The Arc of Kentucky
“Over sixty years of Education, Outreach, Advocacy and Partnership”

KEEPSAKE

A Family Resource Guide to Services & Opportunities for Kentuckians with Intellectual and Developmental Disabilities and Their Families
Welcome to the newly revised edition of Keepsake, The Arc of Kentucky’s resource directory for people with disabilities and their families! Keepsake is available in print and on The Arc of Kentucky’s website where it is linked to each provider who has a web site and posted email address.

Sincere effort has been made to make the information in both the printed and online versions accessible to the reader. However, as with everything, technology is edging out the hands on versions. If you do not have a computer or internet service, read the Keepsake and use the library or a friend’s computer to link to the internet to complete the information you need. You may also call The Arc of Kentucky for assistance with information.

Spend an evening reading through the booklet. It has no plot, no compelling characters; however, deciding whether your son or daughter will be eligible for a service, or how long the waiting list is or if the option you prefer is available - can provide more than enough suspense. You will find many of the same agencies listed but there are some new services added. Although there is a Directory of Directories section, many of the organizations’ websites have additional information and lists of other service providers. Agencies are listed in alphabetical order in each topic area. Each description of services was provided and essentially written by each of the provider agencies so keep that in mind when reading the descriptions. The Arc of Kentucky implies no guarantee of quality or entrance to services or programs.

Keepsake will also serve as a guide to learning and navigating the “system.” It becomes immediately apparent that the Cabinet for Health and Family Services is the major source for services. Although there are other agencies providing services and offering programs, the regional Community Mental Health Centers are one of the key local providers.

How many parents of children with disabilities would include their Area Agency on Aging and Independent Living on his or her “to call list?” When people mention national trends, this is one of them. How many of us really want to go to a nursing home? How many of us want to stay in our own home and have some help in remaining independent? Some people who are aging are living with family and those folks will need some help too. These are the same types of services people in the disabilities community are advocating for; and the same kinds of obstacles are encountered. Together, individuals who are aging, those with disabilities and their families can make a dynamic alliance of advocates.

Consumers and families must decide which resources they will pursue. Many services have long waiting lists but that should not prevent individuals or their families from registering for services. Any call to a service provider should conclude with the questions, “Is there another resource you would recommend? What is their phone number, email address, and is there a contact person?”

It is an unfortunate, yet frustrating truth, that the moment a Resource Directory is published some part of it becomes outdated. For that reason, individual names of contact people and service/program fees are kept to a minimum. The directory does contain primary resources but does not contain all resources available! Many families are familiar with these resources and have additional information about useful services. It would be appreciated if this knowledge were shared so the list can be continually updated. Please contact us by phone, mail or email. We would enjoy hearing from you!

THE ARC OF KENTUCKY
Over 60 years of Education, Outreach, Advocacy, and Partnership
706 E. Main Street, Suite A, Frankfort, KY 40601
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Email: arcofky@aol.com   Website: www.arcofky.org

Revised June, 2016
A BRIEF DISCUSSION ABOUT DISABILITY LANGUAGE...

DEFINITIONS

Few people realize that programs or services funded by taxpayers and donors are bound by service descriptions of who will be served. For example, the term developmental disability* is used by the general population as a broad description of people who grow up with a disability. However, it has specific criterion defined by the Federal government. People asking for services funded for developmental disabilities will need to fit that criterion. Federal and State regulations or other funding sources use language that can be offensive to some. The language used in this guide is the description provided by each individual service provider for his or her resource, service or program. In some incidences, people first language** has been substituted.

*Intellectual Disability... is a disability characterized by significant limitations in both intellectual functioning and in adaptive behavior, which covers many everyday social and practical skills. This disability originates before the age of 18. Intellectual functioning- also called intelligence- refers to general mental capacity, such as learning, reasoning, problem solving and so on. One way to measure intellectual functioning is an IQ test. Generally, an IQ test score of around 70 or as high as 75 indicates a limitation in intellectual functioning. Adaptive behavior is the collection of conceptual (language and literacy, money, time and number concepts, and self-direction); social (interpersonal skills, social responsibility, self-esteem, gullibility, social problem solving, and the ability to follow rules/obey laws and to avoid being victimized); and practical skills (activities of daily living (personal care), occupational skills, healthcare, travel/transportation, schedules/routines, safety, use of money, use of the telephone) that are learned and performed by people in their everyday lives. Standardized tests can also determine limitations in adaptive behavior.

In defining and assessing intellectual disability, the AAIDD stresses that additional factors must be taken into account, such as the community environment typical of the individual’s peers and culture. Professionals should also consider linguistic diversity and cultural differences in the way people communicate, move and behave and must assume that limitations in individuals often coexist with strengths, and that a person’s level of life functioning will improve if appropriate personalized supports are provided over a substantial period.

**U.S. Code Definition of “Developmental Disability”: (A) In general, the term “developmental disability” means a severe, chronic disability of an individual that 1. Is attributable to a mental or physical impairment or combination of mental and physical impairments; 2. Is manifested before the individual attains age twenty-two; 3. Is likely to continue indefinitely; 4. Results in substantial functional limitations in three or more of the following areas of major life activity: self-care and/or receptive and expressive language and/or learning and/or mobility and/or self-direction and/or capacity for independent living and/or economic self-efficiency AND 5. Reflects the individual’s need for a combination and sequence of special, interdisciplinary or generic services, individualized supports or other forms of assistance that are of lifelong or extended duration and are individually planned and coordinated.

Developmental Disability in Infants and Young Children: An individual from birth to age nine, inclusive, who has a substantial developmental delay or specific congenital or acquired condition, may be considered to have a developmental disability without meeting three or more of the described in the above one through five of subparagraph (A) if the individual, without services and supports, has a high probability of meeting those criteria later in life.

42 USC Sec. 15002 – Definitions

*Definition from AAIDD

***People first language*** is a means of emphasizing the individual identity of the person rather than the disability - not identifying the individual as a disability, i.e. the program serves “individuals with disabilities” rather than “the disabled”
TOPICS

Although some topics are categorized by age, there are other topics with resources for all ages. Some subtopics can fit in just about every topic area. No doubt there can be many interpretations of the appropriate topic location. However, if what you are searching for is not in the topic area you first choose, keep looking – try the next logical section.

SECTION 1: THE ARC OF KENTUCKY AND OTHER SOURCES FOR SUPPORT & INFORMATION (Blue Cover)..........................PAGE 4
SECTION 2: DIRECTORY OF DIRECTORIES (Cream Cover)..........................PAGE 31
SECTION 3: EARLY CHILDHOOD/SCHOOL AGE SERVICES (Pink Cover).........PAGE 35
SECTION 4: EDUCATION AFTER HIGH SCHOOL/HABILITATION/ VOCATIONAL PROGRAMS (Lilac Cover)..........................PAGE 54
SECTION 5: FAMILY/FRIENDS/RECREATION/LEISURE (Yellow Cover)........PAGE 74
SECTION 6: FINANCIAL ASSISTANCE (Green Cover)..........................PAGE 80
SECTION 7: HEALTH/DENTAL/ThERAPEUTIC CARE (Golden Rod Cover).......PAGE 96
SECTION 8: LEGAL/ADVOCACY SERVICES (Salmon Cover)..........................PAGE 105
SECTION 9: RESPIE/CRISES/COMMUNITY LIVING/ RESIDENTIAL (Aqua Cover)..........................PAGE 114
SECTION 10: TECHNOLOGY (Cherry Cover)..................................................PAGE 119
SECTION 11: TRANSPORTATION (Tan Cover)........................................PAGE 125
SECTION 12: GLOSSARY OF ACRONYMS (Gray)........................................PAGE 127

Many thanks to those who shared their information, helped compile the data, reviewed and contributed suggestions with the sole intent of helping individuals and families to find services.

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Revised June, 2016

This publication was developed by The Arc of Kentucky and funded in part by the Department for Behavioral Health, Developmental and Intellectual Disabilities, Division of Developmental and Intellectual Disabilities – State General Funds.
SECTION 1

THE ARC OF KENTUCKY
AND
OTHER SOURCES FOR
SUPPORT AND
INFORMATION
THE ARC OF KENTUCKY – LOCAL ARCS
& OTHER SOURCES OF SUPPORT & INFORMATION

“Give a man a fish; he’ll eat for a day. Teach a man to fish, he’ll eat for a lifetime” – That is what the Arc of Kentucky is all about.”

Anonymous Donor to The Arc of Kentucky

As you are reading, notice the number of organizations that have been started by “a small group of parents”. Many of these parents started when the future for their son or daughter was very, very bleak. Ask an older parent about the “old days” – not only the negative attitudes about their children but the negative attitudes extended to them, the parents. How many thousands of parents sold raffle tickets, manned festival booths, volunteered in the kitchen, and on and on to support their child’s private school – started by their ARC? How many parents of children receiving special education services today realize the vision of the ARC of Pennsylvania who in 1971 brought a successful civil rights suit against the Commonwealth of Pennsylvania in a battle to have their children attend public school? Winning that suit set in motion the passage of The Mandatory Education Act for Handicapped Children, the foundation for Individuals with Disabilities Education Act (IDEA). Life keeps moving, this is the twenty-first century, and the advocacy is passed to the younger generation. What will this generation’s small, passionate, committed group bring to fruition?

THE ARC OF KENTUCKY
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Organized over sixty years ago, The Arc of Kentucky is a part of a national grassroots movement whose majority of members are parents of individuals with intellectual and developmental disabilities. Starting at a time when institutional care was the only option for parents, the network of local, state and national Arcs, through advocacy, have changed and continue to change the nature of services from institutional to community options.

Its vision is for people with intellectual and developmental disabilities to be contributing members of schools, work places, churches, synagogues, neighborhoods and the community. The Arc values services and supports that enhance the quality of life through interdependence, friendships, choices, and respect for individuals with intellectual and developmental disabilities.

The Arc of Kentucky works to ensure a quality life for children and adults with intellectual and developmental disabilities. We do this by focusing our efforts on P.E.O.P.L.E.

P – protecting rights
E – encouraging inclusion
O – optimizing supports
P – promoting choice
L – lifting expectations
E – educating communities
The Arc of Kentucky has consistently developed advocacy-training programs. These training programs are open to individuals who have a disability and/or family members and others. Under the grants, expenses, including respite, are often included. Current initiatives are:

**Kentucky Advocates in Action – Self-Determination/Leadership Academy.** An innovative self-determination leadership academy designed to train individuals with disabilities; family members, siblings of family members with disabilities; or professionals working with people with disabilities.

Advocates in Action provides state of the art knowledge about issues relating to intellectual and developmental disabilities and builds the competencies necessary for participants to become advocates who can effectively influence public policy if funding is available.

There are two statewide sessions – one in the fall and one in February. Participants are required to attend both sessions. Travel expenses for lodging, mileage, meals, respite care, and support services for participants will be reimbursed according to individual needs. If funding is available, participants also attend The Arc of Kentucky Annual Best Practices Conference.

**The Arc of Kentucky Advocacy Advisory Council.** The advisory council was organized in 2014 by a group of self advocates who were graduates of the Advocates in Action Self Determination Leadership Academy. The mission of this group is to promote full inclusion of people with intellectual and developmental disabilities in all aspects of everyday life. To achieve that Mission, they serve as an Advisory Council to The Arc of Kentucky Board of Directors.

**The Future is Now.** Phase One: This free training is held regionally and is designed to assist in creating a safe and secure future for a loved one who has an intellectual or developmental disability. Participants will receive information and guidance in how to create a support plan for the future; a description of a Special Needs Trust; information about publicly funded resources and their limitations; critical questions which need to be addressed before meeting with an attorney; resources for referrals of attorneys who can assist with planning; developing a team approach – encouraging family members and/or friends to attend.

Participants will receive a Resource Notebook and worksheets. Phase Two: The Future is Now: A Future Planning Curriculum for Families and Their Adult Relative with a Developmental Disability, is a program designed to support adults with developmental disabilities and their families in making future plans for residential, financial and legal future plans for their later years. The purpose of The Future is Now is to engage families and their relatives with a disability to jointly make plans for the future by preparing a Letter of Intent at regional training sessions that will identify the dreams and plans for the future of the individual with a disability. The training consists of five 2.5 hour small group sessions that include: How to Get Started, How to Build Relationships, How to Obtain Housing, Postsecondary Education, Work and Retirement, and How to find People to Keep the Dream Going.

**IAM Determined Project- Transitioning Youth from School to Adult Life.** Funded by The Arc of the United States, it is a sub-grant award from the Wal-Mart Foundation. Its vision is for all youth to turn their dreams into reality by empowering them to do so through access to information leading to real choices, possibilities and meaningful community connections for their future. Those that worked on the two year grant, represent key agencies providing services to people with intellectual and developmental disabilities. They focused on employment – supported and/or competitive – part time or full time, working while maintaining eligibility for Supplemental Security Income (SSI); postsecondary education for traditional and nontraditional students and a comprehensive listing of essential areas of successful living as an adult. A Kentucky Directory of Resources and Services – Transition from School to Adult Life was developed and distributed to the Special Educational Cooperative Network, Special Education Directors, Family Resource and Youth Services Centers, and others.

**The Arc of Kentucky Family Support Coalition**

The Arc, the oldest advocacy organization for people with intellectual and developmental disabilities and their families, are proud to work with the Family Support Research and Training Center (FSRTC) at the University of Illinois at Chicago (UIC) to explore the types of supports needed for families of people with disabilities and current promising practices in family support around the country. The FSRTC has the
Following goals: to define the state of science in family support; to learn more about critical policy areas (e.g., self-direction and managed care) as well as culturally competent peer-to-peer family interventions; to generate and implement a culturally-competent vision for policy and practice in family support through a national resource center. As part of this work, The Arc of Kentucky has organized a statewide coalition made up of representatives of organizations that represent people with physical, developmental, mental health and aging-related disabilities to identify and address the challenges in the family support system for seniors and people with disabilities in our state. The Arc is committed to comprehensive, universally accessible family support for all families of people with disabilities and seniors. The Arc believes that family support policies and systems need to be provided in a manner that builds on family’s strengths, reflects family’s culture, religion and socio-economic status; emphasizes self-determination of the person with a disability; is controlled, determined and directed by the family itself; and is provided through best practices and state-of-the-art methods.

**Fetal Alcohol Spectrum Disorder Project**

Through a grant received from the Arc of the U.S., The Arc of Kentucky launched a prevention campaign in the fall of 2014 to increase health care provider knowledge of the risk alcohol can pose to a fetus and to provide local obstetrician, family practitioners, physician assistants, nurse practitioners and local health department physicians a FASD toolkit for use with their patients. The first year was targeted in the Central Kentucky counties of Fayette, Madison and Franklin. Target for the second round was Bowling Green, Glasgow, Somerset, and all the local health departments statewide. Northern Kentucky health professionals were targeted in third year.

Consuming alcohol—any alcohol—during pregnancy can harm a developing fetus and cause FASD. Nationally 1 in 6 adults talk with their health care professionals about drinking. The health care setting provides multiple opportunities to inform women about FASD. Providing material such as brochures, posters, etc. in waiting rooms and clinics can heighten awareness and create opportunities for women to ask about FASD. Fetal Alcohol Spectrum Disorder is the single most common preventable cause of intellectual and developmental disabilities. FASD is 100% preventable by not drinking alcohol during pregnancy. For more information or toolkit for physician, contact the Arc of Kentucky of arcofky@aol.com or (800) 281-1272.

**Parent Special Education Training Camps**

A free, one day workshop geared toward parents, grandparents, family members, guardians and others interested in learning about special education topics. This collaborative training is sponsored by The Arc of Kentucky, Kentucky Special Parents Involvement Network (Ky. SPIN) and Kentucky Protection and Advocacy (P&A). The workshop helps participants understand the basic rights and protections of Special Education Law (IDEA) including how the Individual Education Program (IEP) is developed. These trainings are held across the state and when scheduled posted on The Arc of Kentucky’s website.

The Arc of Kentucky has produced several handbooks and handouts – Kentucky General Assembly – Quick Resource Guide for Legislative Advocates and Hot Tips for Legislative Advocates. Ask to be added to the Arc’s email group for up to date information about current issues in legislation, funding and advocacy.

The Arc of Kentucky in collaboration with other state organizations presents workshops and develops training manuals on the most current issues facing Kentuckians with intellectual and developmental disabilities.

**Visions, Individualizing My Life** is a Family Health Care Journal for Kentuckians with special health care needs and their families and will serve as a comprehensive, organized tool for managing important documents, information and personal reflections that will be used through the years to build a history that will be invaluable during the transitions of your child’s life.

**Visions II – My Individual Record** is for adults. It will serve as a comprehensive, organized tool for recording important information for others to know. Managing important information and personal reflections through the years will help you build a history that will show your accomplishments, trials, and successes as an adult.
Overview of Available Services and Supports – Planning Future supports and Services for a Loved One with an Intellectual and or Developmental Disability is designed to give families information about various services and support available and where and how to access them.

Special Education Resource “Bridging the Gap—Understanding the Process and Partnering with Local Education Agencies addresses the issues of Individual Education Programs/Plans (IEP), IDEA, Parent Rights, ARC meetings, and Student Directed IEPs.

Estate Planning – Creating a Safe and Secure Future for a Loved One with an Intellectual and or Developmental Disability is designed to help and guide families through estate planning, financial planning, wills and trust, and special needs trusts.

Hot Tips – a Comprehensive Resource Guide for Legislative Advocates is designed for individuals with disabilities, families, friends and organization as a quick resource guide for successful advocacy.

Transition School to Community is a guide to transitioning from school to community with steps in planning a career path.

Reference Guides are brief overviews of important issues:
- KCHIP
- Impact
- Early Periodic Screening & Diagnostic Testing (EPSDT)
- Medicaid Waivers – a comparison
- Assistive Technology
- Exercise Your Right to Vote! A fact sheet on the importance of understanding your voting rights.
- Snapshot of Services
- Parent Rights in Special Education

In Brief: Housing, Microenterprise, Employment, Michelle P. Waiver, Supports for Community Living Waiver, Home and Community Based Waiver, Social Security, Guardianship, Consumer Directed Option, Participant Directed Services, Hart Supported Living Program.
LOCAL ARCS

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.”

Margaret Mead, U.S. Anthropologist - 1901-1978

Throughout the state and country, local Arcs differ widely in their functions and services. However, they all have the same vision of a positive future for individuals with intellectual and developmental disabilities and for their families; a future of communities with services and supports that will promote lives of value for Kentuckians with intellectual and developmental disabilities. Some Arcs are thirty-five - fifty years old; some are just organizing. Some have staff in offices; some have volunteers who work out of their home. Contact your local Arc for membership and bring your talents and skills to the advocacy efforts.

Louisville Metro Arc
Contact: Gail Lowe
2510 Meadowlark Drive
Prospect, KY 40059
Phone: (502) 228-8660
Email: gtlowe619@bellsouth.net
Website: www.loumetroarc.org

This grassroots organization includes people with disabilities, family members, service providers, and caring community people from Louisville and its surrounding counties. They have joined together to advocate for the full rights and participation of people with intellectual and/or developmental disabilities in the community. Their vision: the full participation of children and adults with intellectual and/or developmental disabilities in a community that is welcoming, encouraging and supportive.

P.L.A.N.S. – The Arc of Christian County
“Persons Learning About Needs and Services” for children/adults with disabilities
Contact: Angela Pace
127 Remington Road
Hopkinsville, KY 42240
Phone: (270) 889-8300
Email: pacetroop@aol.com

PLANS meets the second Monday of each month at 6:00 p.m. at the Doctor’s Pavilion at Jennie Stuart Medical Center (lower level) in Hopkinsville. Membership dues are $15.00 per person which also makes the individual a member of The Arc of Kentucky. It was started in 1990 with a small number of parents and grandparents raising children with disabilities from ages - infancy to high school age, through a project of The Arc of Kentucky. They have grown to over forty on the mailing list and have learned about needs and services in their community.

The Arc of Barren County
Contact: Jini Payne
Mailing address: P.O. Box 205
Office Location: 123 East Washington Street
Glasgow, KY 42142-0205
Phone: (270) 791-3163

The Arc of Barren County meets the second Thursday of the month at 5:30.

Founded in 1998 by a small group of parents, it meets on the second Thursday of the month at 5:30pm. Call for meeting location. The Arc of Barren County advocates for the rights of citizens with intellectual and other disabilities: to participate in and be included in all phases of community life; to make choices about and take control over their own lives to as large an extent as possible – including where and with whom they will live and work in the community; by initiating and supporting local, state and national
prevention efforts to reduce the incidence and limit the consequences of disabilities through research, advocacy, education and family support; by providing leadership, pursuing equality and justice and developing human and financial resources to reach the above goals.

It sees its mission as: Advocating for legislation that promotes and funds services and supports in the community that enhance the quality of life and hold to our vision: educating federal, state, and local elected officials, agency personnel, policymakers, service providers, and the general public, including local chapter members, individuals with intellectual and other disabilities and their families about the services and supports that hold to the vision; supporting and creating the opportunity for individuals with intellectual and other disabilities and their families to use their unique gifts, talents, and competencies to speak, on their own behalf, to achieve a positive future.

The Arc of Central Kentucky
Contact: Sherri Brothers
111 Ballard St.
Lawrenceburg, KY 40342
Phone: (502) 517-6511
Email: sherribrothers@bellsouth.net

The Arc of Central Kentucky Board meets monthly and membership meetings are scheduled quarterly.

The Arc of Hardin County
Contact: Clara Harrison, Director
P.O. Box 2013
Elizabethtown, KY 42702-2013
Phone: (270) 737-1140 or (270) 234-0149 for the Learn Program
Fax: (270) 234-9115
Email: arhhc@windstream.net

The Arc of Hardin County Board meets monthly and general meetings the first Tuesday of each month. Call for more information. Officially organized on April 3, 1955 by the Elizabethtown League of Women Voters, The Arc of Hardin County’s purpose is to: advocate for individuals with disabilities; provide programs and activities for individuals with disabilities when feasible; and to offer a support network for individuals with disabilities and their families/caregivers. The Arc of Hardin County also opened the first school in Hardin County for children with intellectual disabilities in 1959 and provided housing for Communicare’s Opportunity Workshops from 1969 to 2003.

Its advocacy involvement includes: conducting monthly business meetings; working with state and national organizations such as the Arc; communicating with elected officials on issues and concerns regarding individuals with disabilities; offering informational workshops on topics such as estate planning, wills and trusts, and guardianship.

Its programs include: Project L.E.A.R.N, a twelve month program which provides an opportunity to maintain existing skills and acquire new skills in a safe, nurturing environment for adults with disabilities. It is also an opportunity for respite for parents/caregivers. They operate a Summer Recreation and Retention Program. It provides an opportunity for school-age children with disabilities to maintain and reinforce learned skills as well as provide an opportunity for recreational activities. In addition, several social and recreational opportunities for individuals and their families are offered throughout the year.

The Arc of Hardin County provides a support network by coordinating with other agencies and programs who serve individuals with intellectual/developmental disabilities, coordinating with the school systems regarding post high school opportunities when appropriate and offering the opportunity for parent networking.
The Arc of Lake Cumberland
Jean Piccard, President
130 Southern School Road
Somerset, KY 42501
Phone: (606) 679-4782
Email: jclaire@adanta.org

The Arc of Logan County
Contact: Shirley Harper
443 Hopkinsville Road
Russellville, KY 42276
Phone: (270) 726-2218

This group meets on the third Monday of the month, 5:00 p.m. at Life Skills Industries on Sheldon Lane.

The Arc of Owensboro, Inc.
Contact: Bob Gray
731 Jackson Street, Zip 42302
P.O. Box 1833
Owensboro, KY 42302
Phone: (270) 685-2976
Email: oppcent@bellsouth.net

Founded in 1956, by a group of parents who wanted to create new opportunities for their sons and daughters with a disability. It started by providing school services and has evolved into vocational rehabilitation/employment services. The group has been, and is involved in getting laws passed that would help ensure their sons’ or daughters’ lives could be as fulfilling and independent as possible. The Arc of Owensboro, in conjunction with The Arc of Kentucky and The Arc of the U.S. has been instrumental in getting people moved from institutions to community services as well as public school services available for children with disabilities. Membership dues are $15.00.

Eligibility Requirements: Must be sixteen years of age and older; provide own transportation (city bus, GRITS, car, etc.); have third party sponsorship as appropriate or private pay; be recommended by Inter-Disciplinary Team consensus that placement meets the basic safety health and welfare needs of the individual; be willing to abide by the attendance policy and other client/consumer policies of the Arc.; show evidence of benefiting from work oriented, rehabilitation and training. Call the Arc of Owensboro for more information.

The Arc of Owensboro operates Opportunity Center Workshop, Inc. Its mission is to provide vocational evaluation/assessments, training support, work services and job placement services to individuals who have a physical; intellectual/developmental disability and/or vocationally disadvantaged, thereby increasing their vocational and social independence as well as their ability to earn income and also provide support, referral and advocacy services to and for clients/consumers, their families and/or other interested persons.

The Arc of Eastern Kentucky
Contact: Tina Webb
P.O. Box 183
Wayland, KY 41666
Phone: (606) 205-3121
Email: tinawebslp@gmail.com

Contact The Arc of Eastern Kentucky for more information and meeting times.
The Arc of Floyd & Pike Counties
Contact: Barbara Sword
P.O. Box 253
Betsy Layne, KY 41605
Phone: (606) 478-9803
Email: barb_sword@yahoo.com

Meets the 1st Monday of every month. Contact local chapter for location and time.

The Point Arc of Northern Kentucky
Contact: Judi Gerding, CEO
104 West Pike Street
Covington, KY. 41011
Phone: (859) 491-9191
Fax: (859) 491-0763
Email: thepoint@thepointarc.org
Website: www.thepointarc.org

Its mission is to provide opportunities to people with intellectual/developmental disabilities to reach their highest potential educationally, residentially, socially and vocationally. Its goal is: to empower individuals to become productive and included members of their families and their communities, while promoting self-determination so that each person is equipped to make informed decisions regarding the quality of their lives: and to protect and advocate for each individual to be treated with dignity and respect, while teaching personal responsibility.

The Point offers the following programs:

Eligibility Requirements: Men and women, age eighteen and older who have intellectual/developmental disabilities

The Activities Program is designed to offer opportunities to adult men and women who have intellectual/developmental disabilities, through supervised community activities, to develop and grow socially. The program offers a wide array of social, educational and recreational opportunities. Volunteers are recruited, screened and trained to act as hosts/hostesses for each activity. Membership fee is seventy-five dollars annually.

Eligibility Requirements: High school students and adults with intellectual and developmental disabilities. Individuals, local agencies, schools and Vocational Rehabilitation make referrals to The Point.

Employment Services: Comprehensive job training and placement services for individuals wanting to work in integrated community settings. All services are customized to the needs of the individual to achieve successful community employment. The scope of services include: vocational assessment/goal-setting, instruction on workplace skills & issues, paid on the job training, job coaching, resume development, interviewing skills, job search, job development services, placement and on-site training, long term follow up, staff accessibility, transportation assistance and support coordination with other agencies. Pre-vocational training classes are offered to develop fine motor, communication, social and artistic skills. For individuals with little or no work experience, The Point offers the opportunity to gain work experience within agency sponsored-training companies. Individuals can build employment skills in safe, supportive environments.

Operating since 1996, The Point Laundry is a commercial laundry company, which employs people with and without disabilities. It also serves as an employment-training site. Hotels contract with The Point Laundry to process over 5-6 million pounds of laundry each year. It operates seven days a week. In 2003, it expanded thereby increasing its capacity to process laundry and tripling its employee-trainee base.

The Point Commercial Cleaning Program contracts with businesses to clean offices and provides training opportunities.
Eligibility Requirements: Adults, age eighteen and over with intellectual/developmental disabilities.

