, organizational strategies, and characteristics of person-centered work.

Afternoon, participants will be escorted on visits to the homes of local people receiving quality, customized supports. (Limit 16 people).

Presenters: *Staff and People Supported by Realizations, Inc.*
Louisville, KY

9:00 a.m. - 10:15 a.m.

Concurrent Breakout Sessions A

Community Living

Recognizing and Reponding to the Vulnerability Trail for People with Intellectual and/or Other Developmental Disabilities" (1/2 day session)

Presenter: *Darla Stewart and Jean Solis,*
The Arc of Aurora, Colorado

Community Living

Post Secondary Inclusion Partnership

Presenters: *Jeff Bradford, Lexington, KY*
Megan McCormick, Lexington, KY

Education

Appropriate Use of Personnel in the Inclusion of Students with Low Incidence Disabilities, including Autism

Presenters: *Janet Howell, All Inclusive Model Program (AIM)*
Alexis Varney, Low Incidence Program Consultant
Jefferson Co. Public Schools, Louisville, KY

Education

Tools for Raising Responsible Children... 10 Behavioral Principles

Presenters: *Marcia Lemon, Emotional/Behavioral Program Spec.*
Jefferson Co. Public Schools, Louisville, KY

Self-Advocacy

Let's Talk About Sex (Human Sexuality, Health Issues, Relationships)

Presenter: *Rae Williams, Health Program Administrator*
Dept. for Developmental and Intellectual Disabilities
Frankfort, KY

10:15 a.m. - 10:30 a.m.

Break

10:30 a.m. - 11:45 a.m.

Concurrent Breakout Sessions B

Community Living

Recognizing and Reponding to the Vulnerability Trail for People with Intellectual and/or Other Developmental Disabilities” (continued)

Presenters: *Darla Stewart and Jean Solis, The Arc of Aurora, Colorado*

Community Living

Supported Employment in Kentucky

Presenters: *Milton Tyree, HDI, Lexington, KY
Mallory Kolb, Kid's Haven
Sandy Block, Realizations
Matt Lowe, Basketball Academy & Lou. Palace Theatre
Missy Rowe, Down Syndrome Assn. of Louisville
Susan Durham, Down Syndrome Assn. of Louisville
and others*

Education

Promoting Independence Through the Use of Assistive Technology

Presenters: *Laura Cullens, M.S., OTR/L, Program Specialist
Nancy Cissell, M.A. Exceptional Child Ed. Tech. Liaison
Jefferson Co. Public Schools, Louisville, KY*

Education

ADHD/Homework

Presenter: *Julie Donlon, Research Teacher
Jefferson Co. Public Schools, Louisville, KY*

Self-Advocacy

Self-Advocacy: Live the Life You Want to Live

Presenter: *Cheryl Bogarty, Health Program Administrator
Dept. for Developmental and Intellectual Disabilities
Frankfort, KY*

12:00 - 1:15 p.m.

Luncheon

Luncheon Speaker - ***Barb Trader, Executive Director***

TASH, Washington, D.C.

"TASH's National Agenda -- How YOU Can Impact Policy and Practice Nationally"

Concurrent Breakout Sessions C (continued)

1:15 p.m. - 2:30 p.m.

**Community
Living**

Concurrent Breakout Sessions C

Leaving a Legacy of Love: An Overview of Estate Planning Issues for Families and People with Disabilities (1/2 day session)

Presenters: *Carolyn Wheeler, M.S., Special Care Planner
MassMutual Financial Group
Kevin Johns, Attorney At Law
Lexington, KY* 1:45 p.m. - 2:30 p.m.

**Community
Living**

Joy, Passion, Relationship - The Magic of REAL Re-creative Experiences (Inclusive Recreation)

Presenter: *Barb Trader, Executive Director, TASH
Washington, D.C.*

Education

Stay on Track to Build Partnerships with Schools

Presenters: *Marsha Wiseman, ECE Parent Liaison
Judi Corbett, Placement Specialist
Debora Campbell, ECE Parent Liaison
Parent Resource Center, Louisville, KY*

Education

Rtl: Response to Intervention - A Introduction for Parents

Presenters: *Rebecca D. Doyel, Adm. Spec., Exceptional Child Ed.
Jefferson Co. Public Schools, Louisville, KY*

**Self-
Advocacy**

I Own My Own Business

Presenter: *Jim Chesser, Lexington, KY*

2:30 p.m. - 2:45 p.m.

