

**The Arc of Kentucky
Annual Conference
Best Practices for People with
Intellectual/Developmental Disabilities**

TOGETHER WE GROW



**In collaboration with Jefferson and Simpson County Parent
Resource Centers Regional Conference,
Kentucky Department of Education, and
The Autism Society of the Bluegrass**

**March 8-9, 2018
Crowne Plaza Louisville Airport
Louisville, KY**

2018 Annual Conference
The Arc of Kentucky
Together We Grow
Best Practices for People with Intellectual/Developmental Disabilities

WHO SHOULD ATTEND?

Individuals with disabilities, family members, friends, the elderly, service providers, caregivers, community leaders, businesses, advocacy organizations, education professionals, policymakers, etc. who want to learn about best practices from state and national presenters.

CONFERENCE SITE: Crowne Plaza Louisville Airport
830 Phillips Lane
Louisville, KY
1-502-367-2251 or toll free: 1-800-633-8723

CONFERENCE OVERVIEW:

THURSDAY, MARCH 8, 2018

- Morning & Afternoon Breakout Sessions
- Awards Luncheon/Keynote Speaker, **Karen Wolf-Branigin, Senior Executive Officer, The Arc of the United States, Washington, DC**
- Share Fair Stories/Poster Session/ Art Contest
- Entertainment/Dance – Dress in your favorite 70's outfit! Live DJ!

FRIDAY, MARCH 9, 2018

- Morning & Afternoon Concurrent Breakout Sessions
 - Luncheon/Keynote Speaker, **Scott Badesch, President and CEO, The Autism Society of America**
 - Annual Membership & Board Meeting
- Both Days will include an Exhibit Information Extravaganza and Silent Auction.

CEUs: The Arc of Kentucky is applying for Continuing Education Units (CEUs) for Social Workers and Certified Rehabilitation Counselors.

SCHOLARSHIPS: Parents with school age children from the Louisville and Bowling Green areas can apply through the Jefferson Co. Parent Resource Center for a scholarship – contact Deborah Campbell at 502-485-3346 or email debora.campbell@jefferson.kyschools.us.

NOTE: As the new Executive Director, I would like to invite you to join us in March for this excellent opportunity to connect, learn and share resources with other self-advocates, families, caregivers, and professionals, because Together We Grow!

-*Sherrí Brothers*, Interim Executive Director, The Arc of Kentucky

Be An Exhibitor

Approximately 350 potential customers composed of parents and family members, self-advocates, service providers, educators, advocates, professionals, government organizations can be reached when you become a conference exhibitor. For additional information call The Arc Office (800) 281-1272 or (502) 875-5225 or visit our website for an application at www.arcofky.org.

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Together We Grow**
Best Practices for People with
Intellectual/Developmental Disabilities
In collaboration with Jefferson & Simpson County
Parent Resource Centers Regional Conference,
Kentucky Department of Education, and
The Autism Society of the Bluegrass

Crowne Plaza Louisville Airport
830 Phillips Lane Louisville, KY
March 8-9, 2018
REGISTRATION FORM
Registration Deadline: Feb. 28, 2018

Name: _____

Agency/Organization: _____

Address: _____ Phone: () _____

_____ Zip: _____ Fax: () _____

E-mail Address: _____

Please note if you require any special accommodations: _____

THURSDAY CONFERENCE FEE –

\$75 (The Arc or TASH member) \$95 (non-member) \$50 (Individual with a Disability) \$ _____

FRIDAY CONFERENCE FEE –

\$75 (The Arc or TASH member) \$95 (non-member) \$50 (Individual with a Disability) \$ _____

(Non-member rate includes one year membership in State or Local Arc Chapter)
(Fees include luncheons, and materials)

TOTAL FEE \$ _____

NOTE: Registration received after Feb. 28th on site, add \$10.00 each day.

PAYMENT METHOD:

____ Enclosed is my check(s) made payable to The Arc of Kentucky.

____ Enclosed is my signed purchase order.

____ Please charge my credit card as follows: ____ Visa ____ Mastercard ____ Discover
____ American Express

Name on credit card (please print) _____

Card Number: _____ Amount: _____

Expiration Date: _____ Signature: _____

Return this form with payment by Feb. 28th, 2018, to: The Arc of Kentucky, 706 East Main Street, Ste. A, Frankfort, KY 40601; Fax: (502) 875-5226. For additional conference information, contact Sherri Brothers at The Arc of Kentucky, (502) 875-5225, or email: sherri@arcofky.org, or www.arcofky.org.