Group Homes: The Point has committed its resources to finding “a key of their own” for individuals with intellectual/developmental disabilities. The Point currently operates nine residences. For those individuals who do not need the structure of a group home, The Point offers a boarding house option in which residents have their own personal living areas as well as sharing common areas of the home. Staff supports this arrangement with help in paying bills, shopping and other tasks. Families have willed their homes to The Point with the request that their son or daughter continue living in the family home. The Point has provided staff in these homes and found additional residents whose personality, shared interest and skills complement each other. The Point is a certified SCL provider; currently 6 group homes, 1 staffed residence; 2 homes with minimal support and 1 apartment building. The Point has been serving individuals residentially since 1995.

Eligibility Requirements: Children with developmental disabilities; ages three to twenty-one.

Outreach: Special Education Advocacy - The goal is to assist children with disabilities to receive the educational services needed to increase their competency, independence and employability by working with their care-giving families and educators to develop working partnerships through mediation, negotiation and implementation of their rights under IDEA, Section 504 and the American Disabilities Act (ADA); and, to mentor the care-giving family in their rights and responsibilities in participating in their child's special education plan and outcomes. Advocate/mentors will talk with caregivers over the phone regarding their concerns and issues regarding special education, review records and discuss them with caregivers, and, with a signed release for information, contact with the district administration may occur. The advocate/mentor can attend the school ARC meetings with the parent/caregiver. The advocate/mentor does not replace the parent or assume educational decision making responsibility.

Through the Outreach program, parent workshops are given on a regular basis at The Point and to other Community groups.

Social Activities Program – Through supervised activities, this program offers activities to develop and grow socially with friends and peers. Services provided are seasonal sports such as bowling, basketball, softball, inclusive choral club, dances, movies, weekend getaways as well as extended vacations to various locations both in state and out of state.

Eligibility Requirements: Men and Women with Intellectual/developmental disabilities 16 and older

The Arc of Warren County
Contact: Loretta Helmes, President
4250 Old Glasgow Road
Scottville, KY 42164
Phone: (270) 816-7213
Email: arcofwarrenco@gmail.com

Meets 1st Tuesday of every month 6:00 p.m. at Hillvue Heights Church Fellowship Hall, 3219 Nashville Road, Bowling Green, KY.

THE ARC OF THE UNITED STATES

1825 K Street NW, Suite 1200
Washington, D.C. 20006
Phone: (301) 565-3842
Toll Free: (800) 433-5255
General Information Email: info@thearc.org
Website: www.thearc.org
**Mission Statement:** The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Founded in 1950 by a small group of parents and other concerned individuals, at a time when little was known about the condition of intellectual disabilities (then referred to as mental retardation) or its causes. There were virtually no programs and activities in communities to assist in the development and care of children and adults with intellectual disabilities and to help support families.

Today, The Arc is the world’s largest grassroots organization of and for people with intellectual and developmental disabilities. It has over 140,000 members affiliated through more than 750 state and local chapters across the nation. It is our voice in Washington, D.C.

The Arc produces numerous Fact Sheets, CDs and other media about issues surrounding the needs and lives of people – infant to senior citizens with intellectual and developmental disabilities.

**AMERICAN DISABILITY CENTER**
Southeast ADA Center
1419 Mayson Street NE
Atlanta, GA 30324
(800) 040-4232 (V/TTY)
(404) 541-9001 (V/TTY)

To report violations of Section 504 of The Rehabilitation Act

**What is Section 504?** Section 504 of the Rehabilitation Act of 1973 is a national law that protects qualified individuals from discrimination based on their disability.

**Who is protected from Discrimination?** Qualified individuals with disabilities. Under this law, *individuals with disabilities* are defined as persons with

**ADDITIONAL SOURCES OF SUPPORT & INFORMATION**

*I have three children with special needs. You can guess that there is never a dull moment at our house. Another special needs parent told me about the Family to Family Project and I attended. The most important part of it was learning about the resources that are out there – nobody tells you about them. We have gone through a lot of difficulties but now my life is leveling out. I’ve started college, majoring in Early Childhood Education. I want to work with the regular education teachers to hopefully teach them more about children with disabilities.*

*Shannon Collins, Wheelwright*

**ANGELMAN SYNDROME FOUNDATION**
4255 Westbrook Drive, Suite #219
Aurora, IL 60504
Phone: (630) 978-4245
Toll free: (800) 432-6435
Fax: (630) 978-7408
Email: info@angelman.org
Website: www.angelman.org

Its mission is to advance the awareness and treatment of Angelman Syndrome through education and information, research, and support for individuals with Angelman Syndrome, their families, and other concerned parties.
The Angelman Syndrome Foundation is a national organization of families, caregivers and professionals who care about those with Angelman Syndrome. It is a member organization of the International Angelman Syndrome Organization (IASO).

ASPERGER SYNDROME
Online Asperger Syndrome Information Support (OASIS) @ More advanced individuals with Autism, Asperger Syndrome and Pervasive developmental disabilities (MAPP)
OASIS @ MAPP
P.O. Box 524
Crown Point, IN 46308
Phone: (219) 662-1311
Email: info@aspergerssyndrome.org
Website: www.aspergerssyndrome.org

The Online Asperger Syndrome Information and Support (OASIS) center has joined with MAAP Services for Autism and Asperger Syndrome to create a single resource for families, individuals, and medical professionals who deal with the challenges of Asperger Syndrome, Autism, and Pervasive Developmental Disorder / Not Otherwise Specified (PDD/NOS).

Membership to this online organization will provide access to the largest community of individuals discussing autism, Asperger Syndrome and Pervasive Developmental Disorder on the internet. It gives access to The MAPP newsletter which includes: letters from parents, professionals and individuals with autism in which they share advice with one another; articles from various authors, researchers and experts in the field of autism with new research, information, strategies and studies; and notices about conferences concerned with autism, Asperger Syndrome and Pervasive Developmental Disorder; and poetry and artwork. The membership fee is tax deductible and is $4.95 monthly.

AUTISM SOCIETY
4340 East-West Highway, Suite 350
Bethesda, Maryland 20814-3067
Phone: (301) 657-0881
Toll free: (800) 328-8476
Web Page: http://www.autism-society.org

The Autism Society's mission is to: improve the lives of all affected by autism. It is the leading voice and resource of the entire autism community in education, advocacy, services, research and support. The Autism Society is committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families. The Autism Society accomplishes its ongoing mission through close collaboration with a successful network of chapters, members and supporters.

The development of five core competencies as a means to implement the Autism Society’s Mission and Vision is proposed in the Autism Society’s new strategic plan. Included are:

Advocacy: Proactively informing, influencing, guiding and developing public policy at the federal, state and local levels in collaboration with the greater disability community; advocating for multi-disciplined approaches to autism research; advocating for inclusion, participation and self-determination in all aspects of life for individuals on the autism spectrum and their families.

Education: Providing accessible and relevant information that supports stakeholder ability to make informed choices; maintaining an authoritative body of autism information and knowledge; supporting proactive community outreach and education.

Support: Encouraging and fostering a strong grassroots network that is an integral part of a larger community; creating local connections.

Services: Building capacity within local communities for service delivery to individuals and their families.
Research: *Translating research results into applied practice in everyday lives; identifying and promoting research that will improve the lives of people on the autism spectrum and their families.*

*Autism Societies located throughout Kentucky:*

**AUTISM SOCIETY OF KENTUCKIANA (ASK)**
P.O. Box 21895, Louisville, KY 40221-0895  Phone: Rebecca (502) 263-5708  
Email: info@ask-lou.org

**AUTISM SOCIETY OF THE BLUEGRASS**
453 Rookwood Parkway, Lexington, KY 40505  Phone: (859) 299-9000  
Website: [www.asbg.org](http://www.asbg.org)
ASBG meets on the last Monday of each month at 6:30 p.m. at St. Michael's Episcopal Church, 2025 Bellefonte Dr., Lexington, KY  
Email: Sara Spragens at sspragens@insightbb.com or Melanie Tyner Wilson at tynerwilso@aol.com

**AUTISM SOCIETY OF WESTERN KENTUCKY**
P.O. Box 1647, Henderson, KY 42419-1647  Phone: (270) 826-0510.  
Website: [http://www.familieswithasd.org](http://www.familieswithasd.org)

**AUTISM SPECTRUM DISORDERS NETWORK (ASDN) IN NORTHERN KENTUCKY**
701 Philadelphia Street, Covington, KY 41011  Phone: (859) 291-2999  
Website: [www.risingstarstudios.org](http://www.risingstarstudios.org)

**KENTUCKY AUTISM TRAINING CENTER**
U of L Autism Center at Kosair Charities  
1405 E. Burnett Avenue  
Louisville, KY 40292  
(502) 852-4631 or (800) 334-8635, extension 852-4631  
Fax: (502) 852-7148  
katc@louisville.edu

The KATC mission is to strengthen our state’s systems of support for persons affected by autism by bridging research to practice and by providing training and resources to families and professionals. KATC is committed to improving the quality of life for those affected by ASD.

Services provided include:

- **Family-Based Assistance** – staff provide families and professionals with an overview of available resources and interventions. KATC, in collaboration with regional support groups, provides workshops and training seminars on topics of specific interest to family members and service providers. (For a listing of the Parent Support Groups across the state, visit the KATC web site).

- **School and Community-Based Services** – KATC is currently establishing statewide supports and training activities for all professionals and parents who are involved in promoting gains for individuals with autism by offering presentations to professionals and parents on autism and effective strategies for working with individuals with autism.

KATC also developed a Kentucky Family Guide to Autism Spectrum Disorders to assist parents of individuals with ASD. In addition to information for parents and caregivers on a wide range of topics, this guide includes information about evidence-based practices along with web-based resources and will be updated on an annual basis.
THE OFFICE OF AUTISM
Contact: Amy Cooper-Puckett
University of Kentucky Human Development Institute
1525 Bull Lea Suite 160
Lexington, KY 40511
Phone: (859) 447-7792
Email: Amy.Cooper-Puckett@ky.gov

The Office of Autism coordinates statewide and regional efforts to enhance the quality of life and independence of individuals with an autism spectrum disorder and to support their families and caregivers; improves coordination of autism resources within the system of care supporting children and adults with autism and help make those resources available for parents and self advocates; be the center of a communication network for sharing autism-related information among state agencies and providing administrative support to the Advisory Council on Autism Spectrum Disorders.

BIRTH DEFECTS FOUNDATION
March of Dimes Birth Defects Foundation
1275 Mamaroneck Avenue
White Plains, NY 10605
Phone: (914) 997-4488
Website: www.marchofdimes.com

The mission is to improve the health of babies by preventing birth defects, premature birth and infant mortality. They carry out this mission through research, community services, education and advocacy to save babies’ lives. March of Dimes researchers, volunteers, educators, outreach workers and advocates work together to give all babies a fighting chance against the threats to their health; prematurity, birth defects and low birth weight.

BRAIN INJURY ASSOCIATION OF KENTUCKY (BIAK)
7321 New LaGrange Road, Suite 100
Louisville, KY 40222
Phone: (502) 493-0609
Website: http://www.biak.us

The mission is to serve those with a brain injury through advocacy, education, prevention, service and support. BIAK links survivors of brain injury and their families to support from others with similar experience; provides them with education and information about living and coping with brain injury; assists them in locating resources for financial assistance; and seeks to connect people with sources of emotional support.

CHILDREN AND ADULTS WITH ATTENTION DEFICIT/HYPERACTIVITY DISORDER (CHADD)
8181 Professional Place, Suite 150
Landover, MD 20785
Phone: (301) 306-7070
Toll free: (800) 233-4050
Fax: (301) 306-7090
Website: www.chadd.org

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD), is a national non-profit, tax-exempt organization providing education, advocacy and support for individuals with ADHD. In addition to their informative Web site, CHADD also publishes a variety of printed materials to keep members and professionals current on research advances, medications and treatments affecting individuals with ADHD. These materials include Attention! magazine, the CHADD Information and Resource Guide to ADHD, News From CHADD, a free electronically mailed current events newsletter, as well as other publications of specific interest to educators, professionals and parents.
CHADD does not endorse, recommend, or make representations with respect to the research, services, medication, treatments or products on the Web site.

CLEARINGHOUSE ON DISABILITY INFORMATION
Office of Special Education and Rehabilitative Services (OSERS)
Communications and Customer Service Team (CCST), United States Department of Education
550 12th Street, S.W., Room 5133
Washington, DC 20202-2550
Phone: (202) 245-7307
Fax: (202) 245-7636
Website: http://www2.ed.gov/about/offices/list/osers/codi.html

The Clearinghouse provides information to people with disabilities or anyone requesting information, by doing research and providing documents in response to inquiries. Information provided includes areas of federal funding for disability-related programs. Clearinghouse staff is trained to refer requests to other sources of disability related information, if necessary.

This office is in the Office of Special Education and Rehabilitative Services (OSERS) which is divided into three areas: the Office of Special Education Programs and Rehabilitation Services Administration, the National Institute on Disability, and the National Institute on Disability and the Rehabilitation Research. Information provided may be useful to individuals with disabilities, their families, schools and universities; teachers and/or school administrators and organizations that have persons with disabilities as clients. There is no fee.

COMMISSION FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDS (CCSHCN)
310 Whittington Parkway, Suite 200
Louisville, KY 40222
Phone: (502) 429-4430
Toll free: (800) 232-1160
Fax: (502) 429-4489
Website: http://chfs.ky.gov/ccshcn/parents

The Commission for Children with Special Health Care Needs (CCSHCN) is a statewide healthcare program that provides treatment, including clinic services, office visits, tests, and medications, physical, occupational and speech therapy, audiology services, durable medical equipment, and more for Kentucky children with certain medical disabilities from birth to age 21. See Early Childhood/School Age Services for more about their services.

The Commission staff includes family consultants who help families find resources, facilitate communication with other staff members and support parents seeking services for their children. Family consultants are parents of special needs children, providing the commission with a parent perspective and enhancing commission efforts to connect other agencies that serve children and families. Resources available to parents include a computer at each commission clinic site for use in research and advocacy.

The CCSHCN administers a Family-to-Family Health Information Center (F2F HIC) grant to operate centers at Commission offices staffed by Support Parents (mentors) who are parents of special needs children. Support Parents are a key support to families of individuals with special needs. Through the program, parents/caregivers have the opportunity to connect one-to-one with a parent/caregiver of an individual with the same or similar special health care need -- someone who has “been there.”

CONSUMER INFORMATION CENTER
Pueblo, Colorado 81009

Write for free publications on developmental disabilities, plus a wide variety of other topics available.
OR
FEDERAL CITIZEN INFORMATION CENTER
1-888-878-3256
Website: www.pueblo.gsa.gov/emailus.htm

COUNCIL FOR EXCEPTIONAL CHILDREN (CEC)
THE ERIC CLEARINGHOUSE ON DISABILITIES AND GIFTED EDUCATION
2900 Crystal Drive, Ste. 1000
Arlington VA 22202-5704
Toll free: (888) 232-7733
Fax: (703) 264-9494
E-mail: erice@cec.sped.org
CEC Website: www.cec.sped.org
Eric Website: http://ericec.org

The Council for Exceptional Children (CEC) is the largest international professional organization dedicated to improving the educational success of individuals with disabilities and/or gifts and talents. CEC advocates for appropriate governmental policies, sets professional standards, provides professional development, advocates for individuals with exceptionalities, and helps professionals obtain conditions and resources necessary for effective professional practice. Their audience is: teachers, administrators, students, parents, paraprofessionals and related support service providers. Visit their web sites for a wealth of resources with information about disabilities.

EASTER SEALS
233 South Wacker Dr., Ste. 2400
Chicago, IL 60606
Toll free: (800) 221-6827
Website: www.easterseals.com

Easter Seals provide services support through a network of more than 550 sites in the U.S. Primary services include medical rehabilitation, employment and training, children’s services, adult and senior care, and camping and recreation.

EASTER SEALS WEST KENTUCKY
801 North 29th Street
Paducah, KY 42001
Phone: (270) 444-9687
Toll free: (866) 673-3565
Fax: (270) 444-0655
Email: http://eswky.easterseals.com

EPILEPSY FOUNDATION OF AMERICA
8301 Professional Place, Suite 200
Landover, MD 20785-2353
Toll free: (800) 332-1000
Fax: (301) 577-2684
Email: contactus@efa.org
Website: www.epilepsyfoundation.org

The Epilepsy Foundation of America is the national voluntary agency dedicated solely to the welfare of the almost 3 million people with epilepsy in the U.S. and their families. The organization works to ensure that people with seizures are able to participate in all life experiences; to improve how people with epilepsy are perceived, accepted and valued in society; and to promote research for a cure. In addition to programs conducted at the national level, epilepsy clients throughout the United States are served by more than 50 Epilepsy Foundation affiliates around the country.
The mission of The Epilepsy Foundation of Kentuckiana is to ensure that people with seizures are able to participate in all life experiences; and to prevent, control and cure epilepsy through advocacy, education, services and research.

FAMILY VOICES
3701 San Mateo Blvd. NE, Ste. 103
Albuquerque, NM 87110
Phone: (505) 595-4459 Ex. 279 (Ky. Office)
Toll free: (888) 835-5669
Fax: (505) 872-4780
E-mail: kidshealth@familyvoices.org
Website: www.familyvoices.org

Family Voices, a national grassroots network of families and friends, advocates for health care services that are family-centered, community-based, comprehensive, coordinated and culturally competent for all children and youth with special health care needs; promotes the inclusion of all families as decision-makers at all levels of health care, and supports essential partnerships between families and professionals. Family Voices provides information and education about ways to ensure and improve family-centered health care for children and youth with disabilities and chronic conditions.

FAMILY VOICES OF KENTUCKY
See Children with Special Health Care Needs (CCSHCN) in this section

FETAL ALCOHOL SPECTRUM DISORDERS
Bluegrass Prevention Center
401 Gibson Lane
Richmond, KY 40475
Phone: (859) 624-3622 ext. 732
Website: http://www.kyfasd.org
Email: aamckenzie@bluegrass.org

Alcohol is more damaging to a developing fetus than tobacco, marijuana, heroin and crack/cocaine. Besides tobacco, alcohol is the most commonly used drug among young people. Seventy percent of Kentucky residents surveyed believe that Fetal Alcohol Syndrome means that a baby is "born drunk," and will therefore "sober up." Fetal Alcohol Spectrum Disorders (FASD) are 100 percent preventable. If a woman is pregnant or could become pregnant, providing accurate information about the risks and dangers of alcohol use is a necessary first step for prevention. Visit FASD website for the user-friendly Front Porch Family Forum, an online support community for families living with FASD issues.

Ask for their publication, All About Me, An Advocacy Guide for Families.

HUMAN DEVELOPMENT INSTITUTE (HDI)
University of Kentucky
126 Mineral Industries Building
Lexington, KY 40506-0051
Phone: (859) 257-1714 Voice/TTY
Fax: (859) 323-1901
Email: ihdi-www@lsv.uky.edu
Website: http://www.hdi.uky.edu
Resource Website: http://www.hdi.uky.edu/products_resources
The Human Development Institute, a University Center for Excellence in Developmental Disabilities Education, Research and Service, focuses its efforts on improving lifelong opportunities and services for individuals with disabilities, their families and the community.

The Institute provides a strong foundation for more than 40 research, training and service projects, addressing a wide range of topics and issues in areas such as early childhood, education, transition and community living and personnel preparation.


**JUVENILE DIABETES RESEARCH FOUNDATION**
26 Broadway Street
New York, New York 10004
Toll free: (800) 533-CURE (2873)
Email: info@jdrf.org
Website: www.jdrf.org/

Founded in 1970 by the parents of children with juvenile diabetes, it has provided more than one billion dollars to diabetes research worldwide. Its mission is constant: to find a cure for diabetes and its complications through the support of research. By registering on their web site, you will get legislative alerts and a newsletter.

**KENTUCKY AMERICORPS**
Cabinet for Health and Family Services
275 East Main Street
Frankfort, KY 40621
Phone: (502) 564-7420
Toll Free: (800) 239-7404
Fax: (502) 564-6108

The Kentucky Commission on Community Volunteerism and Service in the state Cabinet for Health and Family Services mission is to promote all Kentuckians working together to meet actual community needs in a way that fosters personal, family and community pride and an enduring ethic of volunteerism and service. KCCVS encourages qualified individuals with physical or cognitive disabilities to participate as members in all AmeriCorps programs operating in Kentucky. An advisory council meets quarterly to address policy and resource development, outreach, volunteer strategies and training.

**KENTUCKY OUTREACH INFORMATION NETWORK (KOIN)**
Cabinet for Health and Family Services
Department of Public Health
Division of Communications
275 East Main Street, 4C-A
Frankfort, KY 40621
(502) 564-6786
Website: www.chfs.ky.gov/dph/epi/preparedness/KOIN.htm

The Kentucky Outreach Information Network is a growing grassroots network of volunteers who serve as conduits of information in emergencies to people who are deaf/hard of hearing, blind or visually impaired, limited English proficient, remote rural, elderly and disabilities. The purpose of the KOIN is to ensure that communication channels are in place so that the state’s most vulnerable and hard-to-reach populations can receive critical health care information.
Kentucky Partnership for Families and Children, Inc. (KPFC) mission is to nurture hope through: Education to individuals, their families, the professionals that serve them and the public; Advocacy to improve outcomes and quality of life for children, youth and young adults and Reaching out to groups that do not currently receive adequate services. KPDF provides scholarships for parents to attend conferences and workshops across the state.

The Kentucky Partnership for Families and Children, Inc. (KPFC) is a private, not for profit, family organization that serves the entire state of Kentucky. KPFC is the state chapter for the National Federation of Families for Children’s Mental Health and is the Center for Mental Health Services Statewide Family Network grantee for Kentucky. Since KPFC is a family-organization, over 51% of KPFC’s board of directors must be parents/primary caregivers of children with emotional, behavioral, and/or mental health disabilities.

Read their on line current newsletter: http://www.kypartnership.com/current_newsletter

Kentucky Voices for Health is a broad coalition of concerned citizens who work together to improve Kentuckians’ health and health-care coverage. KVH believes that the best health care solutions are found when everyone works together to build them. KVH works on issues including covering kids, tobacco tax, Medicaid cost containment task force, and the federal health care reform (Affordable Health Care Act).
The purpose of the Last Passages project is to share information and promising practices to enhance end-of-life care for persons with developmental disabilities. Last Passages is a joint project of the Volunteers of America, the University at Albany, NYSARC, Inc. and Marist College.

Volunteers of America, Inc. initiated Last Passages in response to the increased longevity of people with an intellectual disability, and to the growing number living with their families, by themselves, or in individual or group housing in the community, receiving community-based healthcare and facing the challenge of obtaining quality end-of-life care within their communities. While hospice and palliative care have significantly transformed end-of-life care for the general population, people with an intellectual disability and their families have not benefited to the same extent. In addition, formal and informal caregivers for people with an intellectual disability typically lack training and access to resources for enabling dignity and quality during care at the end of life.

End-of-life care refers to the plans, preferences, and expectations that an individual envisions for his or herself with the realization that life does not go on forever. It is not necessarily initiated by any medical or health event, condition, or consequence but simply by the common understanding that life ends and we should be able, to the best of our ability, with support, to have a say in its actualization.

LEARNING DISABILITIES ASSOCIATION OF AMERICA (LDA)
4156 Library Road
Pittsburgh, PA 15234
Phone: (412) 341-1515
Fax: (412) 344-0224
Website: http://www.ldaamerica.org/

Since 1963, LDA has provided support to people with learning disabilities, their parents, teachers and other professionals. At the national, state and local levels, LDA provides cutting edge information on learning disabilities, practical solutions, and a comprehensive network of resources. These services make the Learning Disabilities Association of America the leading resource for information on learning disabilities. LDA believes that every person with learning disabilities can be successful at school, at work, in relationships, and in the community -- given the right opportunities.

LEARNING DISABILITIES ASSOCIATION OF KENTUCKY
2210 Goldsmith Lane, #118, Louisville, KY 40218
Phone: (502) 473-1256 Toll free: (877) 587-1256 Fax: (502) 473-4695
Email: info@LDAofKY.org Website: www.ldaofky.org

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)
3803 North Fairfax Drive, Ste. 100
Arlington, VA 22203
Phone: (703) 524-7600
Fax: (703) 524-9094
Member Services – Toll free: (888) 999-NAMI (6264)
Information Helpline – Toll free: (800) 950-NAMI (6264)
Website: http://www.nami.org/

The NAMI mission is dedicated to the eradication of mental illnesses and to the improvement of the quality of life of all whose lives are affected by these diseases.
Since its inception in 1979, NAMI has been dedicated to improving the lives of individuals and families affected by mental illness and have established itself as the most formidable grassroots mental health advocacy organization in the country. Dedication, steadfast commitment and unceasing belief in NAMI's mission by grassroots advocates have produced profound changes. NAMI's greatest strength is the dedication of our grassroots leaders and members. Families, friends and individuals serve to strengthen communities across the country.

Due in large part to generous individual, corporate, and foundation donations, NAMI is able to build on its success and continue to focus on three cornerstones of activity that offer hope, reform, and health to the American community: Awareness, Education, and Advocacy

NATIONAL ALLIANCE ON MENTAL ILLNESS OF KENTUCKY  (NAMI Kentucky)
C/O Somerset Community College, 808 Monticello Street, Somerset, KY  42501
Phone:  (606) 451-6935 or (606) 451-6936  Toll free:  (800) 257-5081
Email: namiky@bellsouth.net  Website: http://www.nami.org/MSTemplate.cfm?Section=About_Us67&Site=NAMI_Kentucky&Template=/ContentManagement/HTMLDisplay.cfm&ContentID=78207
For contacts throughout Kentucky, go to the About Us Page.

Exceptional Children’s Assistance Center (ECAC)
907 Barra Row, Suites 102/103
Davidson, NC 29036
Phone: (704) 892-1321
Fax: (704) 892-5028
Parent Info Line: (800) 962-6817
Email: ecac@ecacmail.org

ECAC serves as the Regional Parent Technical Assistance Center (RPTAC) for 9 Parent Training and Information Centers (PTIs) and 4 Community Parent Resource Centers (CPRCs) in Region 2, the mid-south area of the United States. Region 2 includes the District of Columbia and 8 states: Delaware, Maryland, Kentucky, North Carolina, South Carolina, Tennessee, Virginia, and West Virginia. This project is funded through a Cooperative Agreement with the U.S. Department of Education Office of Special Education Programs.

NATIONAL DOWN SYNDROME CONGRESS (NDSC)
30 Mansell Court, Ste. 108
Roswell, GA 30076
Local: (770) 604-9500
Toll free: (800) 232-6372
Fax: (770) 604-9898
Email: info@ndsccenter.org
Website: http://www.ndsccenter.org/

The mission of NDSC is to provide information, advocacy and support concerning all aspects of life for individuals with Down Syndrome. The vision is a world with equal rights and opportunities for people with Down Syndrome. Its purpose is to create a national climate in which all people will recognize and embrace the value and dignity of people with Down Syndrome.

NATIONAL DOWN SYNDROME SOCIETY
666 Broadway Street, 8th Floor
New York, NY 10012-2317
Toll free: (800) 221-4602
Email: info@ndss.org
Website: www.ndss.org

The mission of the National Down Syndrome Society is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome.
The National Down Syndrome Society envisions a world in which all people with Down syndrome have the opportunity to enhance their quality of life, realize their life aspirations, and become valued members of welcoming communities. It provides information and referral services to parents, professionals and others about Down Syndrome; referrals to local parent support groups.

*Down Syndrome groups in Kentucky:*

**DOWN SYNDROME ASSOCIATION OF CENTRAL KENTUCKY (DSACK)**
P.O. Box 910516, Lexington, KY 40591-0516  Phone: (859) 494-7809
Phone: (800) 688-8765  Fax: (202) 747-6208
Website: [www.dsack.org](http://www.dsack.org)

DSACK is a non-profit volunteer organization comprised of families and professionals who are interested in bettering the lives of people with Down syndrome, and helping them to realize their life aspirations. DSACK’s ultimate goal is to provide support, resources, and opportunities for individuals with Down Syndrome and their families.