Break

2:45 p.m. - 4:00 p.m.

Concurrent Breakout Sessions D

**Community
Living**

Leaving a Legacy of Love: An Overview of Estate Planning Issues for Families and People with Disabilities (Continued) 1/2 day session

Presenters: *Carolyn Wheeler, M.S., Special Care Planner
MassMutual Financial Group
Kevin Johns, Attorney At Law
Lexington, KY*

**Community
Living**

College of Direct Care Support in Kentucky

Presenter: *Linda McAuliffe, Training Branch Manager
Dept. for Intellectual and Developmental Disabilities
Frankfort, KY
Bill Tapp, Tennessee*

Concurrent Breakout Sessions C (continued)

Education

Universal Design for Learning--Enhancing the Learning for All!

Presenters: *Rebecca D. Doyel*, Adm. Spec., Exceptional Child Ed.
Jefferson Co. Public Schools, Louisville, KY

Self- Advocacy

It's Your Life - Know Your Individual Rights

Presenters: *Lesley Reising, Justin Rogers*
Advocates in Action Self-Determination
Leadership Academy Mentors, Berea, KY
Justin Pawley, Elizabethtown, KY

4:15 p.m. - 4:30 p.m.

Arc Membership Meeting

4:30 p.m. - 5:30 p.m.

Poster Sessions

Visit the poster session presenters - individuals, local groups, agencies as they share their "best practices" stories with you.

Note: Exhibitor Information Extravaganza and Silent Auction will remain to visit open until 5:30 p.m.

6:00 p.m. - 8:00 p.m.

Awards Dinner

8:00 p.m. - 10:00 p.m.

Entertainment/Dance

Conference Schedule

Saturday, April 24, 2010

7:30 a.m. - 8:30 a.m. Board Meeting
8:00 a.m. - 9:00 a.m. Continental Breakfast
8:00 a.m. - 12:00 noon Registration
8:00 a.m. - 3:15 p.m. Exhibitor Information Extravaganza
8:00 a.m. - 2:00p.m. Silent Auction

9:00 a.m. - 10:15 a.m.

Concurrent Breakout Sessions E

Community Living

"Doing It My Way" Consumer Directed Option Stories

Presenter: *Leslie Lederer*, Louisville, KY
& Other Families

Community Living

Project Safe (Safety & Accessibility for Everyone)

Presenters: *MaryLee Underwood*, Staff Attorney,
Project SAFE Co-Chair
KY Association of Sexual Assault Programs, Frankfort
Norb Ryan, ADA Coordinator, Project SAFE Co-Chair

Education

Guardianship in Kentucky

Presenter: *Bill Dolan*
Protection & Advocacy, Frankfort, KY

Self-Advocacy

I Make a Difference Because I Volunteer My Time and Talents

Presenters: *Mary Anne Ostertag*, Louisville, KY
Felicia Napier, Louisville, KY
Kelly Knoop, Louisville, KY

10:15 - 10:30 a.m.

Break

10:30 a.m. - 11:45 a.m.

Concurrent Breakout Sessions F

Community Living

Supporting Individuals That Live in the Community to be Better Neighbors

Presenter: *Whitney Kays*,
Realizations, Inc., Louisville, KY

Community Living

Supporting and Engaging Families of Adults with Developmental Disabilities

Presenter: *Tamar Heller*, Ph.D., Professor and Head
Dept. of Disability and Human Development
Univ. of Illinois, Chicago

Concurrent Breakout Sessions F (continued)

Education

Stress Management

Presenter: *Roberta Alston*
KY SPIN, Louisville, KY

Self- Advocacy

Successful Independent Living

Presenters: *John Mark Newton*, Campbellsville, KY
Grant Logsdon, Louisville, KY

12:00 - 1:45 p.m. Lunch

Speakers - *U.S. Rep. John Yarmuth (invited)*
"Washington Update"

*Tamar Heller, Ph.D., Professor and Head
Dept. of Disability and Human Development
University of Illinois, Chicago
"Best Practices in Aging and Developmental
Disabilities Services"*

1:45 p.m. - 2:00 p.m. Break

2:00 p.m. - 3:15 p.m.