Conference Schedule

Thursday, March 8, 2018

8:00 a.m. – 5:00 p.m. Conference Registration
12:00 noon – 5:30 p.m. Exhibitor Information Extravaganza
12:00 noon – 5:30 p.m. Silent Auction

9:00 a.m. – 10:15 a.m. Concurrent Breakout Sessions A

Session 1 **Interprofessional Collaboration in a Driving Exploration Group: It's About Promoting Independence**

Presenters: Kathie Jane Regan, CDS, Consultant
 UK Human Development Institute
 Sherri Brothers, Interim Executive Director
 The Arc of Kentucky, Frankfort
 Dr. Shirley O'Brien, Professor
 Eastern KY University
 Dr. Myra Beth Bundy, Professor
 Eastern KY University

Session 2 **What is Customized Employment?**

Presenters: Zac Sappenfield, M.Ed., Employment Specialist
 Down Syndrome of Louisville
 Brianna Heitzman, M.Ed., Employment Specialist,
 Down Syndrome of Louisville
 Michelle Durbin, M.Ed., Executive Director of Waiver Services
 Down Syndrome of Louisville

Session 3 **Overview of Participation Guidelines for Alternate Assessment and 1% CAP Waiver**

Presenter: Yayo Radder
 Exceptional Children Consultant, Division of Learning Services
 Kentucky Department of Education

Session 4 **Health Partners Program – Holistic Wellness for All**

Presenters: Lindsey Catherine Mullis, M.S.
 Megan Jaspersen, M.S.
 Human Development Institute
 University of Kentucky

Session 5 **How To Be Heard: Vision Boards and Portfolios as Communication Tools**

Presenter: KY Self-Advocates for Freedom
 Central Kentucky Chapter, Lexington

Co-presenters: Nicole Griffith, Anna Kolokotsas

Session 6 **How to Assist your Students with Homework Based on their IEP**

Presenters: Julie Donlon, M.Ed., High Incidence Program Specialist
 Christy Rhodes, ECE Literacy Resource Teacher
 Jefferson County Schools

10:30 a.m. – 11:45 a.m. Concurrent Breakout Sessions B

- Session 7** **Safety and Engagement with Kentucky Police**
Presenters: Abbey Love, M.S., Ph.D. Candidate at UK
 Suzannah Williams, Ph.D.
 University of Kentucky
 Lexington, KY
- Session 8** **Office of Vocational Rehabilitation: What Do We Do?**
Presenters: Gloria Gibson, B.A., Supported Employment Consultant
 Ashley Taylor, B.S.S.W., Supported Employment Consultant
 Office of Vocational Rehabilitation
- Session 9** **Let's Get Familiar With the Autism Guidance Document!**
Presenter: Jeffery Coles, M.A. in Public Administration and
 Education, Kentucky Department of Education,
 Emotional Behavior Disorder and Autism in the
 Division of Learning Services
- Session 10** **Functional Health Literacy: Finding the Right Words for Better Health**
Presenters: Barbara Cash, State Director for CareStar
 Ruby Gray, R.N., Clinical Supervisor
- Session 11** **Neurodiversity Magic – A Journey of Self-Advocacy Through
the Performing Arts**
Presenter: Cody Clark, Self-Advocate, professional magician
 Feat of Louisville
- Session 12** **Advocating in Public Policy**
Presenters: Katie Bentley, Public Policy Coordinator for the
 Commonwealth Council on Developmental Disabilities
 Sherry Pickett, Parent Representative
 Kellie McCain, Executive Director of the Commonwealth
 Council on Developmental Disabilities
- 11:45 – 12:00 noon** **Break**
- 12:00 – 1:30 p.m.** Opening Remarks: Todd G. Allen, J.D., B.S., University of Kentucky;
 UK College of Law, Kentucky Department of Education,
 Deputy General Counsel
- Awards Luncheon**
- Luncheon Speaker**
- Karen Wolf-Branigin**, M.S.W., University of Michigan, in Social
Welfare Policy; B.M.Ed., Western Michigan University
in Music Therapy, Senior Executive Officer, Chapter Growth
and Affiliate Relations, The Arc of the United States in
Washington, DC.
- Title:** **How to Find the Job You Love: Respect, Resourcefulness and
Responsibility**