**DOWN SYNDROME OF LOUISVILLE, INC.**
5001 South Hurstbourne Lane, Louisville, KY 40291  Phone: (502) 495-5088, Fax: (502) 495-5038
Email: info@downsyndromeoflouisville.org
Website: [http://www.downsyndromeoflouisville.org](http://www.downsyndromeoflouisville.org)

Their vision is to create the most vital, caring community in the nation. Their mission is to improve the lives of people with Down Syndrome and their families by providing support, information, education, and advocating for their rights and concerns and to enable the individual to reach their full potential.

**THE DOWN SYNDROME SUPPORT GROUP OF SOUTH CENTRAL KENTUCKY**
PO Box 1611, Bowling Green, KY 42101
Email: info@dssky.org
Website: [http://www.dsscky.org](http://www.dsscky.org)

The group is a parent and family support organization established to provide services, activities, and information to individuals and families who have been touched by Down Syndrome.

**NATIONAL FRAGILE X SYNDROME FOUNDATION**
2100 M. Street NW
Ste. 170 Box 302
Washington, DC 20037-1233
Email: natifx@fragilex.org
Website: [www.FragileX.org](http://www.FragileX.org)
Phone: (800) 688-8765
Fax: (202) 747-6208

Organized since 1984, the mission of the National Fragile X Foundation is to unite the Fragile X community to enrich lives through educational and emotional support, promote public and professional awareness, and advance research toward improved treatments and a cure for Fragile X.

**NATIONAL REHABILITATION INFORMATION CENTER**
National Institute on Disability and Rehabilitation Research (NIDRR)
4200 Forbes Blvd.
Lanham, MD 20706
Toll free: (800) 346-2742
Fax: (301) 459-4263
Email: naricinfo@heitechservices.com
Website: [http://www.naric.com](http://www.naric.com)
The National Institute on Disability and Rehabilitation Research is one of three components of the Office of Special Education and Rehabilitative Services (OSERS) at the U.S. Department of Education. NIDRR operates in concert with the Rehabilitation Services Administration (RSA) and the Office of Special Education Programs (OSEP).

It is the mission of NIDRR to generate, disseminate and promote new knowledge to improve the options available to people with disabilities. The ultimate goal is to allow these individuals to perform their regular activities in the community and to bolster society’s ability to provide full opportunities and appropriate supports for its disabled citizens. Toward this end, NIDRR conducts comprehensive and coordinated programs of research and related activities to maximize the full inclusion, social integration, employment and independent living of individuals of all ages with disabilities. NIDRR’s focus includes research in areas such as employment; health and function; technology for access and function; independent living and community integration; and other associated disability research areas.

NOAH - THE NATIONAL ORGANIZATION FOR ALBINISM AND HYPOPIGMENTATION
P.O. Box 959
East Hampstead NH 03826-0959
Phone: (603) 887-2310
Toll Free: (800) 473-2310
Fax: (800) 648-2310
Email: webmaster@albinism.org
Website: www.albinism.org

The objectives of The National Organization for Albinism and Hypopigmentation are to provide information and support regarding albinism and related conditions, to promote public and professional education about these conditions, encourage research and funding that will lead to improved diagnosis and management of albinism, and to provide networking for those with special interests related to albinism such as minority groups and Hermansky-Pudlak. NOAH provides information and support for its members by sponsoring workshops and conferences on Albinism, publishing a newsletter quarterly, publishing information bulletins on topics specific to living with Albinism, providing a network of local chapters and contact people, and providing a web site that has information about Albinism and bulletin boards where people can share experiences, working to provide information on a national and international level to increase the awareness of Albinism.

OFFICE OF SPECIAL EDUCATION AND REHABILITATIVE SERVICES (OSERS)
United States Department of Education
400 Maryland Avenue S.W.
Washington, DC 20202
Phone: (202) 401-2000
Toll Free: (800) USA-LEARN (872-5327)
Website: www.ed.gov/about/offices/list/osers

The mission is to provide leadership in achieving full integration and participation in society for people with disabilities by ensuring equal opportunity and access to, and excellence in, education, employment and community living. In implementing this mission, OSERS supports programs that help educate children and youth with disabilities, provides for the rehabilitation of youth and adults with disabilities and supports research to improve the lives of individuals with disabilities. OSERS is committed to improving results and outcomes for people with disabilities of all ages. In supporting President Bush’s No Child Left Behind Agenda and the New Freedom Initiative, OSERS provide a wide array of support to parents and individuals, school districts and states in three main areas: special education, vocational rehabilitation and research.
Prader-Willi Syndrome is an organization of families and professionals working together to promote and fund research, provide education, and offer support to enhance the quality of life of those affected by Prader-Willi syndrome.

THE PUZZLE OF AUTISM
NATIONAL EDUCATION ASSOCIATION
Student Achievement
1201 16th Street, N.W.
Washington DC 20036-3290
Phone: (202) 822-7373
Email: gapsinfo@nea.org
Website: http://www.nea.org/assets/docs/HE/autismpuzzle.pdf

To assist educators in their daily work, NEA has produced a new resource in collaboration with the Autism Society of America, the American Speech-Language-Hearing Association, and the National Association of School Psychologists. “The Puzzle of Autism” is a succinct informational guide for all education personnel who work with students with Autism Spectrum Disorders. The guide explains common autistic characteristics and suggests effective classroom strategies for improving the communication, sensory, social, and behavioral skills of children who have autism. Complimentary copies are no longer available, but it is available for purchase from the NEA Professional Library. Or, you can download a copy of “The Puzzle of Autism” (PDF, 1.1MB, 42 pages) at any time.

March 2006 (Updated Dec. 14, 2006)

RETT SYNDROME RESEARCH FOUNDATION (RSRF)
4600 Devitt Drive
Cincinnati, OH 45246
Phone: (513) 874-3020
Toll Free: (800) 818-7388
Fax: (513) 874-2520
Website: http://www.rettsyndrome.org/

The core mission is to fund research for treatments and a cure for Rett Syndrome while enhancing the overall quality of life for those living with Rett Syndrome by providing information, programs, and services. Called the Rett Syndrome Bible, the Rett Syndrome Handbook, 2nd edition by Kathy Hunter documents the most sound, solid, well-founded information known today about this neurological disorder. This book helps you to better understand your child and how to help him or her. It is available for $30.00 at the on-line bookstore.

RUBENSTEIN-TAYBI SYNDROME
24081 G Lane
Cedar, KS 67628
Phone: (888) 447-2989
http://www.rubenstein-taybi.org/index.html
Site offers information on Rubenstein-Taybi Syndrome and has an email group discussion.
The Sibling Support Project is a national effort dedicated to the life-long concerns of brothers and sisters of people who have special health, developmental, or mental health concerns. Believing that disabilities, illness, and mental health issues affect the lives of all family members the Sibling Support Project wants to increase the peer support and information opportunities for brothers and sisters of people with special needs and to increase parents’ and providers’ understanding of sibling issues. The mission is accomplished by training local service providers on how to create community-based peer support programs for young siblings; hosting workshops, list servers, and websites for young and adult siblings; and increasing parents’ and providers’ awareness of siblings’ unique, lifelong, and ever-changing concerns through workshops, websites, and written materials.

The Kentucky Sibling Network provides siblings of individuals with disabilities the information, support and tools to advocate with their brothers and sisters and to promote the issues important to them and their families.

The Spina Bifida Association (SBA) serves adults and children who live with the challenges of Spina Bifida. Since 1973, SBA has been the only national voluntary health agency solely dedicated to enhancing the lives of those with Spina Bifida and those whose lives are touched by this challenging birth defect. Its tools are education, advocacy, research, and service.

The Spina Bifida Association of Kentucky is a non-profit organization formed in 1982 to promote the prevention of Spina Bifida and enhance the lives of all affected.

TASH
1001 Connecticut Ave. NW, Ste. 235
Washington, DC  20036
Phone: (202) 540-9020
Fax: (202) 540-9019
Email: info@TASH.org
Website: http://www.tash.org/index.html
TASH is an international association of people with disabilities, their family members, other advocates, and professionals fighting for a society in which inclusion of all people in all aspects of society is the norm. TASH is an organization of members concerned with human dignity, civil rights, education, and independence for all individuals with disabilities. TASH has over thirty chapters and members from thirty-four different countries and territories. Since its inception over twenty-five years ago, TASH has gained international acclaim for its uncompromising stand against separatism, stigmatization, abuse and neglect. TASH’s mission is to promote the full inclusion and participation of children and adults with significant disabilities in all aspects of their communities, and eliminate the social injustices that diminish human rights.

KY-TASH
Phone: (859) 519-7375
Email: bharrison@uky.edu
Meada.hall@uky.edu
Website: www/tash.org/chapters/Kentucky-tash/

KY-TASH supports the inclusion and full participation of children and adults with disabilities in all aspects of their communities as determined by personalized visions of quality of life. The focus of KY-TASH are those people with disabilities who: are most at risk for being excluded from the mainstream of society; Are perceived by traditional service systems as being most challenging; are most likely to have their rights abridged; are most likely to be at risk for living, working, playing and/or learning in segregated environments; are least likely to have the tools and opportunities necessary to advocate on their own behalf; historically have been labeled as having severe disabilities; and are most likely to need ongoing individualized supports in order to participate in inclusive communities and enjoy a quality of life similar to that available to all citizens

KY-TASH’s vision is that people with significant disabilities in Kentucky will: lead fulfilled lives with high expectations of self and from others; have good jobs that are challenging and fit their talents and interests; be welcomed by communities of faith; have adequate health care and support; have family and friends; have sufficient flexible funding; be respected and supported for the unique individual each person is; live in their own homes with supports they choose;

KY-TASH is working to accomplishes this by: creating opportunities for collaboration among families, self-advocates, professionals, policymakers and other advocates; advocating for equity, opportunities, social justice, and rights; disseminating knowledge and information; supporting excellence in research that translates to excellence in practice; promoting individualized, quality supports; working toward the elimination of institutions, other congregate living settings, segregated schools/classrooms, sheltered work environments, and other segregated services and toward replacing these with quality, individualized, inclusive supports; supporting legislation, litigation and public policy consistent with the KY-TASH mission; promoting communities in which no one is segregated and everyone belongs.

TOURETTE SYNDROME ASSOCIATION
42-40 Bell Blvd.
Bayside, N.Y. 11361
Phone: (718) 224-2999
Website: www.tourette.org

Founded in 1972 in Bayside New York, the national Tourette Syndrome Association is the only national voluntary non-profit membership organization in this field. Our mission is to identify the cause of, find the cure for and control the effects of Tourette Syndrome. We offer resources and referrals to help people and their families cope with the problems that occur with TS. We raise public awareness and counter media stereotypes about TS. Our membership includes individuals, families, relatives, and medical and allied professionals working in the field.
Program development, education and medical programs, government outreach, adherence to TSA’s mission, maximizing efforts, minimizing expenses, event management, awareness, media, publications, chapter relations, research grants, scientific and medical conferences, are ongoing efforts of TSA’s full-time professional staff.

Contact Local Support Groups:
Lexington Support Group: Phone: (859) 276-0835
Email: r.gorton@insightbb.com
Louisville Support Group: Phone: (502) 852-7528
Email: ermark01@louisville.edu

UNITED CEREBRAL PALSY ASSOCIATION (UCP)
1825 K Street NW Ste. 600
Washington, D.C. 20006
Phone: (202) 776-0406; Toll free: (800) 872-5827
Fax: (202) 776-0414
Email: info@ucp.org
Website: http://www.ucp.org/

For 60 years, United Cerebral Palsy (UCP) has been committed to change and progress for persons with disabilities. Founded in 1949, the national organization and its nationwide network of affiliates strive to ensure the inclusion of persons with disabilities in every facet of society—from the Web to the workplace, from the classroom to the community. As one of the largest health charities in America, the mission of United Cerebral Palsy is to advance the independence, productivity and full citizenship of people with disabilities through an affiliate network. The website offers information on research, advocacy, resources and discussion groups. Read the 2010 Case for Inclusion. State by state rankings for efforts to include individuals with disabilities is listed.

UNITED PARTNERS IN KENTUCKY (UPinKY)
Website: www.up-in-ky.com

UPinKY members are committed to work together, and share information and expertise in order to enhance and improve the quality of life of persons with disabilities and their families. UpinKY is dedicated to providing accurate, timely, and pertinent information to children, youth, and young adults with disabilities and their families so they can make informed decisions.

VIPS (Visually Impaired Preschool Services) VIPS Central Kentucky
1906 Goldsmith Lane P.O. Box 23691
Louisville, KY 40218 Lexington, KY 40523
Phone: (502) 636-3207 Phone: (859) 276-0335;
Fax: (502) 636-0024 Fax: (859) 276-4379
Website: www.vips.org Toll free: (888) 636-8477

The mission of Visually Impaired Preschool Services, Inc. (VIPS) is to offer appropriate services to infants, toddlers, and preschoolers who are visually impaired or blind and to their families; to maximize each child’s development potential through direct services, advocacy, and community education. VIPS serves blind or visually impaired infants, toddlers, and preschoolers who live within a 50-mile radius of Louisville, including several counties in Southern Indiana, through the VIPS-Louisville Office. Children, who live in central Kentucky, within a 50-mile radius of Lexington, are served by the VIPS-Central KY Office. VIPS also has an Outreach Program to serve children and families who reside in other areas throughout Kentucky. Their newsletter is available on line.
SECTION 2

DIRECTORY OF DIRECTORIES
DIRECTORY OF DIRECTORIES

“When my son was little I felt like I was the only parent who ever had to muddle through the system and it seemed like there should be a book so that every parent of a newly diagnosed special needs child didn’t have to reinvent the wheel.”

Michelle Armstrong, Hebron

Throughout Keepsake you will find web sites that have additional resources listed. Be sure to check for those lists!

THE ARC OF KENTUCKY
706 East Main Street, Suite A
Frankfort, KY 40601
Phone: (502) 875-5225
Toll free: (800) 281-1272
Fax: (502) 875-5226
Email: arcofky@aol.com
Website: www.arcofky.org

See Section 1: The Arc of Kentucky and Other Sources for Support and Information for listings of trainings, booklets and brochures.

CINCINNATI CHILDREN’S HOSPITAL MEDICAL CENTER
FAMILY RESOURCE CENTER
3333 Burnet Avenue
Cincinnati, OH 45229
Phone: (513) 636-4200
Toll free: (800) 344-2462
TTY: (513) 636-4900
Website: http://www.cincinnatichildrens.org/svc/alpha/c/special-needs/resources/default.htm

When you have a child with special health care needs, you are faced with the constant challenge of finding information, resources and services. The Special Needs Resource Directory, created by the Center for Infants and Children with Special Needs at Cincinnati Children’s Hospital Medical Center, is a comprehensive accumulation of resources for the Southwest Ohio area. Resources unique to Kentucky and Indiana are also featured, as well as national and international web site links. Parents, caregivers and health care providers can find local, regional and national web site links to: locate information on specific disabilities, identify strategies to help you advocate for your child, develop community connections for ongoing support and overcome barriers to access health care resources.

HOPE FOR SUPPORT
Website: http://www.HopeForSupport.com

“Parenting from “hope” perspective enables us to lead with authenticity, courage and purpose.”

The parents of two children with Dravet syndrome created this website as a resource for anyone who loves a child with special abilities or illness. To quote them, “We have found the old saying that the ‘squeaky wheel gets the most grease’ to be very true.” They suggest that you call as many agencies and organizations as possible, even if you think that they cannot help you. Tell them your story, often times you will be referred to someone who has just what you need! Read the entire site. Many links belong on more than one page. You might find something that you didn’t know about that can complement your child’s quality of life or medical care. Site visitors are asked to add any resources they may have found to be useful.
The Human Development Institute is Kentucky’s University Center for Excellence in Developmental Disabilities Education, Research and Service focusing efforts on improving lifelong opportunities and services for individuals with disabilities, their families and the community. This web site has a wealth of information! Some examples follow:


Information regarding the many different transitions occurring in our lives from First Steps to adult. [www.transitiononestop.org](http://www.transitiononestop.org)

Inclusive Education: educating children with disabilities as part of the regular school curriculum: [http://www.hdi.uky.edu/kyclass/cover.htm](http://www.hdi.uky.edu/kyclass/cover.htm)

**KENTUCKY AGING AND DISABILITY RESOURCE GUIDE**
Website: [http://drd.chfs.ky.gov/](http://drd.chfs.ky.gov/)
Phone: 877-293-7447

The Kentucky Aging and Disability Guide is designed to be a one-stop shop for information on aging and disability programs and services. The Cabinet provides the information in the Resource Guide for Health and Family Services Department for Aging and Independent Living.

**KENTUCKY ASSISTIVE TECHNOLOGY SERVICES (KATS)**
KATS Network Coordinating Center – Charles McDowell Center
8412 Westport Road, Louisville, KY  40242
Phone: (502) 429-4484
Toll free: (800) 327-KATS (5287)
Fax: (502) 429-7114
Website: [http://www.katsnet.org](http://www.katsnet.org)

The KATS Network publishes a booklet entitled; The Buck Starts Here... A Guide to Assistive Technology Funding in Kentucky. The booklet is exactly what its title implies. It is a step-by-step guide to searching for funding to get assistive technology with tips on local, state and national sources of funding. KATS also publishes fact sheets and other information on technology.

**KENTUCKY AUTISM TRAINING CENTER (KATC)**
U of L Autism Center at Kosair Charities
1405 E. Burnett Ave.
Louisville, KY  40217
(502) 852-4631 or (800) 334-8635, ext. 852-4631
Fax: (502) 852-7148
Email: katc@louisville.edu
Website: [http://louisville.edu/education/kyautismtraining/resources/family-guide](http://louisville.edu/education/kyautismtraining/resources/family-guide)

The KATC publishes a Kentucky Family Guide to Autism Spectrum Disorders to assist parents of individuals with ASD. It contains helpful information for parents and caregivers on a wide range of topics along with web-based resources and identified book and journal articles for further reading.
KENTUCKY COMMISSION ON DEAF AND HARD OF HEARING (KCDHH)
632 Versailles Road
Phone: (502) 573-2504 Voice/TTY
Toll free: (800) 372-2907 Voice/TTY
Videophone: (502) 385-0544
Videophone IP: 162.114.52.90
Fax: (502) 573-3594
Information Services: kcdhh@kcdhh.ky.gov
Access Services: kcdhh.access@ky.gov
Website: http://www.kcdhh.ky.gov/

KCDHH Resource Library has accumulated resources that will benefit anyone having connections to deaf and hard of hearing individuals. They have books, videotapes, periodicals and reference materials that cover a broad range of topics including, but not limited to, American Sign Language, interpreting, children’s literature, cochlear implants, deaf culture, family resources, speech reading, mental health, and speech and language. Read their newsletter, Communicator, online.

KCDHH has several online directories: a Directory of Services. You can find a listing of licensed interpreters in the Interpreter Directory which is maintained by the Kentucky Board of Interpreters.

MEDICAID (KyHealth Choices) MEMBER HANDBOOK
Website: http://chfs.ky.gov/dms/member%20information.htm

The Medicaid (KyHealth Choices) Member Handbook is now available online in English and Spanish. The handbook contains practical information about KyHealth Choices benefit plans, important telephone numbers and Web sites, prior authorization, how to get transportation services, choosing or changing your primary care provider (PCP), emergency room use, 24-hour nurse information line and other important topics useful for members, providers and case managers alike.

To view a copy of the handbook, click the web site listed above. To request a hard copy of the manual, contact the KyHealth Choices call the center at (800) 635-2570.

PROTECTION AND ADVOCACY (P & A)
5 Mill Creek Park
Frankfort, KY 40601
Phone: (502) 564-2967
Toll free: (800) 372-2988
Fax: (502) 564-0848
Website: www.kypa.net

Protection and Advocacy has numerous booklets and pamphlets. Many are listed under “Publications” but scroll through the site because there are additional publications listed in the different categories.
SECTION 3

EARLY CHILDHOOD/SCHOOL AGE SERVICES
EARLY CHILDHOOD/SCHOOL-AGED SERVICES

Christopher was our first child; his brother was born eleven months later. We saw that Christopher’s development was slower than his brother. After a year of frustrating failure attempting toilet training, I talked to the pediatrician and she referred us to Weisskopf Center in Louisville. There we were told he had autism. I began my research at the public library; Christopher started therapy. I talked to the professionals involved with him and began to meet other parents. I attended the Family to Family meetings and now I am going to college majoring in Human Services. There have been big changes in my life and in the direction of my life!

Tonia Coffey, Edmonton

CINCINNATI CHILDREN’S HOSPITAL MEDICAL CENTER
3333 Burnet Avenue
Cincinnati, OH 45229
Phone (main hospital):  (513) 636-4200
Website:  http://www.cincinnatichildrens.org/svc/topics/special-needs.htm

Cincinnati Children’s Hospital Medical Center’s goal is to provide accessible, family-centered, continuous, comprehensive, coordinated, compassionate, culturally effective medical care for children with specialized health care needs. Centers for Developmental Disabilities and Special Needs include:

* Aaron Perlman Center for Children
* Attention Deficit Hyperactivity Disorder
* Center for Infants and Children with Special Needs
* Cerebral Palsy Clinic
* Cincinnati Center for Developmental Disorders Board of Trustees
* Developmental Assessment for Infants / Toddlers
* Developmental and Behavioral Pediatrics
* Kelly O’Leary Center for Autism Spectrum Disorders
* Myelomeningocele Clinic
* Parent Infant Nurturing Group (PING)
* Project SEARCH
* Rubinstein-Taybi Syndrome Program
* Tourette Syndrome Clinic

COMMISSION FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDS (CCSHCN)
310 Whittington Parkway, Suite 200
Louisville KY 40222
Phone: (502) 429-4430
Toll free: (800) 232-1160
Fax: (502) 429-4489
Email: http://chfs.ky.gov/ccshcn/

See Section 7 Health/Dental/Therapeutic Care.

EARLY PERIODIC SCREENING, DIAGNOSTIC, AND TREATMENT SERVICES (EPSDT)
Children’s Health Services Branch – Dept. of Medicaid Services
275 East Main Street
Frankfort, KY 40601
Phone: (502) 564-6890
Toll free: (800) 635-2570
Website:  http://chfs.ky.gov/dms/epsdt.htm

Eligibility Requirements: Any Medicaid eligible child is eligible for EPSDT screenings. Additionally, any Medicaid eligible child may receive EPSDT Special Services as long as the services are medically necessary and not covered in another Medicaid program area. Children who pay KCHIP III premiums are
not eligible for EPSDT Special Services or non-emergency transportation. EPSDT Special Services may only be provided to individuals under age 21. Services may be provided through the last day of the month in which the individual turns 21.

Early and Periodic Screening, Diagnosis and Treatment (EPSDT) is a federally mandated Medicaid program for children. In Kentucky, it is divided into two components: Screenings and Special Services.

Screening services are called Well Child Checks and may include: routine physicals or well-child checkups for Medicaid eligible children at certain specified ages. It is considered preventive care. Children are checked for medical problems early. Specific tests and treatments are recommended as children grow older. The areas of health care that are checked include: preventive check-ups; growth and development assessments; vision; hearing; teeth; immunizations; and laboratory tests. Children should receive health check-ups regularly or before the following ages: 1 month; 2 months; 4 months; 6 months; 9 months; 12 months; 15 months; 18 months; 24 months; 3 years; 4 years; 5 years; 6 years; 8 years; and once a year for ages 10-20.

If your doctor finds a problem that requires special services, your child will be referred to a specialist. EPSDT Special Services include diagnostics, prevention, rehabilitation, treatment or services not covered by Medicaid but are medically necessary.

Special Services may be preventive, diagnostic or treatment, or rehabilitative. Examples of services covered through the EPSDT Special Services include: additional pairs of eyeglasses after the Medicaid Vision Program has paid for the first two pair in a year, additional dental cleanings after the Medicaid Dental Program has paid for one cleaning, nitrous oxide when used in dental treatment, nutritional products when they are used as a supplement rather than as the child’s total nutrition, speech therapy, occupational therapy or physical therapy when the therapy does not meet the criteria for the Medicaid Home Health Program, and substance abuse treatment. All EPSDT special services require prior authorization.

Some services that the EPSDT Special Services does not cover include: respite care, environmental, educational, vocational, cosmetic, convenience, experimental, and over the counter items.

Cost: EPSDT services are available at your doctor’s office or local health department. Services are provided at no cost to families with Medicaid or KCHIP. KCHIP III children are not eligible for EPSDT Special Services.

FIRST STEPS POINT OF ENTRY (POE)
Lead Agency Mailing Address
Department of Public Health
275 East Main Street, HS2W-C
Toll free: (877) 41STEPS (417-8377) (502) 564-3756
Fax: (502) 564-0329 or (502) 564-8003
Web site for First Steps: http://chfs.ky.gov/dph/firststeps/

Eligibility Requirements: Children, birth to age 3, who have a developmental delay or a medical condition known to cause a developmental delay and their families are eligible.

Developmental delay means: based on evaluation, the child is not developing typically in one of five skill areas: cognition (the ability to know and understand), communication, physical, social and emotional, or self-help.

Automatic entry occurs when there is a diagnosis of a physical or mental condition which has a high probability of resulting in developmental delay, such as Down Syndrome.

Anyone, including a family member, who is concerned about an infant or toddler’s development, may make a referral to First Steps by calling the statewide toll-free number listed above.

First Steps is a statewide early intervention system providing services to children, age birth to 3, who have developmental disabilities and to their families. First Steps is Kentucky’s response to the federal Infant-Toddler Program. It offers comprehensive services through a variety of community agencies and service
disciplines. It is administered by the Department for Public Health in the Cabinet for Health and Family Services.

Services provided are: evaluation/assessment, service coordination, certain non-routine health services, assistive technology, nutrition services, physical and occupational therapy, speech/communication services, vision and hearing services, developmental intervention. Early Intervention (EI) services are provided by multiple agencies and may involve multiple disciplines. Based on the child’s needs, services are identified in the Individual Family Service Plan (IFSP).

Referral will then be made to a team at the district Point of Entry Staff office who will initially assist a child and family in accessing needed services. Services are available to any child and family who meet developmental eligibility criteria, regardless of income. A family’s participation in First Steps services is always optional.

Typically, there is significant improvement in development and learning in those children who participate in early intervention. A child with a delay or condition that is likely to cause delay should not go through the critical developmental years without help. Services and supports benefit families by reducing stress. Early intervention services often decrease the need for later costly special education programs by remediating problems early in the child’s life.

FIRST STEPS POINT OF ENTRY (POE)

Primary referral sources, families and other interested parties access the First Steps program locally through 15 system points of entry (POEs) covering the 15 Area Development Districts (ADDs).

POEs are responsible for receiving all referrals to the First Steps program, facilitating eligibility determination through the coordination of developmental evaluations and assessments and coordinating the development of the initial Individualized Family Service Plan (IFSP). POEs also are responsible for local Child Find activities, local public awareness activities, local interagency coordination/collaboration, administrative monitoring and analysis of POE and district performance.