Closing Session - "Community For All - Heading Down the Right Track" *Panel on Waiver Services and Programs*



Supports for Community Living (SCL)
Home & Community Based Services (HCBS)
Michelle P
Money Follows Person (MFP)
Consumer Directed Option (CDO)
Brain Injury (BI)
Hart Supported Living (HSL)

3:15 p.m. *Adjourn & Turn in Evaluations at Registration Desk & Pick up Goody Bag
Pick Up Silent Auction Items*

**DOOR PRIZES WILL BE GIVEN THROUGHOUT THE DAY -
MUST BE PRESENT TO WIN**

The Arc of Kentucky Annual Awards - 2010

The Arc of Kentucky Annual Awards to be presented in 2010 at the annual conference in Louisville on April 23-24, 2010 and will be given to the nominated individuals who best fit these descriptions: These awards emphasize the importance of recognizing the **ABILITIES** of people with intellectual and/or developmental disabilities, and the outstanding service delivered by many volunteers and professionals in the fields of intellectual and related disabilities.

Carl D. Perkins Service Award - is presented to an individual who has made notable contributions continuing over an extended period of time to promote and enhance the quality of services to individuals with intellectual and other related disabilities.

Gayla Peach Advocacy Award - is presented to an individual who has made a significant contribution by speaking out and providing leadership to secure or maintain the rights, services, and supports for individuals with intellectual and other related disabilities and their families.

Ronald J. Cutter Professional Service Award - is presented to a professional who has provided significant support and services that have contributed to the development of individuals with intellectual and other related disabilities.

Susy Riffe Memorial Award for Achievement - is presented to a Kentuckian, age 25 or older, who has an intellectual disability and has made a positive contribution through participation at work, in the home, and in the community. In addition to a plaque, the recipient of the Susy Award receives a \$100 U.S. Savings Bond.

Organization Service Award - is presented to an organization that has provided outstanding service to The Arc.

Membership Award - is presented to the local Arc Chapter with the greatest membership increase during the previous calendar year. (if the largest number and largest percent increases are not achieved by the same chapter, two awards will be given.)

Each nomination must be described in a letter detailing the nominee's qualifications and explaining the nominator's relationship or extent of acquaintance. Typically nominations are made by parents, friends, fellow workers, or service providers or other professionals in fields involving intellectual and other disabilities.

A letter of nomination may be sent at any time. For the 2010 awards, the letter must be received in The Arc Office by March 30, 2010. by U.S. mail, the letter should go to The Arc's Award Selection Committee, 706 E. Main Street, Suite A, Frankfort, KY 40601, by fax (502) 875-5226, or by e-mail to ArcofKY@aol.com.

The Arc's Award Selection Committee will review the nominations and make recommendations for approval to The Arc Board. Recipients' names will be kept secret until the awards are announced at the Annual meeting to be held on April 23-24, 2010 at the Park Inn Louisville East, Louisville, KY. The awards will be given on Friday evening, April 23rd at the Awards Banquet.

The Arc of Kentucky, Inc.
706 East Main St., Suite A
Frankfort, Kentucky 40601

First Class Mail
U.S. Postage Paid
Permit # 236
Frankfort, Kentucky

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HOTEL INFORMATION:

Park Inn Louisville East
1903 Embassy Square Blvd.
Louisville, KY 40299
(502) 499-6220
Toll Free: (800) 285-9260

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Lodging rates for the conference are:

- King \$79.00 per night
- Double \$79.00 per night
- Check in time is 3:00 p.m.
- Check out time is 12:00 noon.

DEADLINE to receive Conference Rate is April 12, 2010. When making reservations, please let the hotel know you are with The Arc of Kentucky Annual Conference.



LOCATION:

**Hotel is located off I-64,
Hurstbourne Lane Exit, on Embassey
Square Blvd.**

The Hotel has an

- *Indoor Swimming Pool**
- *High Speed Internet Access in
Meeting and Sleeping Rooms**