1:45 p.m. – 3:00 p.m. Concurrent Breakout Sessions C

- Session 13 Cognitive Development Across the Lifespan**
Presenter: Jenny Kimes, Psy.D., Director of Educational and Clinical Programming
Down Syndrome of Louisville
- Session 14 What Is Next: Looking at Eligibility Through Adulthood and Beyond**
Presenter: Jeff White, M.B.A., C.P.W.I.C., Project Director
KentuckyWorks
Human Development Institute
- Session 15 Physical Restraint and Seclusion in Kentucky Schools: An Overview of Regulation, Data Collection, and Best Practice**
Presenter: Robert Meacham, M.A., B.S.
Executive Advisor to the Office of Teaching and Learning
Kentucky Department of Education
- Session 16 Future Planning: It's Possible and Necessary**
Presenter: Jennifer Sladen, M.P.S.
Program Manager for National Initiatives
The Arc of the United States
- Session 17 The Latest in Alternatives to Guardianship; Exploring Supported Decision Making in the Commonwealth and Two Kentucky Women's Stories**
Presenter: Kentucky Self-Advocates for Freedom
Central Kentucky Chapter, Lexington

Co-presenters: Dawn Gardner, Susanne Heck, Anna Kolokotsas and Nicole Griffith
- Session 18 Effective Collaboration: You Are Your Child's Team**
Presenter: Mike Miller, M.A., B.S.
Kentucky Autism Training Center
University of Louisville

Co-presenters: Amanda Ables, Tricia Gallagher, Stefanie Lynch, and Jina Gibson-Hurst
Jefferson County Public Schools
- 3:00-3:15 p.m. Break**

3:15 p.m. – 4:30 p.m. Concurrent Breakout Sessions D

Session 19 Sexuality and Relationship Education and People with Intellectual Disability

Presenter: Victoria Slocum, Ph.D. in Special Education
University of Kentucky
Lexington, KY

Session 20 “Drawing” is for Artists – Why a Paycheck is Better than a Government Check

Presenter: Carolyn Wheeler, M.S., Project Director
Human Development Institute
University of Kentucky

Session 21 What is an IEP? Parent’s Guide

Presenter: Erma White, M.Ed., Special Education
Exceptional Children Consultant
Kentucky Department of Education

Session 22 Pump Your Brakes! Strategies to Help You From Minimizing to Maximizing Your Best Self

Presenter: Jan’a Gill Prater, M.S.W., C.S.W
Kentucky Society for Clinical Social Work

**Session 23 Healthy Cooking and Eating
Basic Nutrition and Food Demonstration**

Presenter: Caroline Durr
Area Agent for the Nutrition Education Program
UK Cooperative Extension Service
Louisville, KY

Session 24 STABLE Accounts

Presenter: Samara Heavrin, Division Director
Director of STABLE Kentucky
Office of Kentucky State Treasurer

Break and Hotel Check-In

4:30 p.m. – 5:30 p.m. “Share Fair” Stories/Poster Session/Art Contest

Visit the poster session presenters – individuals, local groups, agencies as they share their “best practices” stories with you.

6:00 p.m. – 8:00 p.m. Dance/Entertainment – Live DJ

8:00 p.m. – 10:00 p.m. Bottom Dollars/A Rooted in Rights Original Documentary – Popcorn & Beverages will be available for this event.

Conference Schedule

Friday, March 9, 2018

7:30 a.m. – 8:30 a.m.

Conference Registration

8:00 a.m. – 3:00 p.m.

Exhibitor Information Extravaganza & Silent Auction

9:00 a.m. – 10:15 a.m. Concurrent Breakout Sessions E

Session 25

When Relationships Go Wrong: Getting Protective Orders in Kentucky

Presenters: Beth Metzger, Disability Rights Advocate
Kentucky Protection & Advocacy
Mary Savage, General Counsel
Kentucky Coalition Against Domestic Violence

Session 26

An Employer's Perspective On Work

Presenters: Carolyn Wheeler, WORK Initiative, HDI/UK
Chris Burdine, Kroger District Manager
Helen Warren, Recruiting Consultant, BB & T Bank
Shaun Collins, Human Resources Business Partner, Anthem

Session 27

What is Reasonable Accommodation? Your Rights Under ADA Title 1

Presenter: Barry Whaley, M.S., B.A., Director of Southeast ADA Center
Syracuse University School of Law
Syracuse, NY

Session 28

The Autism Friendly Business Initiative

Presenters: Deborah Morton, M.A., B.A., Executive Director
FEAT of Louisville
Amber Badgett, Regional Director
ABA Services at Meaningful Day Services

Session 29

Speaking Is Not the Only Way to Communicate – Journey Through Life With a Self-Advocate

Presenter: Marie Allison, J.D.
The Arc of Central Kentucky

Co-Presenters: Chris Riddell, Melanie Tyner-Wilson, and Jay Tyner-Wilson

Session 30

Autism, Services, Resources, and More

Presenter: Mike Miller, B.S., M.A.
Kentucky Autism Training Center
University of Louisville

10:15 - 10:30 a.m.