<table>
<thead>
<tr>
<th>First Steps Districts Point of Entry</th>
<th>Counties Served by District</th>
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<tbody>
<tr>
<td><strong>Barren River District Point of Entry</strong></td>
<td>Allen, Barren, Butler, Edmondson</td>
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<tr>
<td>380 Suwannee Trail</td>
<td>Hart, Logan, Metcalfe, Monroe, Simpson, Warren</td>
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<tr>
<td>Bowling Green, KY 42103</td>
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<tr>
<td>Phone: (270) 901-5749</td>
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<tr>
<td>Toll free: (800) 643-6233</td>
<td></td>
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<tr>
<td>Fax: (270) 746-0729</td>
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</tr>
<tr>
<td><strong>Big Sandy District Point of Entry</strong></td>
<td>Floyd, Johnson, Magoffin, Martin, Pike</td>
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<tr>
<td>104 South Front Avenue</td>
<td></td>
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<tr>
<td>Prestonsburg, KY 41653</td>
<td></td>
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<tr>
<td>Phone: (606) 886-4417</td>
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<tr>
<td>Toll free: (800) 230-6011</td>
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<tr>
<td>Fax: (606) 886-4434</td>
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<tr>
<td><strong>Bluegrass District Point of Entry</strong></td>
<td>Anderson, Bourbon, Boyle, Clark, Estill,</td>
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<tr>
<td>343 Waller Avenue, Suite 201</td>
<td>Fayette, Franklin, Garrard, Harrison,</td>
</tr>
<tr>
<td>Lexington, KY 40504</td>
<td>Jessamine, Lincoln, Madison, Mercer, Nicholas,</td>
</tr>
<tr>
<td>Phone: (859) 271-9448</td>
<td>Powell, Scott, Woodford</td>
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<tr>
<td>District Point of Entry</td>
<td>Counties</td>
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<tr>
<td>Buffalo Trace District Point of Entry</td>
<td>Bracken, Fleming, Lewis, Mason, Robertson</td>
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<tr>
<td>611 Forest Avenue</td>
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<tr>
<td>Maysville, KY 41056</td>
<td></td>
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<tr>
<td>Phone: (606) 564-3919</td>
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<tr>
<td>Toll free: (800) 335-4249</td>
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<tr>
<td>Fax: (606) 564-9336</td>
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<tr>
<td>Cumberland Valley District Point of Entry</td>
<td>Bell, Clay, Harlan, Jackson, Knox, Laurel,</td>
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<tr>
<td>P.O. Box 568</td>
<td>Rockcastle, Whitley</td>
</tr>
<tr>
<td>Corbin, KY 40702</td>
<td></td>
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<tr>
<td>Phone: (606) 523-0229</td>
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<td>Toll free: (800) 509-9559</td>
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<td>Fax: (606) 528-9623</td>
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<td>FIVCO District Point of Entry</td>
<td>Boyd, Carter, Elliott, Greenup, Lawrence</td>
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<td>5850 U.S. 60</td>
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<td>Summit Plaza Box 11</td>
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<td>Ashland, KY 41102</td>
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<td>Phone: (606) 929-9155</td>
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<td>Gateway District Point of Entry</td>
<td>Bath, Menifee, Montgomery, Morgan Rowan</td>
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<td>68 Oberline St.</td>
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<td>Owingsville, KY 40360</td>
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<td>Phone: (606) 674-3204</td>
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<td>Toll free: (800) 942-4358</td>
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<td>Fax: (606) 674-8390</td>
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<td>Green River District Point of Entry</td>
<td>Daviess, Hancock, Henderson McLean, Ohio,</td>
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<td>1501 Breckinridge Street</td>
<td>Union, Webster</td>
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<td>Owensboro, KY 42301</td>
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<td>Phone: (270) 686-7747</td>
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<td>Fax: (270) 852-2941</td>
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<td>Kentuckiana</td>
<td>Bullitt, Henry, Jefferson, Oldham, Shelby</td>
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<tr>
<td>3717 Whittington Parkway, Suite 020</td>
<td>Spencer, Trimble</td>
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<td>Louisville, KY 40222</td>
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<td>Phone: (502) 429-1249</td>
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<td>Fax: (502) 429-4489</td>
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<td>Kentucky River District Point of Entry</td>
<td>Breathitt, Knott, Lee, Leslie, Letcher,</td>
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<td>115 Rockwood Lane</td>
<td>Owsley, Perry, Wolfe</td>
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<td>Hazard, KY 41701</td>
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<td>Phone: (606) 439-1325</td>
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<td>Toll free: (800) 328-1767</td>
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<td>Fax: (606) 436-0577</td>
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Lake Cumberland District Point of Entry  
259 Parkers Mill Rd.  
Somerset, KY 42503  
Phone: (606) 679-6251  
Toll free: (800) 378-2821  
Fax: (606) 679-4156

Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne

Lincoln Trail District Point of Entry  
108 New Glendale Road, P.O. Box 2609  
Elizabethtown, KY 42701  
Phone: (270) 737-5921  
Toll free: (800) 678-1879  
Fax: (270) 982-0829

Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, Washington

Northern Kentucky District  
Point of Entry  
718 Cumberland Street  
Newport, KY 41071  
Phone: (859) 655-1195  
Toll free: (888) 300-8866  
Fax: (859) 655-1194

Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton

Pennyrile District Point of Entry  
735 North Drive  
Hopkinsville, KY 42240  
Phone: (270) 886-5186  
Toll free: (800) 609-0047  
Fax: (270) 886-0393

Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, Trigg

Purchase District Point of Entry  
425 Broadway, Suite 204  
Paducah, KY 42001  
Phone: (270) 442-6223  
Toll free: (800) 648-6599  
Fax: (270) 442-3326

Ballard, Carlisle, Calloway, Fulton, Graves, Hickman, Livingston, Marshall, McCracken

HEALTH ACCESS NURTURING DEVELOPMENT SERVICES (HANDS)  
275 East Main Street  
Frankfort, KY 40621  
Phone: (502) 564-3756  
Website: [http://chfs.ky.gov/dph/mch/ecd/hands.htm](http://chfs.ky.gov/dph/mch/ecd/hands.htm)

Eligibility Requirements: First-time moms and/or dads residing in Kentucky

The Health Access Nurturing Development Services (HANDS) program is a voluntary home visitation program for new and expectant parents. Families begin by meeting with a HANDS Parent Visitor who will discuss any questions or concerns about pregnancy or a baby’s first year. Based on the discussion, all families will receive information and learn about resources available in the community for new parents. Some families will receive further support through home visitation. Services can begin during pregnancy or anytime before a child is three months old. For more information, contact the local health department.
FRYSCs’ mission is to enhance students’ abilities to succeed in school by developing and sustaining partnerships that promote: early learning and successful transition into school; academic achievement and well being; and graduation and transition into adult life. The primary goal of these centers is to remove nonacademic barriers to learning as a means to enhance student academic success. Each center offers a unique blend of programs and services determined by the needs of the population being served, available resources, location and other local characteristics. FRYSCs have established a record of success based on improved student performance in class work, homework and peer relations as reported by teachers. Parents, too, report they experience greater satisfaction and involvement with the schools as a result of assistance through their local FRYSCs.

Kentucky is divided into eleven FRYSC regions with Regional Program Managers:

**Region 1**
Regional Manager
2148 Barnsley Lp.
Madisonville, KY 42431
Phone/Fax: (270) 339-2192
Ballard, Caldwell, Calloway, Carlisle, Christian, Crittenden, Fulton, Graves, Hickman, Hopkins, Livingston, Lyon, Marshall, McCracken, Muhlenberg, Todd, Trigg

**Region 2**
Regional Manager
P.O. Box 549
Morganfield, KY 42437
Phone: (270) 285-2553
Butler, Daviess, Hancock, Henderson, Logan, McLean, Ohio, Simpson, Union, Warren, Webster

**Region 3**
Division of Family Resource and Youth Service Center
908 West Broadway, 10 East
Louisville, KY 40203
Phone: (502) 271-7720
Jefferson

**Region 4**
Regional Manager
125 Austin Drive
Crittenden, KY 41030
Phone: (859) 227-8206
Boone, Campbell, Carroll, Gallatin, Henry, Kenton, Oldham, Owen, Shelby, Trimble, Grant, Henry, Penleton

**Region 5**
Regional Manager
101 East Darlywood Drive
Frankfort, KY 40601
Phone: (859) 230-2104
Anderson, Bourbon, Clark, Franklin, Grant, Harrison, Jessamine, Madison, Mercer, Nicholas, Pendleton, Scott, Woodford

**Region 6**
Regional Manager
P.O. Box 478
Richmond, KY 40476
Phone: (859) 200-7777
Boyle, Bullitt, Casey, Clinton, Cumberland, Garrard, Lincoln, Marion, McCreary, Nelson, Pulaski, Russell, Spencer, Taylor, Washington, Wayne
Region 7
Regional Manager
1750 Eagle Drive
Morehead, KY 40351
Phone: (606) 207-4287
Bath, Boyd, Bracken, Carter, Elliott, Fleming, Greenup,
Johnson, Lawrence, Lewis, Martin, Mason, Menifee,
Montgomery, Morgan, Robertson, Rowan

Region 8
Regional Manager
821 Belch Ford Road
Jackson, KY 41339
Phone: (606) 272-7031
Estill, Breathitt, Knott, Lee, Leslie, Letcher, Magoffin,
Owsley, Perry, Powell, Wolfe

Region 9
Regional Manager
P.O. Box 581
Barbourville, KY 40906
Phone: (606) 546-4767;
Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle,
Whitley

Region 10
Regional Manager
275 East Main Street, 3C-G
Frankfort, KY 40601
Phone: (502) 564-5082, ext. 4329
Fayette, Floyd, Pike

Region 11
Regional Manager
615 Clifford Drive
Elizabethtown, KY 42701
Phone: (270) 505-6533
Adair, Allen, Barren, Breckinridge, Edmonson,
Grayson, Green, Hardin, Hart, Larue, Meade, Metcalfe,
Monroe

KENTUCKY PARTNERSHIP FOR EARLY CHILDHOOD SERVICES
Human Development Institute (HDI) at University of Kentucky
126 Mineral Industries Building
Lexington, KY 40506-0051
Toll free: (800) 956-8950
Fax: (859) 323-4757
Website: http://www.kentuckypartnership.org/kectp

The mission of the HDI Kentucky Partnership for Early Childhood Services is to engage in collaborative
research and professional development to influence policy and practice in order to enhance high quality
services for children and families.

The Kentucky Early Childhood Transition Project (KECTP) is dedicated to serving the children and
families in Kentucky with special needs who are getting ready to or are already transitioning between Part
C and Part B services.

Transition refers to moving from one program to another. When any child, but especially children with
special needs, transition it is important that the appropriate services and supports are there to ensure a safe
and successful transition. Part C refers to Kentucky’s early intervention system,

First Steps, the lead agency to serve children Birth to 3; Part B refers to Kentucky’s state-funded preschool
program, special education and related services, the lead agency starting at the 3rd birthday.

To browse KECTP’s resources go to:
http://www.kentuckypartnership.org/General/About/kectp/kectpresources/allrcs.aspx
Eligibility Requirements: Children under the age of 18 who meet the following criteria:

- Must have a diagnosis of a psychiatric disorder. Diagnosis of chemical dependency, intellectual disability or other brain disorder may be present, but cannot be the primary diagnosis.
- Must be severely limited in at least two of the following areas:
  - **Self-care:** Providing for and protecting oneself in an age-appropriate manner.
  - **Interpersonal relationships:** Building and keeping good relationships with adults and children.
  - **Family life:** Living in a non-abusive or non-negligent family environment.
  - **Self-direction:** Using age-appropriate self-control and judgment.
  - **Education:** Learning social and intellectual skills from teachers and other adults and remaining involved at school.
- **Risk:** Must have been disabled for at least one year or judged by a qualified mental health professional to be at high risk to continue the disabilities for one year or more without intervention.
- **Service coordination:** Must require service coordination and service planning from two or more agencies at the same time.
- Because far more children have severe emotional disabilities than IMPACT can serve, the following children receive priority:
  1. Children who are currently living outside their homes.
  2. Children with a history of placements in a hospital or treatment facility.

A parent or any professional involved with the child or family can request help from IMPACT. Forms are available from your local IMPACT office.

IMPACT coordinates services between Kentucky’s child serving systems: Social Services, Family Resources, Juvenile Justice, Medicaid and a parent representative. Since no two children are alike, the services coordinated by IMPACT are different for each child. Services also differ from community to community, depending on the resources available in each area.

In addition to the services offered by IMPACT’s partner agencies, services coordinated by regional IMPACT teams may include the following:

- **School Support:** Providing individual and group therapy in the school, while at the same time helping teachers, counselors and peers understand children with emotional disabilities.
- **In-Home Services:** Helping families develop skills in their home to cope with everyday life.
- **Respite:** Giving families a few hours to meet some of their personal needs while their child is being cared for by a trained professional.
- **Therapeutic Foster Care:** Meeting children’s therapeutic needs through trained foster parents.

**KENTUCKY AUTISM TRAINING CENTER (KATC)**

U of L Autism Center at Kosair Charities
1405 E. Burnett Ave.
Louisville KY 40217
Phone: (502) 852-4631
Toll free: (800) 334-8635 ext. 852-4631
Fax: (502) 852-7148
Email: kutc@louisville.edu
Website: www.KYAUTISM.com
The mission of the Kentucky Autism Training Center is to strengthen our state’s systems of support for persons affected by autism by bridging research to practice and by providing training and resources to families and professionals. KATC is committed to improving the quality of life for those affected by Autism Spectrum Disorders (ASD).

The Roles of KATC are:

- Inform the systems of support for education, early childhood, mental health, and employment
- Build regional capacity
- Facilitate networking
- Empower families to access resources
- Develop documents, videos, and other evidence-based information
- Develop evidence-based models and practices for families, teachers, and schools
- Collaborate with the Kentucky Department of Education to develop training and technical assistance for schools and school districts

**KENTUCKY COMMISSION ON DEAF AND HARD OF HEARING (KCDHH)**

632 Versailles Road  
Frankfort, KY 40601  
Phone: (502) 573-2604 Voice/TTY  
Toll free: (800) 372-2907 Voice/TTY  
Videophone: (502) 416-0607  
Videophone IP: 162.114.52.90  
Fax: (502) 573-3594  
Information Services: kcdhh@kcdhh.ky.gov  
Access Services: kcdhh.access@ky.gov  
Website: http://www.kcdhh.ky.gov/

The KCDHH mission statement is to provide effective and efficient leadership, education, advocacy and services to eliminate barriers and to meet the social, economic, educational, cultural and intellectual needs of deaf and hard of hearing Kentuckians.

The Commission provides legislative advocacy on behalf of people who are deaf or hard of hearing. It also offers information and referral, advocacy and interpreter referral services. It also produces publications, maintains a resource library and manages a telecommunications access program for eligible Kentuckians.

**KENTUCKY CHILDREN’S HOSPITAL – UK HEALTH CARE**

Dept. of Pediatrics  
800 Rose Street  
Lexington, KY  40536  
Phone: (859) 323-5000  
Toll free: (800) 333-8874  
Website: ukhealthcare.uky.edu/kch/services

*Developmental and Behavioral Pediatrics Clinic Location:*

Second Floor, Wing D  
740 South Limestone Street  
University of Kentucky  
Lexington, KY  40536  
Patient Appointments – Tuesday, Thursday & Friday – 8:00 a.m. until 4:30 p.m.  
Information or Appointments Phone: (859) 323-6211  
Toll free: (800) 333-8874  
Fax: (859) 257-7706  
Web location: ukhealthcare.uky.edu

In addition to an extensive range of pediatric service areas, Kentucky Children’s Hospital offers Developmental and Behavioral Pediatrics. Growing up is one of the hardest jobs we will ever have. And it is even harder if your brain isn’t developing at the same speed as your friends and classmates – or, if your brain just works a little differently.
If you or your doctor suspects your child has a behavioral or developmental problem, the hospital has a team of child psychiatrists, psychologists and nurse practitioners who can be brought in to diagnose and treat the problem with state of the art techniques and testing. The team conducts a weekly clinic to assess children with delays in cognitive, motor and language development. Every child is thoroughly evaluated before a comprehensive treatment plan is developed. Treatment can involve medication, psychotherapy, family therapy and/or direction for educational treatments within the child’s school. Some of the behavioral and psychological problems treated are: Neurodevelopmental disorders, Autistic spectrum disorders, Behavioral and school difficulties, Enuresis and encopresis, Attention Deficit/Hyperactivity Disorder (ADHD), Feeding disorders, Learning disabilities, Tourette syndrome, Obsessive-compulsive disorder, Emotional problems associated with a medical condition.

KOSAIR CHILDREN’S HOSPITAL – NORTON HEALTH CARE
231 East Chestnut Street
Louisville, KY  40202
Main Phone: (502) 629-6000
Website: www.kosairchildrens.com

KOSAIR CHILDREN’S HOSPITAL – BROWNSBORO
4910 Chamberlain Lane
Louisville, KY  40241
Main Phone: (502) 446-5000

Services and programs cover nearly every aspect of care and treatment for children – all in a child friendly, family centered atmosphere. Services and programs offered are: Pediatric Care, Pediatric Diagnostics, Pediatric Facilities & Clinics, Online Pediatric Health Information, Children’s Hospital Foundation, Kosair Children’s Medical Center – Brownsboro –

The web site offers an online directory of Health Care Questions and Answers: kidshealth.org/parent/system

SHRINERS HOSPITALS FOR CHILDREN – LEXINGTON
1900 Richmond Road
Lexington, KY  40502
Phone: (859) 266-2101
Toll free: (800) 668-4634
Fax: (859) 268-5636
Website: http://www.shrinershospitalsforchildren.org/en//Locations/Lexington.aspx

Eligibility: Children up to age 18 are eligible for care at Shriners Hospitals for Children if, in the opinion of their physicians, there is a reasonable possibility they can benefit from the specialized services available. Acceptance is based solely on a child’s medical needs. A family’s income or insurance status is not criterion for acceptance as a patient.

If you would like one of the physicians at the Lexington Shriners Hospital for Children to evaluate your child for an orthopedic condition, please use the direct referral line at (800) 444-8314 from 8:00 a.m. to 4:30 p.m. Monday through Friday. For your convenience, voice mail is available during other hours.

The Lexington hospital is equipped and staffed to provide care for virtually all pediatric, orthopedic problems, except acute trauma. Included are: Cerebral Palsy, Clubfoot and other foot disorders, Hand and Upper Extremity disorders, Hip disorders, Leg length discrepancies, Limb Deficiencies and amputations, Metabolic bone disease, Osteogenesis Imperfecta (OI), Scoliosis and other spinal deformities, Juvenile Rheumatoid Arthritis (JRA) and other rheumatic disorders, Walking disorders, Orthopedic conditions associated with: Neuromuscular disorders, Spina Bifida/Myelodysplasia and Congenital and Developmental Disorders. The hospital does not provide acute care for injuries, those children who have experienced orthopedic trauma and need help dealing with long-term results of such injuries are treated.
STAR is an intervention program specifically for children with autism spectrum disorders (ASDs) and their families. A program within the Weisskopf Child Evaluation Center, a division of the University of Louisville, School of Medicine, Department of Pediatrics.

The primary goals of STAR are to: empower families by sharing knowledge and enhancing skills; provide a range of clinical services based on best practices; conduct individualized treatment evaluations using a collaborative approach to intervention planning called COMPASS; and to conduct research.

The philosophy is: success results from collaborative planning and implementation of individualized therapeutic plans that meet the specific needs of individuals with autism and related disorders. This approach emphasizes engagement and learning that can be carried over to home, community, educational or other settings.

WEISSKOPF CHILD EVALUATION CENTER (WCEC)
571 South Floyd Street, Suite 432
Louisville, KY 40202
Phone: (502) 852-5331
Website: http://www.louisville.edu/medschool/pediatrics/clinical/wcec

The Weisskopf Child Evaluation Center (WCEC) in the Department of Pediatrics at the University of Louisville is a unique tertiary center that provides center-based and outreach diagnostic evaluations and treatment to infants and children with, or at risk for, developmental disabilities, congenital anomalies, genetic disorders, autism, organic behavior disorders (ADHD) and learning disabilities as well as genetic counseling to adults.

State of the art treatment programs serve children and adolescents with autism and infants and children with feeding disorders. Comprehensive care of children with inborn errors of metabolism is provided through medical and dietary management and enzyme infusion.

WCEC staff actively participates in the training of professionals involved in the care of these individuals and is involved in clinical research in both developmental/behavioral pediatrics and genetics. It maintains national, state and local prominence through its many unique programs.

EDUCATION

“My son, Darrell, was the first student with multiple disabilities who ever attended our local high school. He was fully included in all his classes. He was much happier than when he spent part of his day in a self-contained classroom. Everyone noticed the change. Even administrators who did not initially agree with his attending the high school and being fully included with nondisabled peers commented on how successful he was in his new environment. Darrell thrived on the interactions with his peers. He made life-long friends. He continues to be a part of his local community, where he is known by many.”

Denise Keene, Sadieville

All children living in the United States, who have disabilities, age three to twenty-one, have the right to a free, appropriate, public education (FAPE). Some children with disabilities will qualify for special education services provided under several different laws – Individuals with Disabilities Education (Improvement) Act (IDEA), Section 504 of the Rehabilitation Act and/or the Americans with Disabilities Act (ADA).
IDEA FOR KIDS

“Congress finds the following: Disability is a natural part of the human experience and in no way diminishes the right of the individuals to participate in or contribute to society.” IDEA

With the passage of IDEA, Congress made its intent clear…”Improving educational results for children with disabilities is an essential element of our national policy of ensuring:

- Equality of opportunity
- Full participation
- Independent living
- Economic self-sufficiency”

“…..and to ensure that such children benefit from such efforts and that special education can become a service for such children rather than a place where such children are sent……”

Right – legal right. Special education laws are civil rights laws. There have been many efforts to open public education to children with disabilities. Landmark decisions: Section 504 of the Rehabilitation Act of 1973, the Pennsylvania Assn. for Retarded Children Vs the Commonwealth of Pennsylvania, in 1971 for discrimination in not educating children with disabilities and the Americans with Disabilities Act in 1990 are just a few.

What does Free Appropriate Public Education – FAPE mean? Taking it word by word:

Free – at no cost (still pay the same fees typical children pay when attending school)

Appropriate – “Like many statutory definitions, this one tends toward the cryptic rather than the comprehensive.” Supreme Court in Hedrick Hudson Central School District vs. Amy Rowley

FAPE emphasizes: specifically designed instruction and related services designed to meet the child’s unique needs & prepare him/her for further education, employment and independent living.

The Admissions & Release Committee (ARC) often referred to as the IEP team has the job of developing F Appropriate P E. – FAPE

Members of the ARC include: parents (or person legally responsible for making educational decisions) regular education teacher, special education teacher, supervise the provision of specially designed instruction, knows the general curriculum and resources of the district and others who may be therapists, consultants, etc. ARC members are “equal” in the decision making process. “Separation” occurs if the parent and school disagree.

Public – At public expense, under public supervision & direction, meets standards of State Educational agency, has appropriate elementary, secondary school education and conforms to the Individual Education Program (IEP).

Education – Having high expectations, ensuring access to general education in the regular classroom to the maximum extent possible, strengthen role & responsibilities of parents, coordinate with improvements in education, provide appropriate special education & related services, aids and supports in regular classroom whenever appropriate, support high quality professional development and the development and use of technology.

Under IDEA: The child, age 3 through 8, may be found eligible if s/he experiences developmental delays in one or more areas of physical, cognitive, communication, social or emotional, adaptive development. By age nine, the child must be determined eligible for one of the thirteen categories of disabilities named in
IDEA. They are: autism, specific learning disability, speech or language impairments, emotional disturbance, traumatic brain injury, visual impairment, hearing impairment, deafness, intellectual disability, deaf-blindness, multiple disabilities, orthopedic impairment and other health impairments which meet specific criteria developed by each state.

AND
The ARC determines eligibility and then identifies or confirms the “adverse effect” defined as “Progress of the child is impeded by the disability to the extent that the educational performance is significantly & consistently below the level of similar age peers”

Following a prescribed process, the ARC develops an Individual Education Program (IEP).

Simply stated, “Ideally, the IEP is a system for spelling out where the child is, where he should be going, how he will get there, how long it will take, and how to tell when he has arrived.” Bierly, 1978

Under 504: There is an existence of an identified physical or mental condition which substantially limits major life activities which include: walking, seeing, hearing, speaking, breathing, learning, working and caring for oneself. Under 504, “appropriate” means an education comparable to the education provided to those students who are not disabled. It is generally provided in the regular classroom.

Both emphasize “least restrictive environment” meaning children with disabilities are to be educated to the maximum extent with children who do not have disabilities.

KENTUCKY DEPARTMENT OF EDUCATION (KDE)
OFFICE OF NEXT-GENERATION LEARNERS
Division of Learning Services
500 Mero Street, 18th Floor CPT
Frankfort, KY 40601
(502) 564-4970
Fax (502) 564-6721

The Kentucky Department of Education’s primary function is to provide services and assistance to the state’s 173 school districts. Items related to the day-to-day operations of schools and districts, including but not limited to facilities, finance, transportation, technology and education of all Kentucky children.

Kentucky School for the Deaf (KSD)
S. 2nd Street
Danville, KY 40422
Phone: (859) 936-6670
Website: www.ksd.k12.ky.us
K-12 program that provides a variety of educational programming, specialized materials and resources to Kentucky students who are deaf or otherwise hearing impaired.

Kentucky School for the Blind (KSD)
1867 Frankfort Ave
Louisville, KY 40206
Phone: (522) 897-1583
Website: www.ksb.k12.ky.us
K-12 program that provides a variety of educational programming, specialized materials and resources to Kentucky students who are blind or otherwise visually impaired.
The Early Childhood Regional Training Centers provide a range of services for the early childhood community including regional trainings/workshops, on site consultations, lending library of materials, annual statewide and regional collaborative institutes. Contact locations follow:

**Anderson County RTC**
210 Saffell Street
Lawrenceburg, KY 40342
Phone: (502) 839-2513
Fax: (502) 839-2516

**Ashland RTC**
1820 Hickman St.
Ashland, KY 41101
Phone: (606) 327-2706
Fax: (606) 327-2796

**Berea RTC**
116 Jane Street, P.O. Box 159
Berea, KY 40403
Phone: (859) 986-1929
Toll free: (800) 343-2959
Fax: (859) 986-9532

**Calloway County RTC**
P.O. Box 1018
Murray, KY 42071
Phone: (270) 809-5316 or (270) 809-5317
Fax: (270) 762-3084

**Simpson County RTC**
211 South Main St. Ste. 1 B
Franklin, KY 42134
Phone: (270) 586-2008
Fax: (270) 586-2809

**For More Information, Contact:**
500 Mero Street, 17th Floor CPT
Frankfort, KY 40601
Phone: (859) 381-4229
Email: bill.buchanan@education.ky.gov

**Kentucky School for the Blind Parent Resource Center**
1867 Frankfort Avenue
Louisville, KY 40206
Phone: (502) 897-1583

**Kentucky School for the Deaf Parent Resource Center**
P.O. Box 27, South Second Street
Danville, KY 40423
Phone: (859) 936-6744

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**KENTUCKY DEPARTMENT OF EDUCATION PARENT RESOURCE CENTERS (PRCs)**

Throughout Kentucky, some local school districts provide information and support to parents of “exceptional children” through locally funded and staffed Parent Resource Centers (PRCs). Contact your local Parent Resource Center for additional information on a wide range of special education related topics and support.

**Berea Regional Technology Center & Parent Resource Center**
116 Jane Street P.O.Box 159
Berea, KY 40403
Phone: (859) 986-1929
Toll free: (800) 243-2959

**Fayette County Special Education Parent Resource Center**
Room 302 Annex Building
701 East Main Street
Lexington, KY 40502
Phone: (859) 381-4229

**Franklin County Parent Resource Center**
Early Learning Village
127 West Broadway
Frankfort, KY 40601
Phone: (502) 352-2425

**Hopkins County Parent Resource Center**
300 Copperleaf Blvd.
Madisonville, KY 42431
Phone: (270) 825-1981

**Jefferson County Parent Resource Center**
P.O. Box 34020
Van Hoose Education Center 4th
Louisville, KY 40232-4020
Phone: (502) 485-3807

**Jessamine County Parent Resource Center**
2101 Wilmore Road
Nicholasville, KY 40356
Phone: (859) 887-2421, Ext. 3728

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49
TRANSITION STARTING AT AGE FOURTEEN AND WRITTEN IN THE INDIVIDUAL EDUCATION PROGRAM (IEP) BY AGE SIXTEEN

“We want our son to have the opportunity to try different jobs so he and we have confidence that he will enjoy his vocation. The ideal would be to use these last few years of school to build his future – putting in place all of the pieces, so he has a life with full participation in the community, doing things that he has chosen – built around his likes and strengths.”

Gail Lowe, Louisville

What does IDEA say?
U.S. Department of Education – Office of Special Education and Rehabilitation Services (OSEP)

http://idea.ed.gov/explore/view/p/%2Cr0ot%2Cdynamic%2CTopicalBrief%2C17%2C

The purposes of IDEA include ensuring that all children with disabilities have available to them a free appropriate public education (FAPE) that emphasizes special education and related services designed to meet their unique needs and prepare them for further education, employment and independent living.

[34 CFR 300.1(a)] [20 U.S.C. 1400(d) (1) (A)]

The term “transition services” means a coordinated set of activities for a child with a disability that:

- Are designed to be within a results-oriented process focused on improving the academic and functional achievement of the child with a disability to facilitate the child’s movement from school to postsecondary education, vocational education, integrated employment (including supported employment); continuing and adult education, adult services, independent living or community participation.

- Are based on the individual child’s needs, taking into account the child’s strengths, preferences and interests: and

- Includes instruction, related services, community experiences, the development of employment and other post-school adult living objectives, and, if appropriate, acquisition of daily living skills and functional vocational evaluation.
Throughout Kentucky there are Education Cooperatives to assist with Transition planning. Originally, Education Cooperatives were formed by district superintendents to cooperate in their efforts to provide special education services to children in their districts. Today, they have increased their cooperative efforts to provide assistance and expertise for the benefit of their member school districts. The Kentucky Special Education Cooperative Network consists of nine (9) Special Education Cooperatives. All 176 local school districts, and the Kentucky Schools for the Blind and Deaf are members. Contact the Transition Consultant. Special Education Cooperatives are listed below:

**KY Educational Development Corporation**
904 West Road, Ashland, KY 41102
Phone: (606) 929-2209
Fax: (606) 929-2109
*Counties: Bath, Boyd, Bracken, Carter, Elliott, Fleming, Greenup, Johnson, Lawrence, Lewis, Martin, Mason, Menifee, Morgan, Robertson, Rowan*

**Central Kentucky Special Education Cooperative**
2331 Fortune Dr. Ste. 110
Lexington, KY 40509
Phone: (859) 402-8610
Fax: (888) 842-0714
*Counties: Anderson, Bourbon, Boyle, Clark, Fayette, City of Frankfort, Harrison, Jessamine, Marion, Mercer, Montgomery, Nelson, Nicholas, Powell, Scott, Washington, Woodford*

**Green River Regional Education Cooperative**
230 Technology Way
Bowling Green, KY 42101
Phone: (270) 563-2113
Fax: (270) 563-2208
*Counties: Adair, Allen, Barren, Breckinridge, Butler, Clinton, Cumberland, Daviess, Edmonson, Grayson, Green, Hancock, Hardin, Hart, Larue, Logan, McLean, Meade, Metcalf, Monroe, Ohio, Russell, Simpson, Taylor, Todd, Warren*

**Jefferson County Exceptional Child Education Services**
P.O. Box 34020
Louisville, KY 40232-4020
Phone: (502) 485-8500
Fax: (502) 485-3776
*Counties: Jefferson*

**Kentucky Valley Educational Cooperative**
Hazard Community College, Ste. 107
One Community College Dr.
Hazard, KY 41701
Phone: (606) 439-1119
Fax: (606) 439-1322
*Counties: Breathitt, Floyd, Knott, Lee, Leslie, Letcher, Magoffin, Owsley, Perry, Pike, Wolfe*

**Northern Kentucky Cooperative for Educational Services**
5516 East Alexandria Pike
Cold Springs, KY 41076
Phone: (859) 442-8600
Fax: (859) 442-7015
*Counties: Boone, Campbell, Kenton, Pendleton and Williamstown*
The mission of the Kentucky Transition Collaborative is to assist students with disabilities and their families in making a successful transition from school to adult life. To accomplish this goal, there must be an increase in the number of students: receiving transition services, participating in the transition planning process, completing vocational education programs, entering community colleges and universities, attaining paid employment upon exiting school, maintaining their employment status, participating in and completing school to work programs.

To work toward these outcomes, the Collaborative; provides training and technical assistance to schools and adult services agencies; establishes and supports regional demonstration projects to improve transition services on a local level; establishes and facilitates continuation of community, regional and state level transition teams; develops and maintains a statewide transition database, develops and disseminates information and materials on transition and transition planning.

The Kentucky Transition Collaborative is an interagency collaborative effort among 21 different state agencies. Fiscal support for the Collaborative comes from the Kentucky Department of Education, Division of Exceptional Children.

Their web site contains many useful directories, pamphlets, etc. that can be downloaded for assistance in transition planning.
FOR MORE EDUCATION INFORMATION, see the LEGAL/ADVOCACY Section. Find out more:
The Kentucky Department of Education, Exceptional Children Services Website:

Kentucky Administrative Regulations for Special Education Services under IDEA.
Website: http://www.lrc.state.ky.us/kar/title707.htm

U. S. Department of Education – Office for Special Education and Programs (OSEP) Website:
http://idea.ed.gov/explore/home

The Wrightslaw site is probably the most recognized legal/advocacy web site for parents of children with disabilities. Website: http://www.wrightslaw.com/

The National Assn. of Special Education Teachers (NASET). Some sites cannot be visited unless you are a member. It gives an overview of landmark legislation related to special education.
Website: http://www.naset.org/specialedlaw01.0.html
SECTION 4:

EDUCATION AFTER HIGH SCHOOL/ HABILITATION/ VOCATIONAL PROGRAMS
EDUCATION AFTER HIGH SCHOOL/ HABILITATION/ VOCATIONAL PROGRAMS

“God helps those who help themselves. But the system helps those who know the system!”
The name of the person who said this first is unknown; those who say it now are legion in number.

When students leave school, they may enter the work world or choose to continue their education. Some may marry and work at home. The typical graduate is not guaranteed a job. The same is true for the person leaving special education. The laws that mandate education for the individual with a disability no longer apply. There is no “legal right” to employment, continued education or habilitation. At its most basic level, The Americans with Disabilities Act (ADA) gives people the “right” to opportunity with reasonable accommodation.

There are agencies located within the community, which assist people with disabilities in obtaining employment, education or habilitation. Keep in mind; many of these agencies have long waiting lists.

With Supported Employment or Job Coach Programs, the agency obtains a potential job, places the person on the job and provides training until the new employee can successfully perform the job independently. Follow-up may be provided and varies with each agency. Be sure to ask about follow-up!

Typically, because of funding sources, there is no fee for daily programming; however, some agencies do charge fees for specific services and some accept private pay. It is wise to check with each agency and discuss their criteria for entrance and fee scales, if any, program goals and activities as well as any other information you may need.

There are several different kinds of adult day programs. Programs are designed to serve people who have different levels of skill and independence. The following is a broad description of the different types of adult employment-habilitation programs. There are differences in how each agency provides these services.

The purpose of Adult Day Care or Adult Health Care is to continue training in basic skills, i.e., grooming, hygiene, communication, socialization, and community instruction. It does not have a focus of work. People served are adults who require more intensive training and greater supervision in these skill areas.

Adult Day Training (formerly Work Activity or Sheltered Employment) is to provide training in work habits and skills. Work is subcontracted from industries. Job crews may be formed to go to the industrial site to perform the work. There may also be continued instruction in functional academics and community life skills.

POST-SECONDARY EDUCATION

The Americans with Disabilities Act (ADA) protects people with disabilities from discrimination by colleges and universities that are state funded (examples – state universities, community colleges and vocational schools). Section 504 of the Rehabilitation Act protects college students with disabilities attending any school that receives federal funds. Contact the Services Coordinator at the College/University who works with students with disabilities to discuss the accommodations and modifications you may require. Vocational Rehabilitation can be very helpful in helping make that connection.

Section 504 of the Rehabilitation Act and the Americans with Disabilities Act (ADA) define disability as: a condition that substantially limits a major life activity (such as walking, talking, learning, hearing, and/or seeing) and is covered under the 504/ADA and makes a student eligible for services.
In order to be protected under Section 504 and ADA the students with disabilities must make the disability known to the Disabled Student Support Services and provide current and comprehensive documentation concerning the nature and extent of the disability. Students with disabilities may make known their disability and seek verification for it at any point in their academic career. Once the disability is verified, Disabled Student Support Services will work with the instructor and the student to determine reasonable accommodations. Accommodations necessary for ensuring complete access and full participation in the education process do not require the instructor to adjust evaluations of academic performance nor absolve the student from personal responsibility for class attendance, assignments and all other course material.

Some examples of accommodations are: texts in alternative format, American Sign Language (ASL) interpretation, assistive listening devices, note takers, tape recording lectures, extended time on written evaluations, written evaluations in a distraction-reduced area, voice-activated software, screen-reading software, ergonomic furniture, preferential seating and relaxation of class attendance policy for medical conditions. *Note – college students do not have an Individual Education Program (IEP).*

Visit the Office for Civil Rights Website: [http://www2.ed.gov/about/offices/list/ocr/index.html](http://www2.ed.gov/about/offices/list/ocr/index.html)
The website has information about disability rights and how to file a complaint.

**SOMETHING NEW! But not yet available across the state or in large numbers!**

**COLLEGES AND UNIVERSITIES**

**Kentucky Community and Technical College System**
**Disabilities Services:**[www.kctcs.edu/students/disability services.aspx](http://www.kctcs.edu/students/disability services.aspx)

*Eligibility Requirements:* Students seeking higher education because the student can earn more money than those with a high school education. Completion of their high school experience and want to be involved in the college experience and further education.

*Services:* There are some differences in services in higher education from high school.

**Eastern Kentucky University**
General info: (859) 622-1000
Disability Services: (859) 622-2933
[www.eku.edu](http://www.eku.edu)

**Kentucky State University**
General info: (502) 897-6000
Disability Services: (502) 597-6277
[www.ksu.edu](http://www.ksu.edu)

**Morehead State University**
General info: (606) 783-2221
Disability Services: (606) 783-5188
[www.moreheadstate.edu](http://www.moreheadstate.edu)

**Murray State University**
General info: (270) 809-3018
Services: (270) 809-2018
[www.murraystate.edu](http://www.murraystate.edu)

**University of Kentucky**
General Info: (859) 257-9000
Disability Services: (859)257-2754
[www.uky.edu](http://www.uky.edu)

**University of Louisville**
General info: (502) 852-5555
Disability Service: (502) 852-6938
[www.louisville.edu](http://www.louisville.edu)

**Western Kentucky University**
General info: (270)745-0111
Disability Services: (270)745-5000
[www.wku.edu](http://www.wku.edu)

**Northern Kentucky University**
General info: (859) 572-5100
Disability Services: (859) 572-6373
[www.nku.edu](http://www.nku.edu)
Eligibility Requirements: The partnership is available for students who: have an educational or employment goal requiring postsecondary education; are between ages of 18 and 26; have an intellectual and/or other developmental disability and have appropriate family support as needed.

Its mission is to promote participation in college/university life for people with intellectual and other developmental disabilities. Through partnering with families, educators and administrators, they support students to achieve their stated goals, and work for further recognition of their roles as valued citizens.

The Postsecondary Inclusion Partnership (PIP) is a model demonstration project aimed at including students with intellectual and other developmental disabilities in postsecondary education. In the first year, the Project will center on ten students attending or seeking to attend Bluegrass Community and Technical College (BCTC). It is funded by the Kentucky Council on Developmental Disabilities and administered by UK’s Human Development Institute.

In year two, it will expand to serve more students and to offer more choices in colleges and universities. Working with students, their families, professors and school administrators, PIP teams will create individualized plans to aid academic, extracurricular and social success.

**PIP is currently seeking long term funding.** Even though participation in the grant is very limited, you are encouraged to call, because they have lots of technical assistance for families/students who are interested in learning more about options at the postsecondary level. Read about the Higher Education Opportunities Act of 2008: [www2.ed.gov/policy/highered/leg/hea08/index.html](http://www2.ed.gov/policy/highered/leg/hea08/index.html)

FYI – It allows students with intellectual disabilities to be eligible for Pell Grants, Supplemental Educational Opportunity Grants, and Federal Work-Study Program; authorizes the development and expansion of high quality, inclusive model comprehensive transition and post-secondary programs and authorizes establishment of a coordinating center for technical assistance, evaluation, outreach and more!

PIP is based on the theory of Social Role Valorization (SRV), originally conceptualized as Normalization by Wolf Wolfensberger. The core philosophy of SRV is respect and inclusion for all through the attainment of valued social roles. These can include family member, church member, voter, employee, and student to name just a few. Learn more about SRV: [http://www.srvip.org/overview_SRV_Osburn.pdf](http://www.srvip.org/overview_SRV_Osburn.pdf)

The Postsecondary Inclusion Partnership is committed to SRV principles in assisting persons with intellectual and other cognitive disabilities in the pursuit of postsecondary goals, including degree and non-degree seeking students. We believe that everyone has the right to a valued life, and that all of society benefits through the inclusion of historically devalued and marginalized persons.

Available Resources:

**Access to Postsecondary Education** – This resource booklet is a great planning guide for students and families, teachers, and school counselors. It answers many questions about requirements for admittance into higher education. Go to [http://www.shepky.org/](http://www.shepky.org/) Select resources, then select Access.

**Get a Life! Planning for the Transition from High School to Work Life** – good resource booklet built around the different options available to young adults as they move from high school to community life. Go to [http://www.shepky.org/](http://www.shepky.org/) Select Resources, then select Get a Life.
GENERAL EDUCATIONAL DEVELOPMENT (GED) OPPORTUNITIES
Tests of General Educational Development – the GED test is a national examination developed by the GED Testing Service of the American Council on Education.

KENTUCKY ADULT EDUCATION
Council of Postsecondary Education
1024 Capital Center Drive, Ste. 320
Frankfort, KY 40601
Phone: (502) 573-1555
Fax: (502) 573-1535
Website: http://www.cpe.ky.gov

Kentucky Adult Education funds adult education centers in all 120 counties to improve an individual’s ability to read, write and speak in English and function effectively in the workplace, family and society. Services are provided locally by school systems, community and technical colleges, community-based

If you didn’t finish high school, there are free classes – at adult education centers or online – to prepare you to take the GED test. Visit the web site for Centers located throughout Kentucky. If you are a high school graduate and need to improve your reading, math or communication skills, you may be eligible for free adult education services.

Services can include: Adult basic reading, GED and Test Preparation, Corrections Education, English as a Second language, Family Literacy, Kentucky Employability Certificate, Workplace Education/Assessment Service. All services are free.

KENTUCKY VIRTUAL CAMPUS (KYVC)
KYVC Help Desk
Phone: (877) 740-4357
Website: http://www.kyvc.org/

Kentucky Virtual Campus (KYVC) is a program of the Kentucky Council on Postsecondary Education (CPE), which coordinates change and improvement in Kentucky’s postsecondary education system as directed by the Kentucky Postsecondary Education Improvement Act of 1997.

The mission of the Kentucky Virtual Campus (KYVC) is to serve as “a statewide advocate for access to learning through technology, a convener of partners that use resources effectively, and a catalyst for innovation and excellence in eLearning”. Simply put, the KYVC strives to be a technology-based clearinghouse for quality online college credit, professional development, and supplemental studies. Online courses allow you to complete your assignments at a time and location convenient for you. While tests, reading assignments and homework may be still required by a specific date, this work can be done when it fits into your schedule, often without ever stepping foot inside a classroom.

Many question if online learning is a respectable way to earn credit or a degree. KYVC answer is: if an online program is accredited, as are all the programs offered through the KYVC, the degrees awarded should be respected and honored by employers, just like those awarded by the traditional on-campus programs. For answers to commonly asked questions go to: http://kyvc.org/commonquestions.shtm
Eligibility Requirements: Under federal law, if Kentucky does not have enough money to provide vocational rehabilitation services to all eligible persons, Office of Vocational Rehabilitation (OVR) must set priorities to serve those with the most significant disabilities. If you are found eligible for OVR services, your counselor assigns you a priority category based on the functional limitations that affect your ability to work. As of January 4, 2010 OVR is serving categories 1 and 2 only.

The office employs approximately 140 rehabilitation counselors in over 50 offices covering all 120 counties in Kentucky. See the online directory to contact the office nearest you or call the toll free phone number for more information. See Section 10 – Technology for information and contacts for the OVR Rehabilitation Technology Coordinator and the Driver Rehabilitation Technology Program in your area.

A counselor will determine your priority category based on how your ability to work is limited. Kentucky OVR considers seven major areas of functional limitations in determining your priority category. They are: communication, interpersonal skills, mobility, self-care, self direction, work skills, and work tolerance.

The Priority Categories are:

- **Category 1** – Eligible individuals who have the most significant disabilities.
- **Category 2** – Eligible individuals with significant disabilities who have limitations in three (3) major areas of functional limitations.
- **Category 3** – Eligible individuals with significant disabilities who have limitations in two (2) major areas of functional limitations.
- **Category 4** – Eligible individuals with significant disabilities who have limitations in one (1) major area of functional limitations.
- **Category 5** – Eligible individuals with nonsignificant disabilities. *(Ed. Note: Obviously, what one individual may consider “nonsignificant” and what another person may think is a “nonsignificant disability” greatly varies!)*

Receiving Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI) *does not mean an individual will automatically receive services.* However, people who receive SSI or SSDI and are interested in working in the competitive workforce will be considered at least a priority category 4 & may qualify for a higher priority based on the actual number of functional limitations the individual has.

Priority categories and functional limitations are reviewed annually. The listings are statewide; therefore, applying at several OVR offices will not change the priority or place on the waiting list.

If you do not agree with your priority category assessment, OVR may offer mediation services through an impartial party to resolve disputes between consumers and staff and are available at any stage of the rehabilitation process. You may also request a hearing. If you are dissatisfied with the provision or denial of services and you wish to pursue the appeals process, contact by letter, email or phone the Director of Program Services, 275 East Main Street, Mail Drop 2-EK, Frankfort, KY 40621 OR phone toll free: (800) 372-7172 or email: **WFD.Vocrehab@ky.gov**

You may also request assistance from the Client Assistance Program (CAP). The Governor of the Commonwealth of Kentucky has established the Client Assistance Program (CAP) with the purpose of assisting you in your relationship with the Office of Vocational Rehabilitation (OVR). CAP can help you to understand services available from OVR, advise you on other benefits available from State and Federal
agencies, help you to pursue appropriate remedies to ensure the protection of your rights, and help to resolve any dissatisfaction that you may have with OVR regarding the provision or denial of services.

To contact CAP, visit their website at http://kycap.ky.gov or write: Client Assistance Program, 275 East Main Street, Mail Drop 2-EK, Frankfort, KY 40621 or Phone: (800) 638-6283 or email: vanessa.denham@ky.gov

OVR provides services to individuals with physical or mental disabilities to enable them to enter or return to employment. Some examples of services are: assessment for determining eligibility and vocational rehabilitation needs, counseling and guidance, vocational and other training services, supported employment, personal assistance services, interpreter and note taking services, telecommunications, sensory, and other technological aids and devices, rehabilitation technology, job placement and job retention services and employment follow-up and post-employment services

The Division of Program Services also includes:

The Deaf and Hard of Hearing Branch: OVR has staff trained to understand about the different problems people with hearing loss may have. Rehabilitation Counselors for the Deaf (RCDs) have sign language skills and serve persons who are deaf and use this type of communication. Communication Specialists are trained about devices and ways to serve individuals who are hard of hearing or late deafened. RCDs and Communication Specialists are also skilled in serving people who have vision problems in addition to a hearing loss or deafness.

The Supported Employment Branch: The Kentucky Office of Vocational Rehabilitation has played a vital role in the establishment and implementation of supported employment services in the Commonwealth. Through partnerships with agencies, organizations and funding services for persons with severe disabilities, the Kentucky Office of Vocational Rehabilitation is able to assist many people who have a supported employment goal in achieving positive employment outcomes. Unfortunately, there is an URGENT need for additional funding for extended services for supported employment in Kentucky. For further information, please call:

Kentucky Office of Vocational Rehabilitation
Toll free in Kentucky: (800) 372-7172 or Phone: (502) 564-4440

The Rehabilitation Technology Branch: Assistive technology (AT) is any item, piece of equipment, or product system, whether acquired commercially, off the shelf, modified, or customized, that is used to increase, maintain, or improve the functional capabilities of individuals with disabilities. Individuals with disabilities use assistive technology to accommodate limitations due to their disabilities. At the Office of Vocational Rehabilitation, assistive technology is used to address barriers faced by individuals with disabilities in education, employment, independent living, mobility, and transportation.

A rehabilitation engineer or technologist is an expert in assistive technology. These individuals apply technology and engineering methodology to address the barriers confronted by individuals with a disability. Many times, a rehabilitation engineer or technologist will be able to suggest a piece of equipment that is commercially available to address the needs of individuals with disabilities. Other times, the rehabilitation engineer will modify a device to meet an individual’s needs or design and fabricate a custom device.

OVR has regional rehabilitation technology coordinators who can provide these services to you. The rehabilitation technology coordinators work with individuals with disabilities and their vocational rehabilitation counselors to determine what assistive technology devices and services can best meet their needs.

Job placement coordinator and 24 job placement specialists: The Job Placement Specialists provide employability skills training for consumers based on individual needs. They work one-on-one with consumers to develop professional resumes, provide mock interviews, and answer questions regarding job search. Many of our local offices are now providing these services through Resource Labs. The Labs are equipped with job search tools and technology, including access to the Employ Kentucky Operating System (EKOS).
A transition services coordinator: For many students with disabilities the success of transition from school to adult life depends on teamwork and collaboration between the schools and community resources. As one such resource, the Office of Vocational Rehabilitation (OVR) works closely with the KY Department of Education (KDE) to assist eligible students with disabilities to identify, plan for, and achieve their vocational goals. Typically, two years prior to the student with disabilities exiting high school, referrals should be made on any student, whose disability might prevent them from training for, getting or keeping a job. Once the referral is made, a qualified rehabilitation counselor will determine if the student is eligible for services. Prior to graduation, the eligible student can expect to receive a comprehensive assessment to determine vocational interests, capacities, and abilities, as well as guidance and counseling in determining an appropriate vocational goal and the services necessary to attain that goal. All services that are planned for and provided are individualized, determined jointly by the counselor and the student, and directly related to a specific vocational goal.

After graduation, services vary depending upon the student’s individual goals and needs, however, the focus remains on acquiring skills necessary to get a job, job development, job placement, and follow-up. The Community Based Work Transition Program (CBWTP) is a jointly funded program between OVR and a number of school districts in the state appropriate for the individual with significant disabilities who will not be going on to postsecondary training or the military. The student considered appropriate for this program will require the unique services of a job trainer in order to obtain and maintain employment. The goal of this program is for each student to be job placed in the most integrated setting prior to graduation, with necessary supports in place to maintain that employment.

A Social Security – Ticket to Work program: Most Social Security and Supplemental Security Income (SSI) disability beneficiaries will receive a “ticket” they may use to obtain vocational rehabilitation, employment or other support services from an approved provider of their choice. Using the “ticket to work” is voluntary. New and improved work incentives are available to assist you. For more information about Social Security’s work incentives, call Work Incentives Planning and Assistance:

- Central and Western Kentucky – Toll free: (888) 813-8497 or (888) 813-8652 TTY
- Eastern Kentucky – Toll free: (877) 266-2807 or (800) 648-6056 TTY
- Or call Social Security Administration’s toll-free number: (800) 772-1213

Contact your local Social Security office; or visit their special “Worksite” at www.ssa.gov/work.

Take your Ticket to the Kentucky Office of Vocational Rehabilitation or an Employment Network. The Employment Networks will be private organizations or public agencies, which have agreed to work with Social Security to provide services under this program. You may contact MAXIMUS, Inc. at 1-866-968-7842 (1-866-833-2967 TTY) for information about Employment Networks that serve the area where you live. If you use the Internet, you can find this information on SSA’s special “Worksite,” www.ssa.gov/work and on MAXIMUS, Inc.’s web site, www.yourtickettowork.com.

KY-OVR employment services to people receiving SSI/SSDI, start with the established working relationship with the Social Security Administration and understanding of the benefit issues that impact your ability to go to work. You have many other concerns when you consider going to work such as health care, childcare, and accessibility. They are knowledgeable about community resources and can assist with these concerns.

KY-OVR works with you regardless of whether you want to work full time or part time. They help you find work whether you want to supplement your check or eventually discontinue Social Security benefits entirely. Applicants are urged to take advantage of benefits counseling to increase the understanding of exactly what will happen to your monthly check and medical insurance when you go to work.

KY-OVR’s vocational rehabilitation counselors are educated professionals and will help you examine the labor market and choose a job that will maximize your strengths.

The Program Planning and Development branch develops and monitors the agency’s plans, develops new and innovative programs, acts as liaison to the Statewide Council for Vocational Rehabilitation (SCVR) and the Statewide Council for Independent Living (SILC), provides staff support for the Kentucky Assitive Technology Loan Corporation, administers the migrant and seasonal farm workers with Disabilities Employment Project (MDEP) and develops and maintains the website.
Eligibility Requirements: People with disabilities. If you are interested in Carl Perkins residential vocational services, contact your Kentucky OVR counselor and let them know. The counselor will determine your eligibility for services and then forward your case to our admissions staff. If you are accepted for services, you will receive a letter from the Admissions Office with a time to arrive at the Perkins Center. If required, transportation services to Carl Perkins can be arranged.

Vocational Rehabilitation is not an entitlement program. Eligibility for participation in the OVR program is based on a reasonable expectation the person can enter/reenter the workforce upon completion of services, which includes those provided through the Perkins Center. For persons declared eligible for OVR services who choose to come to the Perkins Center, there is no cost for lodging, food, in-house training/therapy services, and other basic services. Persons who come to the Perkins Center do not lose their Social Security/Medicare benefits or have them reduced.

The mission of the Carl D. Perkins Vocational Training Center is to provide services to individuals with disabilities so they may achieve suitable employment and independence. The Perkins Center operates several different types of programs that assist consumers achieve their vocational rehabilitation goals.

Some programs may be designed to help consumers learn specific job skills while others may be focused on helping consumers live more independently. Consumers, depending on their service needs and Individual Plan of Employment (IPE), will be enrolled in one or more programs during their stay at the Perkins Center. It is not uncommon for consumers to complete programs such as Vocational Evaluation and Work Adjustment before their enrollment in an occupational skill-training program. The programs vary in length of time needed to complete them. The Vocational Evaluation program lasts only a few days. Occupational skill training programs may last a few months to several months depending on the subject matter students will need to learn to work in a particular trade.