Break

1:45 p.m. – 3:00 p.m.

Concurrent Breakout Sessions G

Session 37

1915 C Medicaid Home and Community Based Waiver Update

Presenter: Lori Gresham, RN, Clinical Program Manager Sr.
Medicaid

Session 38

KentuckyWorks: A Statewide Effort to Improve High School Transition to Work or Higher Education

Presenters: Kathy Sheppard-Jones, Ph.D., CRC, Executive Director
Human Development Institute
University of Kentucky
Jeff White, MBA, Project Director
KentuckyWorks, Human Development Institute
Jason Jones, Project Coordinator, KentuckyWorks

Session 39

Handling Challenging Behaviors When the Experts Aren't Around

Presenter: Suzette Morrison, MS, BCBA, LBA, Executive Director
WeeCan Autism and Behavioral Consultation, LLC

Session 40

Safety and Engagement with Kentucky Police

Presenters: Abbey Love, M.S., Ph.D. Candidate at UK
Suzannah Williams, Ph.D.
University of Kentucky
Lexington, KY

Session 41

My Journey to Find Employment

Presenters: Jay Tyner-Wilson, Self-Advocate
Megan Russell
Tom Dolan

Session 42

Effective Collaboration – You Are Your Child's Team

Presenter: Mike Miller, M.A., B.S.
Kentucky Autism Training Center
University of Louisville

Co-Presenters: Amanda Ables
Trisha Gallagher
Stefanie Lynch
Jina Gibson-Hurst
Jefferson County Schools

3:15 p.m. – 3:30 p.m.

Break

3:15 p.m. – 4:30 p.m.

Concurrent Breakout Sessions H

- Session 43** **How to Resolve School Conflicts**
Presenter: Margaret Reed, Director of Outreach
 The Point Arc of Northern Kentucky
 Covington, KY
- Session 44** **Supported Employment – What Should I Expect and How Does It Work?**
Presenter: Katie Wolf Whaley, MSW, CESP
 Director of the KY Supported Employment Training Project
 Human Development Institute
 University of Kentucky
- Session 45** **Pre-Employment Transition Services and the Local Education Agency**
Presenter: Brittany Hill
 Jefferson County School
- Session 46** **“A Lesson in Miracles” Self-Advocates Journey**
Presenter: Steven Kunkel
 FEAT of Louisville
- Session 47** **Making Lasting Changes: Exploring Advocacy Leadership**
Presenters: Bev Harp, M.A., Disability Program Specialist
 Kathleen Sheppard-Jones, Ph.D, CRC, Executive Director,
 Jason Jones, Project Coordinator, KentuckyWorks,
 Chithra Adams, Ph.D, Director of Evaluation
 Human Development Institute
 University of Kentucky
- Session 48** **Technology Presentation**
Presenter: Entech, Regional Assistant Technology Center
 Louisville, KY

Featured Presenters

Thursday, March 8th

Luncheon Plenary 12:00 p.m. – 1:30 p.m.

**How to Find the Job You Love: Respect,
Resourcefulness, & Responsibility**



Karen Wolf-Branigin is the Senior Executive Officer, Chapter Growth and Affiliate Relations at The Arc of the United States. Supporting 640 chapters of The Arc to share mission & core values, promoting advocacy & education, she also works to include self-advocates in guiding their chapters. Before joining the Arc in 2013, Karen was the Director of the National Center on Senior Transportation at Easter Seals, and was a Joseph P. Kennedy Jr. Foundation Public Policy Fellow in the Office of Senator John D. Rockefeller IV, and the Associate Director for Training Community Support at the Michigan Developmental Disabilities Institute at Wayne University. A developer of state & national training models & curriculum on person-centered planning, she has also written several articles for peer-reviewed journals. Karen has an MSW from the University of Michigan & a Bachelor in Music Therapy.

Thursday, March 8th

1:45 p.m.–3:00 p.m., Session 16, Breakout Session C

Future Planning: It's Possible and Necessary



Jennifer Sladen is the Program Manager for the National Initiatives at The Arc of the United States. Jennifer contributes to the development, implementation and evaluation of individual and family support initiatives, including the Center for Future Planning, and leads The Arc's MLK Day of Service volunteer initiative. Since joining The Arc in 2011, she has contributed to several projects relating to autism, employment, health, and family support. She received a bachelors degree from the University of North Carolina at Chapel Hill.

Friday, March 9th

Luncheon Plenary

12:00 p.m. – 1:30 p.m.