Check out the Questions & Answers on the Website:  http://cdpvtc.ky.gov/faq.htm

Regional OVR Locations

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<thead>
<tr>
<th>Paducah District #1</th>
<th>Ky Career Center</th>
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<tbody>
<tr>
<td><strong>One Stop Career Center</strong></td>
<td><strong>3415 US Highway</strong></td>
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<tr>
<td>416 South 6th Street</td>
<td>641 North Street</td>
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<tr>
<td>Paducah, KY 42003</td>
<td>Murray, KY 42071</td>
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<tr>
<td>Phone: (270) 575-7304</td>
<td>Fax: (270) 575-7017</td>
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<tr>
<td>Fax: (270) 809-5629</td>
<td>Phone: (270) 809-3371</td>
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<tr>
<td><em>(Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Lyon, Marshall, McCracken)</em></td>
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<tr>
<th>Hopkinsville</th>
<th>Madisonville District #2</th>
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<tbody>
<tr>
<td><strong>Hammond Plaza, Bldg. 109, Ste. 2</strong></td>
<td><strong>107 Thornberry Drive</strong></td>
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<tr>
<td>Ft. Campbell Blvd.</td>
<td>Madisonville, KY 42431</td>
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<tr>
<td>Hopkinsville, KY 42240</td>
<td>Phone: (270) 824-7549</td>
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<tr>
<td>Phone: (270) 889-6524</td>
<td>Fax: (270) 824-7597</td>
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<tr>
<td>Fax: (270) 889-6579</td>
<td>Toll Free: (888) 640-2713</td>
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<td>Toll Free: (888) 640-2410</td>
<td><em>(Caldwell, Christian, Crittenden, Hopkins, Muhlenberg, Todd, Trigg)</em></td>
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Owensboro District #3
1901 Southeastern Parkway
Owensboro, KY 42303
Phone: (270) 687-7308
Fax: (270) 687-7349
Toll free: (888) 640-2811
(Breckinridge, Daviess, Grayson, Hancock, Henderson, McLean, Ohio, Union, Webster)

Bowling Green #4
955 Fairview Avenue, Ste. 100
Bowling Green, KY 42101
Phone: (270) 746-7489
Fax: (270) 746-7423
Toll free: (800) 246-6193
(Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalf, Monroe, Simpson, Warren)

Glasgow
445 North Green Street
Glasgow, KY 42141-2905
Phone: (270) 651-5147
Fax: (270) 651-7323
Toll Free: (877) 390-0026

Career Resources, Inc. Nia Center
2900 West Broadway, #100
Louisville, KY 40211
Phone: (502) 574-4100
Fax: (502) 574-1197

Elizabethtown District #6
409 North Miles St.
Elizabethtown, KY 42701
Phone: (270) 766-5121
Fax: (270) 766-5124
Toll free: (866) 883-0001
(Elizabethtown, Adair, Bullitt, Green, Hardin, LaRue, Marion, Meade, Nelson, Taylor, Washington)

Shepherdsville
Bullitt County Transition Center
505 Buffalo Run Road, #10
Shepherdsville, KY 40165
Phone: (502) 543-1032
Fax: (502) 543-6260

Middletown District #15
200 Juneau Drive, Suite 200
Louisville, KY 40243
Phone: (502) 254-3195
Fax: (502) 245-4804
Toll free: (866) 304-1958

Henderson
2660 South Green Street
Career Connections Center
Henderson Community College
Henderson, KY 42420
Phone: (270) 831-9664
Toll free: (800) 696-9958, ext. 19664
Fax: (270) 831-2767

Louisville #5 (Jefferson, Shelby, Spencer, Henry)
600 West Cedar, Ste. 2 East
Louisville, KY 40202
Phone: (502) 595-4173
Fax: (502) 595-2358
Toll free: (800) 456-3334

Taylorsville
80 East Main Street
Taylorsville, KY 40071
Phone: (502) 477-1984
Fax: (502) 477-1883
Toll free: (877) 610-4016

Elizabethtown
Lincoln Trail Area Career Center
P.O. Box 1386
Elizabethtown, KY 42702-1386
Phone: (270) 766-5115
Fax: (270) 766-5183

Bardstown
866 West Stephen Foster
Bardstown, KY 40004
Phone: (502) 348-1879
Fax: (502) 349-1128

Campbellsville
Executive Plaza
190 West First Street, Suite 104
Campbellsville, KY 42718
Phone: (270) 789-2359
Fax: (270) 465-8408
Toll free: (888) 640-6932

Louisville
3934 Dixie Highway, #520
Louisville, KY 40216
Phone: (502) 449-1456
Fax: (502) 448-7641
Our Lady of Peace
2020 Newburg Road
Louisville, KY 40205
Phone: (502) 479-4674 or (502) 647-2444
Toll free: (800) 795-8481
Fax: (502) 458-3661

Shelbyville
88 Brunerstown Road
Shelbyville, KY 40065
Phone: (502) 564-4487 or (855) 673-5360
Fax: (502) 699-5083

Danville District #7
3998 South Danville Bypass, Suite 103
Danville, KY 40422-2529
Phone: (849) 239-7885
Fax: (800) 795-8481
(Boyle, Casey, Clinton, Cumberland, Estill, Garrard, Lee, Lincoln, Madison, Mercer, Owsley, Pulaski, Rockcastle, Russell, Wayne)

KSD, Argo McClure Building
P.O. Box 932
Danville, KY 40423
Phone: (859) 239-7768 V/TTY
TTY: (859) 239-7063
Fax: (859) 239-7556
Toll Free: (800) 795-8481

One Stop KY Career Center
121 East Broadway Street
Danville, KY 40422
Phone: (859) 239-7411
Fax: (859) 239-7541

Somerset
650 North Main Street, Suite 230
Somerset, KY 42501
Phone: (606) 677-4116
Fax: (606) 677-4114
Toll free: (888) 650-7173

Richmond
2028 Merrich Drive
Richmond, KY 40475
Phone: (859) 623-8682
Fax: (859) 625-1656
Toll free: (800) 516-9587

Florence District #8
One Stop Career Alliance of No. KY
8020 Veterans Memorial Drive, Suite 100
Florence, KY 41042
Phone: (859) 371-9450
Fax: (859) 371-0012
Toll free: (877) 371-9451
(Florence, Boone, Carroll, Gallatin, Grant, Kenton, Owen, Trimble)

Toll free: (800) 371-9450

Carrollton
1209 Highland Avenue Ste. E
P.O. Box 457
Carrollton, KY 41008
Phone: (502) 732-9065
Fax: (502) 732-5825

Florence
7310 Turfway Rd.
Florence, KY 41042
Phone: (859)371-9450
Toll Free: (877) 371-9450

Ft. Writght District #16
1881 Dixie Highway
Ft. Wright, KY 41011
Phone: (859) 292-6513
Fax: (859) 292-6363
Toll free: (866) 380-3450
(Campbell, Kenton, Pendleton)

Winchester
15 West Lexington Avenue
Winchester, KY 40391
Phone: (859) 737-7135
Fax: (859) 737-7011

Lexington District #9
301 East Main Street, Ste. 500
Lexington, KY 40507
Phone: (859) 246-2185 or 246-2540
Fax: (859) 246-2191 or (859) 246-2545
Toll free: (877) 246-2185
(Clark, Fayette, Powell)
Lexington One Stop
Central KY Job Center
1055 Industry Road, 1st Floor
Lexington, KY 40505
Phone: (859) 425-2187 or (859) 425-2188
Fax: (859) 246-2873

Bluegrass District #14
141 Leetown Center Way Suite 300
Lexington, KY 40511
Phone: (859) 246-2537
Fax: (859) 246-2539
Toll free: (888) 211-7276
(Anderson, Bourbon, Fayette, Franklin, Harrison,
Jessamine, Nicholas, Scott, Woodford)

Central KY Job Center
1000 West Main, Ste. 5
Georgetown, KY 40324
Phone: (502) 863-4660
Fax: (502) 863-1315

Frankfort
229 West Main Street, Ste. 302
Frankfort, KY 40601
Phone: (502) 564-7629
Fax: (502) 564-7814
Toll free: (888) 640-0134

West Liberty District #10
P.O. Box 84
563 B. Main Street
West Liberty, KY 41472
Phone: (606) 743-7978 or (606) 743-7551
Fax: (606) 743-2124
Toll Free: (800) 440-2530
(Breathitt, Elliott, Floyd, Johnson, Knott,
Lawrence, Magoffin, Martin, Menifee,
Montgomery, Morgan, Pike, Wolfe)

Pikeville
Uniplex Building
126 Trivette Drive, Ste. 302
Pikeville, KY 41501
Phone: (606) 433-7618
Fax: (606) 433-7719

Whitesburg District #13
415 Highway 2034, Ste. C
Whitesburg, KY 41501
Phone: (606) 633-2568
Fax: (606) 573-5254
(Bell, Clay, Harlan, Jackson, Knox, Laurel,
Leslie, Letcher, McCreary, Perry, Whitley)

Prestonsburg
207 West Court Street
Prestonsburg, KY 41653
Phone: (606) 889-1689
Toll Free (877) 398-6656
Fax: (606) 889-1691

Haran
124 South Cumberland Avenue
Haran, KY 40831
Phone: (606) 573-3890
Fax: (606) 573-5254

Hazard
412 Roy Campbell Dr.
Hazard, KY 41701
Phone: (606) 435-6231
Fax: (606) 435-6016

Corbin
214 South Main Street
Corbin, KY 40701
Phone: (606) 528-7030
Fax: (606) 523-2564
Toll free: (888) 274-8832

Hazard
412 Roy Campbell Drive
Hazard, KY 41701
Phone: (606) 633-2568
Fax: (606) 633-2297

Ashland District #12
411 19th Street
Ashland, KY 41101
Phone: (606) 920-2338
Fax: (606) 920-2779
(Bath, Boyd, Bracken, Carter, Fleming, Greenup,
Lewis, Mason, Robertson, Rowan)
Throughout the state there are regional communication specialists for those who are deaf or hard of hearing. Call the main number, RCD District, for the name and location of the individual closest to you.

One Stop Career Centers – Department for Workforce Development
Kentucky One-Stop Career Centers are designed to give job seekers and employers quick and easy access to necessary services. These services can now be found in one, convenient location. Centers are publicly funded and located throughout the state.
Center features include: Find a job - check local, state and national jobs through the internet and other sources; computers, fax machines, and telephones for use in job related activities; list your job openings (employers); Workforce Investment Act (WIA); unemployment Insurance; vocational rehabilitation services / services for the blind; adult education/GED; skills upgrade and educational opportunities; training; specialized assessments and tests for job seekers and employers; career planning; resume and Interviewing; locating qualified job applicants for employers; funding for on-the-job training (OJT) and customized training; space for job interviews, and in some cases, interviews via video conferencing; WARN and Rapid Response services; specially trained Business Representatives available in some areas; connections to other state, community and government services.

Local Workforce Area: Barren River
Website: [www.bradd.org](http://www.bradd.org)

Bowling Green Area Career Center
803 Chestnut Street
Bowling Green, KY 42102 445
North Green
Glasgow, KY 42141
Phone: (270) 651-2121

Central Kentucky Job Center
121 East Broadway
Danville, KY 40423
Phone: (859) 239-7411

Central Kentucky Job Center
1055 Industry Road
Lexington, KY 40505
Phone: (859) 258-3140
<table>
<thead>
<tr>
<th>Central Kentucky Career Center</th>
<th>Phone: (859) 624-2564</th>
</tr>
</thead>
<tbody>
<tr>
<td>595 South Keeneland Drive</td>
<td></td>
</tr>
<tr>
<td>Richmond, KY 40475</td>
<td></td>
</tr>
</tbody>
</table>

**Local Workforce Area: Cumberlands**

Counties Served: Adair, Casey, Clinton, Cumberland, Green, Laurel, McCreary, Pulaski, Rockcastle, Russell, Taylor, Wayne, Whitley

Website: [www.lcadd.org/cumberlandsworkforce](http://www.lcadd.org/cumberlandsworkforce)

<table>
<thead>
<tr>
<th>Cumberland Workforce Network</th>
<th>Cumberland Workforce Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>Campbellsville Career Center</td>
<td>Corbin Career Center</td>
</tr>
<tr>
<td>1311 East Broadway</td>
<td>310 Roy Kidd Avenue</td>
</tr>
<tr>
<td>Campbellsville, KY 42718</td>
<td>Corbin, KY 40702</td>
</tr>
<tr>
<td>Phone: (270) 465-2335</td>
<td>Phone: (606) 528-3460</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cumberland Workforce Network</th>
<th>Somerset Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>410 East Mt. Vernon Street</td>
<td></td>
</tr>
<tr>
<td>Somerset, KY 42501</td>
<td></td>
</tr>
<tr>
<td>Phone: (606) 677-4124</td>
<td></td>
</tr>
</tbody>
</table>

**Local Workforce Area: EKCEP**

Counties Served: Bell, Breathitt, Carter, Clay, Elliott, Floyd, Harlan, Jackson, Johnson, Knott, Knox, Lawrence, Lee, Leslie, Letcher, Magoffin, Martin, Menifee, Morgan, Owsley, Perry, Pike, Wolfe

Website: [www.jobsight.org](http://www.jobsight.org)

<table>
<thead>
<tr>
<th>Bell County Job Sight</th>
<th>Perry County Job Sight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bell-Whitley CAA, Inc.</td>
<td>LKLP CAC, Inc.</td>
</tr>
<tr>
<td>129 Pine Street</td>
<td>14 Logan Drive, P.O. Box 340</td>
</tr>
<tr>
<td>Pineville, KY 40977</td>
<td>Jeff, KY 41751</td>
</tr>
<tr>
<td>Phone: (606) 337-3044</td>
<td>Phone: (606) 436-3161</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Clay County Job Sight</th>
<th>Pike County Job Sight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daniel Boone Development Council, Inc.</td>
<td>Big Sandy Community &amp; Technical College</td>
</tr>
<tr>
<td>1535 Shamrock Road</td>
<td>120 South Riverfill Drive</td>
</tr>
<tr>
<td>Manchester, KY 40962</td>
<td>Pikeville, Kentucky 41501</td>
</tr>
<tr>
<td>Phone: (606) 598-5127</td>
<td>Phone: (606) 218-2106</td>
</tr>
</tbody>
</table>

**Local Workforce Area: Greater Louisville**

Counties Served: Jefferson, Bullitt, Henry, Oldham, Shelby, Spencer, Trimble

Website: [www.kentuckianaworks.org](http://www.kentuckianaworks.org)

<table>
<thead>
<tr>
<th>Kentuckiana Works One Stop Career Center</th>
<th>Kentuckiana Works One Stop Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nia Center</td>
<td></td>
</tr>
<tr>
<td>2900 West Broadway</td>
<td></td>
</tr>
<tr>
<td>Louisville, KY 40211</td>
<td></td>
</tr>
<tr>
<td>Phone: (502) 574-4100</td>
<td>Phone: (502) 595-0099</td>
</tr>
<tr>
<td>Phone: (502) 574-4100</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Kentuckiana Works One Stop Career Center</th>
<th>Kentuckiana Works One Stop Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shepherdsville Square #12</td>
<td></td>
</tr>
<tr>
<td>445 Highway 44 East</td>
<td></td>
</tr>
<tr>
<td>Shepherdsville, KY 40165</td>
<td></td>
</tr>
<tr>
<td>Phone: (502) 955-9131</td>
<td></td>
</tr>
<tr>
<td>Local Workforce Area: Green River</td>
<td>Owensboro Area Career Center</td>
</tr>
<tr>
<td>----------------------------------</td>
<td>-------------------------------</td>
</tr>
<tr>
<td>Counties Served: Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster</td>
<td>Counties Served: Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster</td>
</tr>
<tr>
<td>Website: <a href="http://www.gradd.com">www.gradd.com</a></td>
<td>Website: <a href="http://www.gradd.com">www.gradd.com</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Henderson Career Connections Center</th>
<th>Owensboro Area Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>2660 South Green Street</td>
<td>121 East Second Street</td>
</tr>
<tr>
<td>Henderson, KY 42420</td>
<td>Owensboro, KY 42303</td>
</tr>
<tr>
<td>Phone: (270) 830-5386</td>
<td>Phone: (270) 926-4610</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Local Workforce Area: Lincoln Trail</th>
<th>Owensboro Area Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counties Served: Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, Washington</td>
<td>Counties Served: Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster</td>
</tr>
<tr>
<td>Website: <a href="http://www.ltcareercenter.org">www.ltcareercenter.org</a></td>
<td>Website: <a href="http://www.gradd.com">www.gradd.com</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lincoln Trail Career Center</th>
<th>Lincoln Trail Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>860 West Stephen Foster Avenue</td>
<td>916 North Mulberry</td>
</tr>
<tr>
<td>Bardstown, KY 40004</td>
<td>Elizabethtown, KY 42701</td>
</tr>
<tr>
<td>Phone: (502) 348-2709</td>
<td>Phone: (270) 766-5115</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lincoln Trail Career Center</th>
<th>Lincoln Trail Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>125 East Market Street, Suite 10</td>
<td>916 North Mulberry</td>
</tr>
<tr>
<td>Leitchfield, KY 42754</td>
<td>Elizabethtown, KY 42701</td>
</tr>
<tr>
<td>Phone: (270) 259-4912</td>
<td>Phone: (270) 766-5115</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Local Workforce Area: Northern Kentucky</th>
<th>Owensboro Area Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counties Served: Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton</td>
<td>Counties Served: Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster</td>
</tr>
<tr>
<td>Website: <a href="http://www.nkyonestop.org">www.nkyonestop.org</a></td>
<td>Website: <a href="http://www.gradd.com">www.gradd.com</a></td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>One Stop Career Alliance of Northern KY</th>
<th>One Stop Career Alliance of Northern KY</th>
</tr>
</thead>
<tbody>
<tr>
<td>8020 Veterans Memorial Drive</td>
<td>320 Garrard Street</td>
</tr>
<tr>
<td>Florence, KY 41042</td>
<td>Covington, KY 41011</td>
</tr>
<tr>
<td>Phone: (859) 371-0808</td>
<td>Phone: (859) 292-6666</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Local Workforce Area: Purchase/Penkyrile</th>
<th>Owensboro Area Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counties Served: Ballard, Caldwell, Calloway, Carlisle, Christian, Crittenden, Fulton, Graves, Hickman, Hopkins, Livingston, Lyon, Marshall, McCracken, Muhlenberg, Todd, Trigg</td>
<td>Counties Served: Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster</td>
</tr>
<tr>
<td>Website: <a href="http://www.peadd.org">www.peadd.org</a></td>
<td>Website: <a href="http://www.gradd.com">www.gradd.com</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Breathitt Career Center</th>
<th>Job Net Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>110 Riverfront Drive</td>
<td>755 Industrial Park Road</td>
</tr>
<tr>
<td>Hopkinsville, KY 42240</td>
<td>Madisonville, KY 42431</td>
</tr>
<tr>
<td>Phone: (270) 889-6509</td>
<td>Phone: (270) 821-9966</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Paducah Career Center</th>
<th>Mayfield Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>416 South 6th Street</td>
<td>319 South 7th Street</td>
</tr>
<tr>
<td>Paducah, KY 42003</td>
<td>Mayfield, KY 42066</td>
</tr>
<tr>
<td>Phone: (270) 821-9966</td>
<td>Phone: (270) 247-3857</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Local Workforce Area: TENCO</th>
<th>Owensboro Area Career Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counties Served: Bath, Boyd, Bracken, Fleming, Greenup, Lewis, Mason, Montgomery, Robertson, Rowan</td>
<td>Counties Served: Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster</td>
</tr>
<tr>
<td>Website: <a href="http://www.tenco-onestop.ky.gov">www.tenco-onestop.ky.gov</a></td>
<td>Website: <a href="http://www.gradd.com">www.gradd.com</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ashland One-Stop Center</th>
<th>One-Stop Government Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>1844 Carter Avenue</td>
<td>201 Government Street, Suite 300</td>
</tr>
<tr>
<td>Ashland, KY 41101</td>
<td>P.O. Box 460</td>
</tr>
<tr>
<td>Phone: (606) 920-2024</td>
<td>Maysville, KY 41056</td>
</tr>
<tr>
<td>Phone: (606) 564-6894</td>
<td>Phone: (606) 564-6894</td>
</tr>
</tbody>
</table>
Gateway One-Stop Center
126 Bradley Avenue
Morehead, KY 40351
Phone: (606) 784-7538

OFFICE FOR THE BLIND
275 East Main Street
Frankfort, KY 40621
Phone: (502) 564-4754
Toll free: (800) 321-6668
Fax: (502) 564-2951
Email: blind@ky.gov
Website: http://blind.ky.gov
Local Offices – Call toll free
Ashland – (800) 334-6881
Elizabethtown – (800) 760-6891
Frankfort – (800) 321-6668
Louisville – (800) 346-2115
Paducah – (800) 334-6945
Somerset – (800) 895-3863
Bowling Green – (800) 222-1215
Florence – (800) 334-6895
Lexington – (800) 291-8424
Owensboro – (800) 334-6929
Prestonsburg – (800) 334-6940

Eligibility Requirements: Individuals, age sixteen and older, who want to work and have a visual disability that impedes their ability to get and keep a job. A doctor’s statement is needed.

Services include: Medical Restoration, i.e. surgery; Post secondary training – tuition, tutors, note takers, etc. Services which may be needed outside class but related to the education process such as tuition, tutors, note takers, etc.; Assistive technology – i.e. voice for computer, large print reading material; Orientation and mobility – i.e., cane skills are taught, travel training; Bioptic driving – for people whose vision can be corrected to 20 over 60. Bioptic is mounted in the lens of eyeglasses; job placement – i.e., work with employers, provide supported employment.
COMMUNITY MENTAL HEALTH CENTERS
* The names of these boards have not been changed to reflect the Cabinet’s new names of their services and the new names for these conditions.

Central Office:
100 Fair Oaks Lane 4E-B
Frankfort, KY 40621-0001
Phone: (502) 564-4527 – TTY: (502) 564-5777
Fax: (502) 564-5478
Website: [http://www.karponline.org](http://www.karponline.org)

Publicly funded community services for Kentuckians with mental health, intellectual disabilities, and substance abuse problems are provided through Kentucky’s 14 regional Community Mental Health Centers. Regional boards are private, nonprofit organizations established by statute and serve residents of a designated multi-county region. Board members are community volunteers. For information about mental health, intellectual and developmental disabilities or substance abuse services, contact the local office of your regional community mental health center. Although each has a name, they are commonly referred to as Comprehensive (Comp) Care Centers (CCC) and are listed on the web site as Community Mental Health Centers.

Community Mental Health Centers (formerly Comprehensive Care Centers)

<table>
<thead>
<tr>
<th>Region</th>
<th>County Served</th>
</tr>
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<tbody>
<tr>
<td>Region 1 - Four Rivers Behavioral Health</td>
<td>Ballard, Callaway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall and McCracken</td>
</tr>
<tr>
<td></td>
<td>Counties Served:</td>
</tr>
<tr>
<td></td>
<td>Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, Trigg</td>
</tr>
<tr>
<td>Region II - Pennroyal</td>
<td>Counties Served:</td>
</tr>
<tr>
<td></td>
<td>Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster</td>
</tr>
<tr>
<td>Region III - River Valley Behavioral Health</td>
<td>Counties Served:</td>
</tr>
<tr>
<td></td>
<td>Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren and the WKU region</td>
</tr>
</tbody>
</table>

[http://www.4rbh.org](http://www.4rbh.org)
[http://www.pennyroyalcenter.org](http://www.pennyroyalcenter.org)
[http://www.rvbh.com](http://www.rvbh.com)
Region V – Communicare
107 Cranes Roost Court
Elizabethtown, KY 42701
Phone: (270) 765-2605 – Open 24/7
New Appointments – Toll free: (800) 641-4673
24 Hour Hot Line: (800) 641-4673
Fax: (270) 769-0836
Website: www.communicare.org

Region VI – Seven Counties Services, Inc.
101 West Muhammad Ali Blvd.
Louisville, KY 40202
Crisis and Information:
Phone: (502) 589-4313 or Toll free: (800) 221-0446
First Appointments:
Phone: (502) 589-1100 or Toll free: (800) 264-8799
Website: http://www.sevencounties.org

Region VII – NorthKey Community Care
502 Farrell Drive, P.O. Box 2680
Covington, KY 41011
Phone: (859) 781-5586
24 Hour Hot Line (859) 331-3292
Toll Free: (877) 331-3292
Website: www.northkey.org

Region VIII – Comprehend, Inc.
611 Forest Avenue
Maysville, KY 41056
Toll free: (888) 328-0470
After hours emergency – Toll free: (877) 852-1523
Website: www.comprehendinc.com

*Region X – Pathways, Inc.
1212 Bath Ave.
Ashland, KY 41101
Phone: (606) 324-1141
Fax: (606) 329-8195
24 hour help line:
Phone: (606) 324-1141 or Toll free: (800) 562-8909
Website: www.pathways-ky.org

*There is no Region IX

Region XI – Mountain Comprehensive Care Center
104 South Front Avenue
Prestonsburg, KY 41216
Phone: (606) 886-8572
Fax: (606) 886-4433
Help Line: (800) 422-1060
Website: www.mtcomp.org

Counties Served:
Breckenridge, Grayson, Hardin, Larue
Marion, Meade, Nelson, Washington

Counties Served:
Bullitt, Henry, Jefferson, Oldham
Shelby, Spencer, Trimble

Counties Served:
Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen Pendleton

Counties Served:
Bracken, Fleming, Lewis, Mason, Robertson

Counties Served:
Bath, Boyd, Carter, Elliot, Greenup, Lawrence, Menifee Montgomery, Morgan, Rowan

Counties Served:
Floyd, Johnson, Magoffin, Martin, Pike
Region XII – Kentucky River Community Care
115 Rockwood Lane
Hazard, KY 41701
24 Hour Crisis/Information: Toll free: (800) 262-7491
24 Hour Deaf/Hearing: Toll free: (800) 787-5043
24 Hour Rape/Crisis: Toll free: (800) 375-7273
Website: http://www.krcncnet.com

Region XIII – Cumberland River MH/MR Board
Barbourville: (606) 546-3104
Benham: (606) 848-5444
Corbin: (606) 528-7010
Harlan: (606) 573-1624
London: (606) 864-2104
Manchester: (606) 598-5172
McKee: (606) 287-7137
Middlesboro: (606) 248-4949
Pineville: (606) 337-6137
Williamsburg: (606) 549-1440
Website: http://www.crccc.org/

Region XIV – Adanta Group Community MH Center
130 Southern School Road
Somerset, KY 42501
Phone: (606) 679-4782
Fax: (606) 678-5296
Emergency Crisis Line: Toll free: (800) 633-5599 TDD/TTY
Website: http://www.adanta.org

Region XV – Bluegrass MH/MR Board
1351 Newtown Pike, Building 1
Lexington, KY 40511
Phone: (859) 253-1686
Information: Toll free: (800) 928-8000
24 Hour Crisis Line: Toll free: (800) 928-8000
Website: http://www.bluegrass.org

The mission of the Department for Behavioral Health, Developmental and Intellectual Disabilities Services (DBHDID) is to provide leadership in partnership with others, to prevent disability, build resilience in individuals with disabilities and their communities, and facilitate recovery for people whose lives have been affected by mental illness, intellectual or other developmental disability.

The Division of Behavioral Health (DBH) is responsible for the administration of state and federally funded mental health and substance abuse treatment services throughout the commonwealth. It is a product of the merger of the Division of Substance Abuse and the Division of Mental Health in July 2004. With an increased focus on the treatment needs of individuals with co-occurring disorders (behavioral health and substance abuse) at the national, state and local levels, an anticipated outcome of the merger is a more integrated, seamless service system. DBH has the five branches:
The Adult Mental Health and Recovery Branch is responsible for the oversight of and support to the 14 regional Community Mental Health Centers for the delivery of behavioral health services to adults with severe and persistent mental illness.

The Adult Substance Abuse Treatment and Recovery Services Branch is composed of several special initiatives and programs such as KIDS NOW Plus, Medication Assisted Treatment, Oxford Houses, military and Driving Under the Influence services.

The Behavioral Health Prevention and Promotion Branch adds to the full array of services offered by the Division of Behavioral Health by using targeted, evidence-based prevention strategies for the reduction in rates of alcohol, tobacco and other drug use and abuse, and suicide by Kentuckians.

The Behavioral Health Quality Assurance Branch is responsible for monitoring program deliverables of Community Mental Health Centers outline in their contracts.

The Children’s Behavioral Health and Recovery Services Branch is responsible for the oversight of services and supports for children and youth who have or are at risk of developing behavioral health concerns including both mental health and substance use and their families. Programs operated through this branch include the Kentucky IMPACT program.

The Division of Developmental and Intellectual Disabilities (DDID) mission is to empower each person to realize his or her place in the community as a citizen of the Commonwealth of Kentucky by partnering with and support persons with intellectual or developmental disabilities, families, advocates, stakeholders and government agencies.

The critical functions of DDID include: set the standards for best practice; provide information and technical assistance, acquire and disperse fiscal resources and administer grants and contracts, monitor, evaluate and ensure accountability for outcomes for individuals. It is the responsibility of DDID to provide an array of supports for individuals with developmental and intellectual disabilities. This is accomplished through contracting for services through the 14 Regional Boards and other qualified private providers.

DDID comprises two branches – the Supports for Community Living Waiver Branch and the Community Support Branch.

The Community Support Branch is responsible for providing support, monitoring and oversight of a variety of functions within DDID. Provides staff support, technical assistance, and monitoring of the 14 Regional Mental Health/Intellectual Disability Centers.

The Supports for Community Living Waiver Branch is responsible for providing staff support for and oversight of the Supports for Community Living Waiver program. The SCL waiver program is a home and community based program funded by the Kentucky Department of Medicaid Services and administered by DDID.
SECTION 5

FAMILY/
FRIENDS/
RECREATION/
LEISURE
FAMILY/FRIENDS/RECREATION/LEISURE

“A community that excludes even one of its members is not a community.”
Dan Wilkens, Nth Degree, Lucky, Ohio

It’s exciting to hear stories from parents who have enrolled their child with a disability in a local dance or karate class or have joined the Boy Scouts or the Girl Scouts – activities typical families use and enjoy. One by one, these families are breaking silent barriers.

Thanks to the Americans with Disabilities Act (ADA), increased numbers of county and community parks are becoming handicap accessible, more sidewalks have curb cuts and private businesses are making strides in becoming accessible. It’s not perfect; therefore calling ahead may eliminate frustrations.

Many parents have successfully encouraged their sons/daughters to take part in a variety of community activities. Weekly newspapers and cable TV list community sponsored events open to and appropriate for all residents. Concerts in the parks, parade watching, mall walking, an Easter egg hunt at the local library and county fairs can be enjoyable and inexpensive.

Area churches provide a variety of community and membership events. Some churches have made extraordinary attempts to include people with disabilities by providing ramps, elevators and interpreters.

Schools are required to encourage participation in the school’s extracurricular activities. Students are to be extended the opportunity to participate but will need to follow the guidelines for participation as do the other students. It wouldn’t make sense to have a student join the Spanish Club if they do not have some ability to speak Spanish. Certainly there are clubs and events that everyone would enjoy - attending football or basketball games, pep rallies, decorating for the homecoming parade, going to the prom – wearing that beautiful gown on the arm of a handsome young man in a tux – priceless.

Two great prom stories – A young man who was a “big man on campus” – good looking, smart, football player and peer tutor – double dated for the prom with the young man with whom he was tutoring. He has since gone on to college but still spends time with the young man.

Another great story, a beautiful young lady, also a peer tutor, went to the prom with the young man she was tutoring as her date. Her parents drove her to the young man’s house to pick up her date. Her parents still treasure the look on the faces of the young man’s parents when they arrived, took pictures and left for the special event. Imagine…..

KENTUCKY STATE PARKS
Capital Plaza Tower
500 Mero Street, 11th Floor
Frankfort, KY 40601-1974
Phone: (502) 564-2172
Fax: (502) 564-9015
Website: http://parks.ky.gov/

The Kentucky Department of Parks has 1192 accommodations in 17 resort parks. There are a total of 51 accessible lodge rooms and 21 accessible cottages throughout the system. This represents approximately 6 percent of the total inventory. Accessible bathrooms include a mixture of roll in and transfer showers along with some bathtubs. All 17 lodges have TTY equipment available for use along with closed caption televisions upon request. All 17 resort parks have unrestricted accessibility to our dining areas. All dining areas are barrier free.

The Kentucky Department of Parks has 18 Americans with Disabilities Act (ADA) accessible facilities throughout the system of 50 parks. Aquatic facilities at Lake Barkley and Lake Cumberland State Resort Parks are indoor facilities along with being ADA accessible. The Kentucky Department of Parks has a total of 38 parks with ADA accessible playground facilities. There are a total of 52 accessible playgrounds.
All ADA playgrounds have transfer platforms/stations rather than ramps. Approximately 10% of these playgrounds do not have accessible routes. The Kentucky Department of Parks offers trails in four parks that meet ADA trail guideline recommendations.

The Kentucky Department of Parks has incorporated ADA accessibility in its campground design standards during the last ten years. Currently there are four campgrounds that have accessible campsites and several with accessible bathhouses. Call for a description of a specific parks you may be interested in visiting.

POWER MINISTRIES
P.O. Box 6706
New Albany, IN 47151
Phone: (812) 945-4117
Website: www.powerministries.org

Eligibility Requirements: The New Purpose Retreats Program is open to people of all ages with all types of disabilities. There are certain limitations that can apply in individual cases. For complete information and dates contact Power Ministries.

Power Ministries partners with established church camps to provide a Christian-based experience (New Purpose Retreats) for people with disabilities. A day at a New Purpose Retreats program will include recreation, lessons that coincide with the theme, worship times, crafts and several special activities. The New Purpose Retreats program maintains a one to one camper to volunteer ratio. The nursing staff is led by a registered nurse at every session. There are also other retreats close to Kentucky in the neighboring states.

SPECIAL OLYMPICS OF KENTUCKY
State Office
105 Lakeview Court
Frankfort, KY 40601
Phone: (502) 695-0496
Toll free: (800) 633-7403
Fax: (502) 695-0496
Website: http://www.soky.org/

Eligibility Requirements: Individuals, ages eight years of age or older and: 1. have been identified by an agency or professional as having an intellectual disability as determined by their localities or 2. have a cognitive delay, as determined by standardized measures such as intelligent quotient or “IQ” testing or other measures that are generally accepted within the professional community in that Accredited Program’s nation as being a reliable measurement of the existence of a cognitive delay or 3. have a closely related developmental disability. A “closely” related developmental disability” means having functional limitations in both general learning (such as IQ) and in adaptive skills (such as in recreation, work, independent living, self-direction or self care).

A national organization whose mission is to provide year round sports training and athletic competition in a variety of Olympic type sports and activities while giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in sharing of gifts, skills, and friendship with their families, other athletes, and the community.

Many local areas have organized Special Olympic groups. Activities may vary in each locale. Visit their web site to check out the different locations.
Eligibility Requirements: individuals who have difficulty reading standard print material or who are unable to hold a book and turn the pages are eligible for the service. The individual’s condition may be temporary or permanent as long as a competent authority endorses the application. A “competent authority” is a librarian, health professional, teacher, social worker, and government agency staff.

Individuals with dyslexia or other reading disabilities may qualify for service as long as the condition is the result of organic dysfunction. A statement signed by a medical doctor is required for this type of disability. However, a “competent authority” cannot endorse the application for these types of disabilities. A statement signed by a medical doctor is required.

To obtain an application form: Phone toll free: (800) 372-2968 or download one from the Website: http://kdla.ky.gov/librarians/talkingbook/Documents/Application 2012.pdf. Your local library may have the application.

The Talking Book Library will mail postage-free, containers of talking book discs or cassette books for a loan period of one month. To return the books, simply return them to the container in which they were mailed, reverse the mailing card and place it in the mailbox. Walk-in service may also be available.

The Talking Book Library will provide patrons with a specially created cassette player on which to listen to books. Books are recorded on standard audio cassettes designed to play at half commercial speed (15/16 IPS) and using four tracks. This configuration can pack up to six hours of reading time onto one cassette. This allows the use of fewer tapes and protects the author's copyright, since they will not play on regular cassette players. Please note that textbooks are not included in this service.

The players are specially designed for those who are blind. They have large keys with raised symbols. An instruction tape comes with it. Special attachments, such as headphones, pillow speakers and sound amplifiers are available by special request. Repairs or replacement will be made at no cost to the patron.

The Kentucky Talking Book Library has digital Talking Books and players. Braille and Audio Reading Download (BARD). Eligible Talking Book readers can download Library of Congress digital talking books 24 hours a day. To be eligible, you will need to be a patron in good standing at the Kentucky Talking Book Library and have an NLS-authorized digital player. You will also need to have a computer with high-speed internet access, a valid email address, and a removable USB flash drive device. Note: those interested in BARD should have moderate computer knowledge, including how to search the Internet and fill out online forms, how to download, unzip, and save files, and how to transfer files from one place to another. Need more information? Call: Toll free (800) 372-2968 or (502) 564-8300 Ext. 276.

Meet the above conditions? Apply on line: https://www.nlstalkingbooks.org/talkingbooksform/
THERAPEUTIC HORSEBACK RIDING AND HORSEMANSHIP

Appalachian Foothills Therapeutic Equestrian Center
7822 KY HWY 2004, McKee KY 40447
Phone: (606) 965-2158
Email: aftec@prtcnet.org

Central Kentucky Riding for Hope
(NARHA Premier Accredited Center)*
Kentucky Horse Park, P.O. Box 13155
Lexington, KY 40511
Phone: (859) 231-7066
Email: denise@ckrh.org
Website: www.ckrh.org

Cassidy’s Cause
6075 Clinton Road
Paducah, KY 42001
(207) 554-4040
Website: www.cassidyscause.org

Forward Motion
P.O. Box 302, Goshen, KY 40026
Phone: (502) 228-4040
Email: ashleybowles@forwardmotioninc.org
Website: www.forwardmotioninc.org

Green Hill Therapy Inc.
1410 Long Reid Road
Louisville, KY 40245
Phone: (502) 244-2011
Website: www.greenhilltherapy.org

H.O.R.S.E.S., Inc.
4350 Harrodsburg Road
Dexter, KY 40236
Phone: (270) 437-3881
Email: horses_inc@yahoo.com
Website: www.horsesinc.org

Equine Therapy Inc.
4350 Harrodsburg Road
Lexington, KY 40513
Phone: (859) 223-1326
Website: www.equinehealthcare.com

Hoofprints in The Sand, Inc.
15652 HWY 60 E, Reed, KY 42451
Phone: (270) 827-5830
Email: tresa.skaggs@henderson.kyschools.us
Website: www.hoovesofhopeequestriancenter.com

Lovesome Stables
15856 Teal Rd. Verona, KY 41092
Phone: (859) 653-7410
Email: jekeley@fuse.net
Website: www.lovesomestables.com

Maddux Equine Service
4770 Grooms Lane
Princeton, KY 42445
Phone: (270) 365-9991
Website: www.madduxequine.com

Gatewood Arena
4470 Jonesville Road, Dry Ridge, KY 41035
Phone: (859) 250-0328
Email: gatewoodarena@yahoo.com

Milestones, Inc. (NARHA Accredited Center)*
12372 Riggs Road, Independence, KY 41051
Phone: (859) 694-PONY (7669)
Email: mlunn@milestone.org
Website: http://milestonesinc.org

New Beginnings Therapeutic Riding, Inc.
600 B Bill Ferguson Rd.
Bowling Green, KY 42101
Phone: (270) 782-6496 or 777-36000
Email: newbeginningstrc@hotmail.com

Caddel Farm
139 South Taylor Lane
Georgetown, KY 40324
Phone: (502) 867-0603
Website: www.caddelequinetheraphy.com

Kesmarc LLC
258 Shannon Run Rd.
Versailles, KY 40383
Phone: (859) 873-9955
Website: www.kesmarc.com
Peg’s Therapeutic Ponies, Inc.
1055 Wales Run
Mount Washington, KY 40047
Phone: (502) 955-4152
Email: peggsplace@windstream.net
Website: www.info@rideup.org

Riding and Driving for Hope LLC
7111 Blazer Court,
Louisville, KY 40228
Phone: (502) 472-1722

The Luci Center
P.O. Box 936, Shelbyville, KY 40066-0936
Phone: (502) 220-4308
Email: lucicntr@aol.com
Website: www.thelucicenter.org

Upside Therapeutic Riding, Inc.
2612 South English Station Rd.,
Louisville, KY 40299
Phone: (502) 445-8242 - Email: kimnaleep@insightbb.com

*RARHA Centers – Just as other professions use accreditation and licensing systems to improve the well-being of their industries, therapeutic equine professionals have a distinction of their own. The Premier Accredited Center Program offers centers the chance to demonstrate their excellence in providing quality, professional equine assisted activities. This voluntary process recognizes NARHA centers that have met established industry standards. Visit the Website: http://narha.org/

SUMMER CAMPING PROGRAMS

The Center for Courageous Kids
1501 Burnley Road
Scottsville, KY 42164
(270) 618-2900 – Website: www.courageouskids.org
A unique camping facility for children who are medically fragile can attend free of charge. Two types of programs are offered. Summer: child with illness (ages 7-15) can attend a week-long session with other children who have same illness. School Year: Family weekends are held wherein the child attends with his/her family.

Camp Calvary
475 Camp Calvary Lane
Mackville, KY 460040
Phone: (859) 375-4376
Kycampcalvary@gmail.com
This summer retreat is for campers of any age with a physical or mental disability.

Bear Paddle Swim School
9376 Mason-Montgomery Road
Mason, OH 45040
Phone: (513) 283-8855
Web site: www.bearpaddle.com
SECTION 6

FINANCIAL ASSISTANCE
FINANCIAL ASSISTANCE

“Parents need to be active and involved, so they know what is available and what the trends are. What we wanted for our daughter changed over time as more options became available. People who are active and involved are the ones who are first in line for services. That's just how it is. We started with the Acquired Brain Injury (ABI) Waiver and were able to switch to the Supports for Community Living Waiver (SCL). Now, our daughter is living in her own apartment with some supports and has started her own business with the assistance of the Vocational Rehabilitation’s Supported Employment staff and the Department’s Project Asset. We knew about these programs because we have been advocates and active in state committees for many years.”

Dick and Jean Covert, Lexington

AUTISM BENEFIT – KENTUCKY HEALTH PLAN

Research the Legislation:  http://www.lrc.ky.gov/krs/304-17a/142.pdf

Questions? Contact the Kentucky Office of Insurance at 1-800-595-6053

Insurers offering health benefit plans in the Commonwealth of Kentucky provide coverage, including therapeutic, respite and rehabilitative care, for the treatment of autism of a child covered under their health insurance plan. The coverage is subject to a five hundred-dollar maximum benefit per month, per covered child. The limit does not apply to other health conditions and services for the child not related to the treatment of autism.

Under the legislation, autism is defined as: a total of six or more items from subparagraphs 1, 2, and 3 of this paragraph with at least (2) from subparagraph 1 and one each from subparagraph 2 and 3.

1. Qualitative impairment in social interaction, as manifested by at least two of the following: Marked impairment in the use of multiple nonverbal behaviors such as eye to eye gaze, facial expression, body postures and gestures to regulate social interaction and/or failure to develop peer relationships appropriate to developmental level and/or a lack of spontaneous seeking to share enjoyment, interest or achievement with other people and/or lack of social or emotional reciprocity.

2. Qualitative impairments in communication as manifested by at least one of the following: Delay in, or total lack of, the development of spoken language and/or in individuals with adequate speech, marked impairment in the ability to imitate or sustain a conversation with others and/or stereotyped and repetitive use of language or idiosyncratic language and/or lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental levels.

3. Restricted repetitive and stereotyped patterns of behavior, interests and activities as manifested by at least one of the following: encompassing preoccupation with one or more stereotyped and restricted patterns of interest that is abnormal either in intensity or focus and/or apparently inflexible adherence to specific, nonfunctional routines or rituals and/or stereotyped and repetitive motor mannerisms and/or persistent preoccupation with parts of objects and/or delays or abnormal functioning in at least one of the following areas, with onset prior to age three years: social interaction and or language as used in social communication and or symbolic or imaginative play and or the disturbance is not better accounted for by Rett’s Disorders or Childhood Disintegrative Disorder.

4. As used in this section, “child” means a person two through twenty-one years of age.
CABINET FOR HEALTH AND FAMILY SERVICES (often referred to as the Cabinet for Human Resources) has a vast array of services. A few of the programs/benefits are discussed.
Check out their web site for more information: http://chfs.ky.gov/ or http://chfs.ky.gov/dms/services.htm

KY AGR-ABILITY
University of Kentucky
N106F Ag Science North
Lexington, KY 40546-2814
Phone: (859)257-1845
Toll Free: (800) 333-2814
Website: www2ca.uky.edu/ANR/AgrAbility/NewAgabilityWebsite/contact.php

Eligibility Requirements: Needy rural individual with disabilities. AgrAbility provides education and expertise around assistive technology in agriculture. The project helps farmers, farm workers, agricultural businesses and families with disabilities statewide. AgrAbility will provide on-site ideas for modifying tools, equipment, or practices. Recommendation can also be made to help make farm buildings and home more accessible.

KENTUCKY TRANSITIONAL ASSISTANCE PROGRAM – KTAP
275 East Main Street, 3E-I
Frankfort, KY 40621
Assistance with KTAP - Phone: (502) 564-7050
For information, contact: FSSBK-TAP@ky.gov Phone: (502) 564-3440
Website: http://chfs.ky.gov/dcbs/dfs/KTAP.htm

Eligibility Requirements: Needy families, which include a minor child deprived of parental support through unemployment, death, voluntary or involuntary absence, or incapacity - who meet the resource limit of $2000 with certain exclusions. Property, vehicles or insurance are not included; meet income/resource guidelines.

OR
Needy child means under the age of 16, age 16 through 18 if a high school graduate; age 16 through 18 if attending school; living in the home of specified relatives.

- Temporary short term assistance available to stabilize families & allow them to maintain self-sufficiency
- Available to K-TAP eligible families, not currently receiving cash payments
- For families with an ongoing means of support, but with verified short term needs
- Payment to resolve crisis, not to exceed $1500 maximum
- Benefits such as cash or vendor payments, job preparation activities, work support services, child care, housing assistance, referral for child support and other services.

Apply at your local Department for Community Based Services Office.

MEDICAID (MEDICAL) CARD
Website: http://chfs.ky.gov/dms/apply.htm

Those who may be eligible for a Medicaid Card (sometimes called a Medical Card) are individuals or families with dependent children if they meet the following requirements: be a pregnant woman; be a dependent child younger than 19 (The child does not have to live with a parent or close relative to receive Medicaid); be a parent(s) (one or both) of the dependent child if one parent has left the home, cannot work due to sickness or disability, or has died; be parents (both) living with the dependent child, if the parent is unemployed or underemployed.

Income and resources of the family members who may receive Medicaid coverage must be within Medicaid program guidelines. If a parent is younger than 21 and lives with her/his parent(s), her/his parent's income is considered in the Medicaid eligibility determination. The income limits are based on family size. For pregnant women, an additional family member is added for each unborn child.
The family's income, after deductions, cannot be more than the following income limits. (Deductions include a work expense deduction up to $90 and a dependent child care deduction for child care cost. The maximum dependent child care deduction for family members less than two years of age is $200 for family members over two years of age is $175 for full-time employment and $150 for part-time employment.) Resources (checking and savings accounts, cash, stocks, bonds, etc) are considered in the eligibility determination process and cannot exceed $2,000 for a family of one and $4,000 for a family of two. Fifty dollars is added to the resource limit for each additional family member.

When applying for Medicaid or KCHIP at your local Department for Community Based Services Office, it is best to bring the following information: Social Security Number; Proof of Identity; Proof of Citizenship; Proof of Residency; Health Insurance (Third Party Liability (TPL)); Pregnancy (Doctor statement verifying pregnancy and expected date of delivery), if applicable; Verification of Income; Non-pregnant parents should bring proof of resources (last three months bank statements etc), if they want Medicaid Coverage for themselves. *The Medicaid application is more likely to be processed sooner if the individual or family provides the above information.*

The Medicaid Card can be used to pay for most medical bills, i.e., visits to doctors, dentists, clinics, x-rays, prescriptions, medicines, mental health care, hospital stays, medical transportation, and more. When using a Medicaid Card be sure to ask if the doctor or dentist accepts the Medicaid Card.

If you are not eligible for the basic medical card because your income is slightly higher than the guideline amount, be sure to inquire about state programs, similar to medical assistance, for people who need help paying for Medicare services.

**Qualified Medicare Beneficiary (QMB)** coverage is available to individuals enrolled and receiving Medicare Part A benefits. This coverage provides for payment of the Medicare Part A and Part B premiums, and payment of Medicare coinsurance and deductibles (hospital and physician). Increased income limits and resource limits are used in the eligibility determination.

**Specified Low Income Medicare Beneficiary (SLMB) - pronounced "slimby"**, to qualify you must be eligible for Medicare Part A (even if not currently enrolled) but NOT financially eligible for medical assistance and have limited income and assets.

**Food Stamps.** Food Stamps can be spent the same as money with some exceptions, i.e., paper goods, soaps, alcohol, and cigarettes. Coupons are now being replaced with electronic benefits cards. The amount of Food Stamps issued to an individual or family is based on a sliding scale formula. To become eligible, the gross monthly income and the size of the household must meet regulations. Next, expenses (i.e., rent and utilities) are considered. If a person is aged or has a disability, medical expenses can be considered (medical expenses are not included in the average household). Eligibility may be re-determined at three, six or twelve-month intervals.

**KENTUCKY CHILDREN’S HEALTH INSURANCE PROGRAM (KCHIP)**

Phone Toll free:  (877) KCHIP-18 (877-524-4718)
Phone Toll free:  (877) KCHIP-19 (877-524-4719) for the deaf and hard of hearing
Phone Toll free:  (800) 662-5397 if Spanish language services are needed

**Eligibility Requirements:** KCHIP is for children under the age of 19 who do not have health insurance and whose family income is below 213 percent of the federal poverty level. For example, a family of four can earn up to $52,980 a year.

The Kentucky Children’s Health Insurance Program (KCHIP) is Kentucky’s version of a federal program to ensure that children who do not qualify for traditional Medicaid, but remain uninsured, have access to comprehensive health insurance. KCHIP is free or low cost health insurance for children.

KCHIP covers: doctor visits, dental care, hospitalization, outpatient hospital services, psychiatrists, laboratory tests and X-rays, vision exams, hearing services, mental health services, prescription medicines.
Children can also get: glasses, immunizations, well-child checkups, physical therapy, speech therapy and many other services. To find out if a medical service you need is covered, phone: (800) 635-2570.

There are several ways you can apply:
1. Download an application. Be sure to print your completed application
2. To apply online through Benefind call toll free 1-855-407-8398
3. Pick up an application at any local health department, doctors' offices, hospitals, pharmacies and schools or
4. Request an application packet online.

For help filling out your application, call toll-free (855-459-6328).
If you prefer, visit your local Department of Community Based Services Office to apply for KCHIP. Be sure to take all required information and documentation listed below with you.

When applying for KCHIP, you need to take the following information:

Proof of income: For earned, paycheck stubs for the last two months for all people in the home; and for unearned, take Social Security–Supplemental Security Income (SSI) or pension award letters.

Proof of childcare: copies of receipts or statement from care provider.

Health insurance information if your child has been insured during the last six months:
Name of insurance company, group number and policy number, effective date, name of policyholder, names of people who are covered.

Proof of citizenship: (for children born outside Kentucky, provide a birth certificate, U.S. passport, adoption papers or other proof of citizenship.

Proof of identity (all applicants must provide proof of identity such as : copy of current driver’s license, school photo ID, military dependent ID, ID issued by state, federal or local government with photo. If you do not have these documents or the child is younger than 16, you may provide other acceptable proof of identity such as school record including report card, day care or nursery school record, health clinic, doctor or hospital record.

You will receive a renewal form in the mail every year.

HABITAT FOR HUMANITY
270 Peachtree St NW, Suite 1300
Atlanta, GA 30303
Toll free: (800) HABITAT OR (229) 924-6935
Website: http://www.habitat.org

Habitat for Humanity is a non-profit Christian housing ministry who partners with families to build homes and offer no-interest mortgages. Since its founding in 1976 by Millard & Linda Fuller, Habitat for Humanity International has built and rehabilitated more than 150,000 houses with families in need. The philosophy of Habitat for Humanity is summarized in its description of the Fund for Humanity, “What the poor need is not charity but capital, not caseworkers but co-workers. And what the rich need is a wise, honorable and just way of divesting themselves of their overabundance. The Fund for Humanity will meet both of these needs. Money for the fund will come from shared gifts by those who feel they have more than they need and from non-interest bearing loans from those who cannot afford to make a gift but who do want to provide working capital for the disinherit.. The fund will give away no money. It is not a handout. Check the web site for the fifty-one Kentucky local affiliates.
Campus Chapters Coordinator
Phone Toll free: (800) HABITAT, Ext. 2412
Email: youthprograms@habitat.org

Habitat for Humanity Campus Chapters are located at: Apollo High School, Berea College, Brescia University, Centre College, Georgetown College, Owensboro High School, University of Kentucky and Western Kentucky University.

HART SUPPORTED LIVING GRANTS
501 South 2nd St., Ste. 200
Louisville, KY 40202
(502) 589-6620
Toll free: (888) 813-8497
See description in the RESPITE, COMMUNITY LIVING, RESIDENTIAL Section

STARKEY HEARING FOUNDATION
6700 Washington Ave South
Eden Prairie, MN 55344
Phone Toll free: (800) 328-8602
Fax: (952) 828-6946
Email: hearingfoundation@starkey.com
Website: http://www.starkeyhearingfoundation.org

Hear Now is a national non-profit program affiliated with the Starkey Hearing Foundation. The program assists deaf and hard-of-hearing individuals who don't have the financial resources to purchase hearing aids.

The work of Hear Now is supported by contributions of money, time and previously owned hearing devices. These contributions allow Hear Now to give the gift of hearing to individuals who permanently reside in the United States.

For more information about Hear Now, call 1-800-648-4327 or visit the link below to download an application - http://www.starkeyhearingfoundation.org

THE KENTUCKY FAMILY CAREGIVER PROGRAM
Grandparent Resources
Contact your Area Agency for Aging. Offices are listed under CONSUMER DIRECTED OPTIONS in this section of the booklet.

The Kentucky Family Caregiver Program is one in which the state is providing assistance in accessing services, counseling, support groups, training and financial assistance available up to $750 per child for clothing, respite care, educational supplies, required legal services, mental or dental expenses, etc. to grandparents who are primary caregivers of their grandchildren. To be eligible the grandparent must…

1. Be a Kentucky resident
2. Be the primary caregiver to a child 18 years or younger
3. Be related to the child by birth, marriage, or adoption
4. May not be residing in the same house as the grandchild’s parent
5. May not reside in a house that is owned by the grandchild’s parent

An applicant/grandparent shall apply or reapply for the Kentucky Family Caregiver Program each fiscal year. The maximum total of assistance per grandchild that a grandparent can receive, including a grant or voucher, is $500 each year with a $1,500 cap per household.
Kentucky Housing Corporation, created by the 1972 General Assembly, is a self-supporting, public corporation of the Commonwealth of Kentucky administratively attached to the Finance and Administration Cabinet. A portion of KHC funds are derived from the interest earned through the sale of tax-exempt mortgage revenue bonds. From these proceeds, KHC has made homeownership possible for over 81,000 low and moderate-income Kentucky families. KHC also operates through the receipt of fees for administering federal programs including rental assistance that makes safe, decent, affordable housing available to more than 27,000 low-income Kentuckians. Other programs additionally offered by KHC include rental housing, production financing, homeownership education/counseling and a variety of rental assistance, housing rehabilitation and home repair initiatives.

MEDICAID WAIVERS

Medicaid can pay for services to help an eligible individual with significant needs continue to live at home through Waiver Programs.

*KyHealth Choices is the new name for Kentucky Medicaid. It represents a much improved Medicaid program for members and providers. KyHealth Choices will help Kentucky stretch resources to best meet the needs of members and encourage Medicaid members to be personally responsible for their own health care. Visit their Website: [http://chfs.ky.gov/dms/kyhealthchoices.htm](http://chfs.ky.gov/dms/kyhealthchoices.htm)*

WAIVER PROGRAMS
Website: [http://chfs.ky.gov/dms/](http://chfs.ky.gov/dms/)

A waiver is one way that Medicaid enables an individual with intellectual and/or developmental disabilities, or significant health care needs to live at home. While some eligibility requirements are "waived" for these programs, the individual must require a protective level of care related to daily living skills or skilled medical care. The financial criterion is based only on the income of the individual. Since waiver programs pay for services for a limited number of people, openings can fill up quickly and there may be a waiting list. Notice that only the Acquired Brain Injury Long Term Care Waiver and Supports for Community Living fund residential services.