Autism: A National Perspective



Scott Badesch is the President/CEO of the Autism Society of America, the nation's oldest and largest autism grassroots organization. In his role as President/CEO, Mr. Badesch has transformed the organization to become a national leader in supporting the daily needs of individuals impacted by autism through outcome based services and support. Since Mr. Badesch became the President/CEO of the Autism Society of America in 2011, the organization has significantly advanced and enhanced its partnership with its 91 affiliates, maintained a secure funding base, and developed strategic initiatives aimed at advancing the well-being of all impacted by autism in America. Mr. Badesch has been the recipient of numerous awards and recognition for his work.

Mr. Badesch has a Masters of Arts Degree from the University of Chicago and his Bachelor of Arts Degree from the University of Illinois. He and his wife Phyllis have been married for 34 years and have four adult children. His oldest son is autistic and independently lives and works in Chapel Hill, North Carolina.



The Arc of Kentucky Annual Awards - 2018

The Arc of Kentucky Annual Awards will be presented at the annual conference in Louisville on March 8, 2018. The awards will be given to the nominated individuals who best fit these descriptions: These awards emphasize the importance of recognizing the ABILITIES of people with intellectual and/or developmental disabilities, and the outstanding service delivered by many volunteers and professionals in the fields of intellectual and related disabilities.

Carl D. Perkins Service Award - is presented to an individual who has made notable contributions continuing over an extended period of time to promote and enhance the quality of services to individuals with intellectual and other related disabilities.

Gayla Peach Advocacy Award - is presented to an individual who has made a significant contribution by speaking out and providing leadership to secure or maintain the rights, services, and supports for individuals with intellectual and other related disabilities and their families.

Ronald J. Cutter Professional Service Award - is presented to a professional who has provided significant support and services that have contributed to the development of individuals with intellectual and other related disabilities.

Susy Riffe Memorial Award for Achievement - is presented to a Kentuckian, age 25 or older, who has an intellectual disability and has made a positive contribution through participation at work, in the home, and in the community. In addition to a plaque, the recipient of the Susy Award receives a \$100 U.S. Savings Bond.

Organization Service Award - is presented to an organization that has provided outstanding service to The Arc.

Membership Award - is presented to the local Arc Chapter with the greatest membership increased during the previous calendar year. (if the largest number and largest percent increases are not achieved by the same chapter, two awards will be given.)

Each nomination must be described in a letter detailing the nominee's qualifications and explaining the nominator's relationship or extent of acquaintance. Typically nominations are made by parents, friends, co-workers, or service providers or other professionals in fields involving intellectual and other disabilities. A letter of nomination may be sent at any time. For the 2018 awards, the letter must be received in The Arc Office by February 19, 2018 by U.S. mail, the letter should go to The Arc's Award Selection Committee, 706 E. Main Street, Suite A, Frankfort, KY 40601, by fax (502) 875-5226, or by e-mail to sherri@arcofky.org.

The Arc's Award Selection Committee will review the nominations and make recommendations for approval to The Arc Board. The awards will be given during Thursday's luncheon on March 8.

The Arc of Kentucky
706 East Main Street
Frankfort, Kentucky 40601

Non Profit Standard
Permit #236
Frankfort, Kentucky

+++++

Crowne Plaza Louisville Airport
830 Phillips Lane
Louisville, KY
1-502-367-2251



Lodging rates for the conference are:
Double: \$109.00 per night
Check in time is 3:00 p.m.
Check out time is 11:00 a.m.

Deadline to re-

ceive conference rate is
February 19, 2018. When making reservations, tell the hotel you are with The Arc of Kentucky Annual Conference.

The Hotel has...

- * Complimentary Parking
- * Business Center
- * Complimentary Airport Shuttle
- * Free Internet Access
- * Full-service restaurant and bar on site
- * Large indoor/outdoor pool
- * Complimentary 24-hour fitness center
- * Deli On Site

Directions:

Interstate 65 N – Traveling 1-65N – Take exit 131B (do not get on the Watterson Expressway) Follow “Fair/Expo sign to the right and the Crowne Plaza Louisville Airport will be on the left.

Traveling I-65 S – Take exit 131B – Follow “Fair/Expo” sign to the right and the Crowne Plaza Louisville Airport will be on the left.

Interstate 64 – Traveling I-64 W – Merge onto 264 W Take exit 11 Crittenden Drive/Airport, Fair & Expo Center. Follow the ramp that says “Fair & Expo Center/Main Gate”

Traveling 264 E – Take Exit 12 Nashville-Indianapolis then immediately merge to the far right lane. Take exit “Fair & Expo Center/Main Gate”