ACQUIRED BRAIN INJURY (ABI)
Department for Medicaid Services
Division of Community Alternatives, Acquired Brain Injury Branch
275 E. Main Street, 6W-B, Frankfort, KY 40621
Phone: (502) 564-5198
Fax: (502) 564-6568
Toll free: (866) 878-2626
Website: [http://chfs.ky.gov/dms/Acquired+Brain+Injury.htm](http://chfs.ky.gov/dms/Acquired+Brain+Injury.htm)

*Eligibility Requirements: ABI is an acquired injury to the brain. Person must be between the ages of 21 and 65, meet nursing facility level of care, be expected to benefit from waiver services and be financially eligible for Medicaid services.*

*Exclusions: The following condition is not considered an acquired brain injury requiring specialized rehabilitation: stroke treatable in a nursing facility providing routine rehabilitation*

*Types of Services Funded: spinal cord injury with no know or obvious injury to the intracranial central nervous system; progressive dementia or other mentally impairing condition of a chronic degenerative
nature such as dementia, Alzheimer’s Disease, alcoholism or other addiction; depression or psychiatric disorders; depression or psychiatric disorders with no known, obvious central nervous system damages; birth defects; intellectual disabilities not associated with ABI or a condition which causes an individual to pose a level of danger or aggression which cannot be managed and treated in a community setting.

Services: The Acquired Brain Injury (ABI) Waiver program provides intensive services and supports to adults with acquired brain injuries working to re-enter community life. Services are provided exclusively in community settings. Types of services funded: case management, personal care, companion services, respite care, environmental modifications, behavior programming, counseling and training, structured day program, specialized medical equipment and supplies, prevocational services, supported employment, occupational therapy, speech and language services and/or community residential services (excluding room and board).

ACQUIRED BRAIN INJURY LONG TERM CARE WAIVER
Contact information is the same as ABI above.
Website: http://chfs.ky.gov/dms/Acquired+Brain+Injury++Long+Term+Care.htm

The Acquired Brain Injury Long Term Care Waiver program provides an alternative to institutional care for individuals that have reached a plateau in their rehabilitation level and require maintenance services to avoid institutionalization and to live safely in the community.

Eligibility Requirements: Person must be at least 18 years of age, meet nursing facility level of care; have a primary diagnosis of an acquired brain injury which necessitates supervision, rehabilitative services and long term supports; and are Medicaid eligible.

Exclusions: The following conditions are not considered acquired brain injuries requiring specialized rehabilitation: stroke treatable in a nursing facility providing routine rehabilitation services, a spinal cord injury with no known or obvious injury to the intracranial central nervous system, progressive dementia or other mentally impairing condition of a chronic degenerative nature such as senile dementia, organic brain disorder, Alzheimer’s Disease, alcoholism or other addiction, depression or psychiatric disorders with no known or obvious central nervous system damage, birth defects, intellectual disabilities not associated with an acquired brain injury, a condition which causes an individual to pose a level of danger or aggression which cannot be managed and treated in a community setting.

Types of Services Funded: Case Management, Community Living Supports, Respite Care, Adult Day Health Care, Adult Day Training, Environmental Modifications, Behavior Programming, Counseling, Group Counseling, Specialized Medical Equipment and Supplies, Supported Employment, Occupational Therapy, Speech Therapy, Nursing Supports, Family Training, Physical Therapy, Assessment and Reassessment, Supervised Residential Care

HOME AND COMMUNITY BASED WAIVER (HCB)
Phone: (502) 564-5707
TTY: (502) 372-2973
Website: www.chfs.ky.gov/dms/hcb.htm

The Home and Community Based (HCB) Waiver program provides services and support to elderly people or children and adults with disabilities to help them to remain in or return to their home.

Eligibility Requirements: Person must be elderly or disabled, meet nursing facility level of care as defined in 907 KAR 1:022 (see: http://www.lrc.state.ky.us/kar/907/001/022.htm ) who without services, would be admitted to a nursing facility and are financially eligible for Medicaid services (special financial eligibility for Medicaid is applied to this program.

Types of Services Funded: Assessment, Re-assessment, Case Management, Minor Home Adaptation, Adult Day Health Care, Homemaker, Personal Care, Attendant Care, Respite Care
To apply: contact a home health agency or adult day health center in your area to complete a physician-ordered assessment OR complete a financial application at the local Department for Community Based Services office.

The services offered under the HCB Waiver program are provided by Home Health agencies enrolled in the Medicaid program as HCB Waiver providers. These services are available statewide for individuals who are eligible to receive HCB Waiver services. There is a provision for Medicaid eligibility to be determined under a special income level for individuals who otherwise meet all requirements for receiving HCB Waiver services.

MICHELLE P. WAIVER
Department for Medicaid Services
Division of Community Alternatives
275 E. Main Street, 6 W-B, Frankfort, Ky. 40621
Phone: (502) 564-5560
Website: http://chfs.ky.gov/dms/mpw.htm

The Michelle P. Waiver (MPW) is a home and community-based waiver under the Kentucky Medicaid program developed as an alternative to institutional care for individuals with intellectual or developmental disabilities. MPW allows individuals to remain in their homes with services and supports.

Eligibility Requirements: People with intellectual and/or developmental disabilities who meet the requirements for residence in an Intermediate Care Facility for people with intellectual or developmental disabilities or a nursing facility and meet Medicaid financial eligibility requirements

Types of Services Funded: Case Management, Adult Day Training, Supported Employment, Community Living Supports, Behavior Supports, Occupational Therapy, Physical Therapy, Speech Therapy, Respite, Homemaker Service, Personal Care, Attendant Care, Environmental/Minor Home Adaptations and Adult Day Health Care.

SUPPORTS FOR COMMUNITY LIVING (SCL)
Division of Developmental & Intellectual Disabilities
275 East Main Street, 4C-F
Frankfort, KY 40621
Phone: (502) 564-7702
TTY: (502) 564-5777
Fax: (502) 564-8917
Website: dbhdid.ky.gov/ddid/scl.asp

Eligibility Requirements: Individuals with intellectual or developmental disabilities who meet the requirements for residence in an intermediate care facility for people with intellectual disabilities or other related conditions (see: http://www.lrc.state.ky.us/kar/907/001/022.htm) and who meet other Medicaid requirements.

SCL is a Home and Community-Based Waiver under the Kentucky Medicaid program developed as an alternative to institutional care for individuals with intellectual or developmental disabilities. SCL allows individuals to remain in or return to the community in the least restrictive setting. Individuals with intellectual or developmental disabilities meeting requirements for Medicaid requirements are eligible for these services.

Types of Supports and Services Funded: Based on the individual's needs identified through an individual plan, they include: Adult Day Training, Behavior Supports, Case Management, Children's Day Habilitation, Community Living Supports, Occupational Therapy, Physical Therapy, Psychological Services, Residential Supports, Respite, Speech Therapy, Supported Employment.

Supports for Community Living providers include Community Mental Health Centers and public and private agencies across the state. These providers are certified by the Department for Behavioral Health,

**CONSUMER DIRECTED OPTION – KENTUCKY INDEPENDENCE PLUS PROGRAM (CDO)**

CDO allows waiver eligible members to choose a provider for their non-medical waiver services, allowing them greater freedom of choice, flexibility, and control over their supports and services. Keep things the way they are now - continue to receive services through the traditional/non-CDO home health program OR Consumer direct all the non-medical waiver services OR use blended services -continue to receive some services through the traditional program and consumer direct others.

Individuals currently receiving or individuals who might become eligible to receive waiver services from Medicaid's Acquired Brain Injury (ABI) Waiver, Acquired Brain Injury Long Term Care (ABILTC) Waiver, Home and Community Based (HCB) Waiver, Michelle P. Waiver Services, Supports for Community Living (SCL) Waiver are eligible to participate in CDO for their non medical services. The local Area Agencies on Aging (AAA’s) and [Community Mental Health Centers (CMHC’s)](http://dbhdid.ky.gov/ddid/scl.asp) act as Support Brokers for the CDO program. Once you choose CDO, you will no longer have a case manager through the traditional agency. The Support Broker will act as your case manager. The Support Broker will assist you with: enrolling in CDO, developing your plan of care and support spending plan, locating service providers and negotiating rates, supporting you in hiring, supervising and firing your employees. You can “blend” your CDO plan by continuing with the services that are working for you and Consumer Direct other services. If you feel CDO doesn’t work for you, simply return to the way you are currently receiving services.

A Support Broker will help you develop a plan of care and spending plan. You will receive assistance with setting the duties of the worker(s), recruiting them, setting the hours and payment. The Area Development Districts (ADD's) and Community Mental Health Centers (CMHC’s) will be the Financial Management Agency for CDO in Kentucky. The list of Community Mental Health Centers (CMHC) is located in Section 4: Education After High School/Habilitation/Vocational under Job Training/Work Habilitation/Adult Day Care

**AREA AGENCIES ON AGING**

- **Barren River Area Agency on Aging**
  
  P.O. Box 90005, 177 Graham Avenue
  
  Bowling Green, KY 42102-9005
  
  Phone: (270) 781-2381
  
  Toll free: (800) 598-2381
  
  Fax: (270) 842-0768

- **Big Sandy Area Agency on Aging**
  
  100 Resource Drive
  
  Prestonsburg, KY 41653
  
  Phone: (606) 886-2374
  
  Toll free: (800) 737-2723
  
  Fax: (606) 886-3382

- **Bluegrass Area Agency on Aging**
  
  699 Perimeter Drive
  
  Lexington, KY 40517
  
  Phone: (859) 269-8021
  
  Toll free: (800) 490-2002

- **Buffalo Trace Area Agency on Aging**
  
  P.O. Box 460, 201 Government Street, Suite 300
  
  Maysville, KY 41056
  
  Phone: (606) 564-6894
  
  Toll free: (800) 998-4347
  
  Fax: (606) 564-0955

- **Cumberland Valley Area Agency on Aging**
  
  P.O. Box 1740, 342 Old Whitley Road
  
  London, KY 40743-1740
  
  Phone: (606) 864-7391
  
  Fax: (606) 878-7361
  
  Toll Free: (800)998-4347

- **FIVCO Area Agency on Aging**
  
  P.O. Box 636, 3000 Louisa Street
  
  Catlettsburg, KY 41129
  
  Phone: (606) 929-1366
  
  Toll free: (800) 499-5191
  
  Fax: (606) 327-0023
MOBILE WAIVER II

Check the Website: [http://chfs.ky.gov/dms/mwii.htm](http://chfs.ky.gov/dms/mwii.htm)

Model Waiver II services are community based in-home waiver services for ventilator dependent individuals. These services are provided to an individual who is dependent on a ventilator at least 12 hours per day and would otherwise require nursing facility level of care in a hospital based nursing facility. An individual who is enrolled in the Model Waiver II program may receive: up to 16 hours per day of registered nurse or license practical nurse care or services of a respiratory therapist, registered or certified by the National Board of Respiratory Care. An individual shall be considered ventilator (or respiration stimulating mechanism) dependent if the individual requires mechanical support for 12 or more hours per day as defined by 907 KAR 1:022 Section 7(2) (a) ([http://www.lrc.state.ky.us/kar/907/001/022.htm](http://www.lrc.state.ky.us/kar/907/001/022.htm)) and meet the income and resource limitations required by the program.

MEDICARE PRESCRIPTION PLAN/PART D

Medicare's new prescription drug coverage, sometimes called Medicare Part D, began January 1, 2006. A choice of prescription drug insurance plans is available through private insurance companies. Participation is income driven; therefore you will pay a monthly insurance premium plus a portion of the prescription cost through a copayment.

Medicare prescription insurance plans are open to everyone who is eligible for Medicare. This includes individuals who are 65 years of age or older or younger people who receive Social Security Disability Income (SSDI) or who have kidney failure. Medicare provides an overview of the prescription drug plan.

- Medicare and You is a booklet that has information on the changes in prescription drug coverage.
• Medicare Prescription Drug Plan Finder will help you identify plans through a personalized search or through a search by state. Contact Social Security for your copy. Call toll free: (800)-772-1213

MODEST NEEDS FOUNDATION
115 East 30th Street, Floor 1
New York NY 10016
Phone: (212) 463-7042
Email: general.questions@modestneeds.org
Website: www.modestneeds.org

Modest Needs exists to prevent otherwise financially self-sufficient individuals and families from entering the cycle of poverty, when this might be avoided with a small amount of well-timed financial assistance. Modest Needs helps to restore the financial self-sufficiency of individuals who are willing to work but are temporarily unable to do so because they do not have the means to remit payment for a work-related expense. Modest Needs works to empower permanently disadvantaged individuals who otherwise live within their limited means to continue to live independently, despite a temporary, unexpected financial setback.

In keeping with its mission, Modest Needs offers three types of grants: Self-Sufficiency Grants, Back-to-Work Grants and Independent Living Grants. Modest Needs makes Self-Sufficiency Grants by remitting payment to a creditor for an emergency expense for which the individual or family could not have prepared. Modest Needs makes Back-to-Work Grants by remitting payment for a small work-related fee or expense on behalf of a temporarily unemployed individual. Independent Living Grants are made by remitting payment to a creditor, for an expense on behalf of persons who are permanently unable to work but who nevertheless are living independently on the limited income to which they are entitled. Call the phone number or go to the web site for more information on how to apply.

PRESCRIPTION ASSISTANCE
Financial assistance for prescription medications is available in many forms including co-payment coupons, discounts, and free medications for those who qualify financially. Please remember that your physician’s office may be able to obtain samples of certain medications. Medicaid may also provide a prescription benefit. Additional assistance may be available through a Medicare prescription plan.

• www.FreeMedicineProgram.com has a mission to help patients obtain prescription medications free of charge.
• www.HelpingPatients.org helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free. Their mission is to increase awareness of patient assistance programs and boost enrollment of those who are eligible. They offer a single point of access to more than 475 public and private programs, including pharmaceutical companies.
• http://www.pparx.org receive savings of 15 to 20 percent off many Merck medicines, regardless of age or income. To be eligible for the program, you must not have any prescription drug insurance or benefits through: private insurance, employer-sponsored insurance, HMOs, Medicaid, Medicare prescription coverage, State Pharmacy Assistance Programs or veteran’s assistance. You also must reside in the United States and have a treating physician licensed in the United States. (Note: The Merck Prescription Discount Program is not insurance.)
• http://www.NeedyMeds.org is a comprehensive listing of patient assistance programs that provide no cost prescription medication to eligible participants. You can find information organized by program, company, and brand name as well as links to state resources, Medicaid information and articles on patient assistance programs.
• http://www.RxAssist.org is designed to provide health care providers with information to access pharmaceutical manufacturer’s patient assistance programs.
• http://www.RxOutreach.org offers generic medications to qualified individuals. To use Rx Outreach, your income needs to be less than a certain amount of money each year. This amount differs depending on the number of financially dependent people living in your home.
• www.TogetherRxAccess.com is an online community that connects people to communication
and information about saving money, which is especially relevant in today’s challenging economy. People share their savings stories and tips, help others learn how to live on a budget, and find local savings offers and coupons.

• [http://www.scbn.org/pap.html](http://www.scbn.org/pap.html) free prescription medications and discount prescription drugs for patients who lack medication coverage and have limited financial means.

**SOCIAL SECURITY ADMINISTRATION (SSA)**

Toll free: (800) 772-1213  
Website: [www.socialsecurity.gov](http://www.socialsecurity.gov)  
Publications Website: [http://www.socialsecurity.gov/employer/pub.htm?SSAIRS=&a0=4](http://www.socialsecurity.gov/employer/pub.htm?SSAIRS=&a0=4)

The Social Security Administration is responsible for two major programs that provide benefits based on disability: *Social Security Disability Insurance (SSDI)*, which is based on prior work under Social Security, and *Supplemental Security Income (SSI)*. Under SSI, payments are made on the basis of financial need.

*Social Security Disability Insurance (SSDI)* is financed with Social Security taxes paid by workers, employers, and the self-employed. To be eligible for a Social Security benefit, the worker must earn sufficient credits based on taxable work to be “insured” for Social Security purposes. Disability benefits are payable to blind or disabled workers, widow(er)s, or adults disabled since childhood, who are otherwise eligible. The monthly benefit is based on the Social Security earnings record of the insured worker.

*Supplemental Security Income (SSI)* is a program financed through general revenues. SSI disability benefits are payable to adults or children who are disabled or blind, have limited income and resources, meet the living arrangement requirements, and are otherwise eligible. The monthly payment varies up to the maximum federal benefit rate, which may be supplemented by the State or decreased by countable income and resources.

The following eligibility requirements and descriptions are brief overviews; complete information is available on the web site or at a Social Security Administration office.

**Supplemental Security Income (SSI)**  
Website: [http://www.socialsecurity.gov/ssi/](http://www.socialsecurity.gov/ssi/)

SSI is a federal program that pays monthly checks to people who are disabled, blind, and/or aged, and have limited income and assets. People who receive SSI checks may also receive Social Security checks if they meet eligibility requirements.

Eligibility Requirements: Anyone who is aged, blind or disabled – brief definitions follow:

**Aged:** 65 or older  
**Child:** an individual under the age of 18 is “disabled” if he or she has a medically determined physical or mental impairment which: results in marked and severe functional limitations; and can be expected to result in death or has lasted or can be expected to last for a continuous period of not less than 12 months.  
**Adult:** an individual age 18 and older is "disabled" if he or she has a medically determinable physical or mental impairment, which: results in the inability to do any substantial gainful activity and can be expected to result in death or has lasted or can be expected to last for a continuous period of not less than 12 months. Social Security generally works with a state agency to decide whether the person is disabled or blind within the meaning of the law.

Child or Adult with Blindness: the definition used is “statutory blindness”: having a central visual acuity of 20/200 or less in your better eye with use of correcting lens; or having a visual field limitation in your better eye, such that the widest diameter of the visual field subtends an angle no greater than 20 degrees. However, if you have a visual impairment that is not “statutory blindness” as defined above, you may still be eligible for SSI benefits on the basis of disability.

**AND, WHO:**
have limited income; and have limited resources; and is a resident of one of the 50 States, the District of Columbia, or the Northern Mariana Islands; and is not absent from the country for a full calendar month or more than 30 consecutive days; and applies for any other cash benefits or payments for which he or she may be eligible, (for example, pensions, Social Security benefits); and gives SSA permission to contact any financial institution and request any financial records that the financial institution may have about you; and files an application; and meets certain other requirements.

Limited Income — includes money you earn from work; money you receive from other sources, such as Social Security benefits, workers compensation, unemployment benefits, Department of Veterans Affairs, friends or relatives; and free food or shelter.

Generally, the more income you have, the less your SSI benefit will be. If your countable income is over the allowable limit, you cannot receive SSI benefits. Some of your income may not count as income for the SSI program.

Limited Resources — things you own such as: cash; bank accounts, stocks, U.S. savings bonds; land; vehicles; personal property; life insurance and anything else you own that could be converted to cash and used for food or shelter. The SSI limits for resources that are counted: an individual/child - $2000 and a couple - $3000.

If you are married, part of your spouse’s income and resources are included when deciding whether you qualify for SSI. If you are younger than age 18, part of your parents’ income and resources are included. And, if you are a sponsored noncitizen, your sponsor’s income and resources may be included.

You Can Work and Still Get SSI: special rules make it possible for people receiving Social Security disability benefits or Supplemental Security Income (SSI) to work and still receive monthly payments. And, if you cannot continue working because of your medical condition, your benefits can start again—you may not have to file a new application. Work incentives include: continued cash benefits for a time while you work; continued Medicare or Medicaid while you work; and help with education, training and rehabilitation to start a new line of work. More information is available at your Social Security Office or on line.

Get more information on the Ticket to Work program by calling 1-866-968-7842 toll-free (TTY 1-866-833-2967). Or you can call the toll-free number and ask for: Your Ticket to Work (Publication No. 05-10061). You also can visit the Ticket to Work website at www.socialsecurity.gov/work for more information. Any time you have questions about SSI, call 1-800-772-1213. Ask for the free booklet Supplemental Security Income (SSI).

After SSI payments begin, changes in income, assets, and living arrangements must be reported. The Social Security personnel are available to give information about the reporting process.

Usually people who receive SSI also receive a Medicaid (medical) Card and may become eligible for other state and county programs. If you are eligible for Social Security or other money benefits, you must apply for them.

Social Security Disability Insurance Program (SSDI)
Website: http://www.socialsecurity.gov/pubs/10153.html#2

SSDI can pay benefits to you and certain family members if you worked long enough and paid Social Security taxes. Your adult child also may qualify for benefits on your earnings record if he or she has a disability that started before the age of twenty-two.

For most people, the medical requirements for disability payments are the same under both programs and disability is determined by the same process. Whether you apply for Social Security or SSI disability, you will be asked for information about your medical condition, work and education history in order to help decide if you are disabled under Social Security Administration’s rules.
Briefly, to decide whether you are disabled, Social Security uses a step-by-step process involving five questions. They are:

**Are you working?** If you are working in 2010 and your earnings average more than $1,000 a month, you generally cannot be considered disabled. If you are not working, go to Step 2.

1. **Is your condition "severe"?** Your condition must interfere with basic work-related activities for your claim to be considered. If it does not, Social Security will find that you are not disabled. If your condition does interfere with basic work-related activities, go to Step 3.

2. **Is your condition found in the list of disabling conditions?** For each of the major body systems, we maintain a list of medical conditions that are so severe they automatically mean that you are disabled. If your condition is not on the list, we have to decide if it is of equal severity to a medical condition that is on the list. If it is, we will find that you are disabled. If it is not, we then go to Step 4.

3. **Can you do the work you did previously?** If your condition is severe but not at the same or equal level of severity as a medical condition on the list, then we must determine if it interferes with your ability to do the work you did previously. If it does not, your claim will be denied. If it does, we proceed to Step 5.

4. **If you cannot do the work you did in the past, are you able to adjust to other work?** Your medical conditions and your age, education, past work experience and any transferable skills you may have are considered. If you cannot adjust to other work, your claim will be approved. If you can adjust to other work, your claim will be denied.

In addition to using the website, you can call toll-free at (800) 772-1213. All calls are confidential. Representatives are available to answer specific questions from 7 a.m. to 7 p.m., Monday through Friday. You can receive information by automated phone service 24 hours a day. (You can use our automated response system to report a new address or request a replacement Medicare card.) If you are deaf or hard of hearing, you may call the TTY number, (800) 325-0778.

**Medicare:**

**Website:** [http://www社会保障.gov/pubs/10043.html](http://www社会保障.gov/pubs/10043.html)

Medicare is our country’s health insurance program for people age 65 or older. Certain people younger than age 65 can qualify for Medicare, too, including those who have disabilities and those who have permanent kidney failure or amyotrophic lateral sclerosis (Lou Gehrig’s disease). The program helps with the cost of health care, but it does not cover all medical expenses or the cost of most long-term care.

Medicare is financed by a portion of the payroll taxes paid by workers and their employers. It also is financed in part by monthly premiums deducted from Social Security checks.

The Centers for Medicare & Medicaid Services is the agency in charge of the Medicare program. But you apply for Medicare at Social Security, and we can give you general information about the Medicare program.

Medicare has four parts:

- Hospital insurance (Part A) that helps pay for inpatient care in a hospital or skilled nursing facility (following a hospital stay), some home health care and hospice care.
- Medical insurance (Part B) that helps pay for doctors’ services and many other medical services and supplies that are not covered by hospital insurance.
- Medicare Advantage (Part C) plans are available in many areas. People with Medicare Parts A and B can choose to receive all of their health care services through one of these provider organizations under Part C.
- Prescription drug coverage (Part D) that helps pay for medications doctors prescribe for treatment.
You can get more detailed information about what Medicare covers from *Medicare & You* (Publication No. CMS-10050). To get a copy, call the Medicare toll-free number, 1-800-MEDICARE (1-800-633-4227), or go to [www.medicare.gov](http://www.medicare.gov). If you are deaf or hard of hearing, you may call TTY 1-877-486-2048.

**A WORD ABOUT MEDICAID:**

You may think that Medicaid and Medicare are the same. Actually, they are two different programs. Medicaid is a state-run program that provides hospital and medical coverage for people with low income and little or no resources. Each state has its own rules about who is eligible and what is covered under Medicaid. Some people qualify for both Medicare and Medicaid. For more information about the Medicaid program, see the Medicaid information in the front of this section.

**TRAUMATIC BRAIN INJURY (TBI)**

Department Aging and Independent Living
Long Term Living Branch
275 East Main St., 3 E-E
Frankfort, KY 40621
Phone: (502) 564-6930
Fax: (502) 564-4595
Website: [http://chfs.ky.gov/dail/braintrust.htm](http://chfs.ky.gov/dail/braintrust.htm)

*Eligibility Requirements:* people with a partial or total disability caused by injury to the brain are eligible to receive support from the TBI Trust Fund. Eligible individuals have impaired cognitive abilities or impaired brain function. Injuries to the brain may be a result of physical trauma, damage resulting from a lack of oxygen, allergic conditions, toxic substances and other medical incidents, including damage caused by drug overdoses or alcohol poisoning. People with brain injury and without viable funding sources for needed services are eligible to receive support from the TBI Trust Fund. There are no caps for family income levels used to screen for services. Lack of adequate funding may be a result of the exhaustion of current benefits or benefit exclusion.

The TBI Benefit Management Program is committed to helping people with traumatic brain injury maintain the highest quality of life possible through its services and support. The program encourages recipients to regain their independence through self-determination and local programming and services. This unique program gives individuals with brain injury the opportunity and support to enjoy community living.

*Services available through the TBI Fund include:* case management, community residential services, and structured day programs, psychological services, prevocational services, supported employment services, companion services, respite care, occupational therapy, speech/language services and wraparound services.

*Services not covered by the TBI Trust Fund include:* institutionalization, hospitalization, medication, attorney fees, court cost, fines assessed as a result of a criminal conviction, the cost of incarceration, and any other court-ordered monetary payment/s.

*Benefit Limits:* $15,000 per person per year, with a lifetime maximum of $60,000. The program is not designed to provide intensive treatment or long-term support. However, the cost for case management services does not count against the person’s annual or lifetime benefit cap.

*To Apply:* Call toll free: (800) 447-4984 between 8:00 a.m. and 5 p.m., Eastern Standard Time.

**UNITED WAY HELPLINE - 211**
Website: [http://www.211.org/](http://www.211.org/)
Bluegrass Area: [www.uwbg.org/22](http://www.uwbg.org/22)
Campbell, Kenton, Grant Counties: [www.wwgc.org/211](http://www.wwgc.org/211)
[www.metrounitedway.org/211](http://www.metrounitedway.org/211)

This is a comprehensive information, referral and crisis telephone service that serves as a centralized clearinghouse to link people in need of services with appropriate community resources. It is accessible 24 hours, 7 days per week. Simply call 211. Visit the web site about 211 services in your area.
SECTION 7

HEALTH/
DENTAL/
THERAPEUTIC CARE
When our child, Cash, was first diagnosed with autism, we were totally intent on doing therapy with him. So intent, that the entire family “was involved in therapy.” Our home became a clinic. I was working myself to death trying every therapy that I heard about. Our family was falling apart. I decided that we needed to back off – “close the clinic” and re-establish our family and our home. When we did that, we began to appreciate Cash as our son rather than our child with a disability.

Ellen Nicholson, Manchester

As your son or daughter approaches adulthood, it is necessary to change from the pediatrician to a general practitioner. Often the family pediatrician will ignore the age limitation and continue to see the child with a disability during the teen years. The person with a disability may have specialists who will continue treating a disorder throughout the patient’s lifetime - - some may not.

When changing doctors, the family doctor should be consulted for referrals to those physicians he/she feels will be sensitive to your adult child’s health needs.

Medicaid covers services provided by participating health clinics. These services include basic diagnostic and therapeutic services, basic laboratory services, emergency services and services provided through agreement or arrangements.

Be sure to check the physician’s policy regarding Medicaid or Medicare.

**DENTISTRY**

**CABINET FOR HEALTH AND FAMILY SERVICES (CHFS)**

Website: [http://chfs.ky.gov/dms/dental.htm](http://chfs.ky.gov/dms/dental.htm)

The Kentucky Medicaid Dental Program covers certain routine preventive and restorative services for children under age 21 who have full Medicaid eligibility. Medicaid does cover some types of dental care for adults.

Coverage for Children includes: oral exams, X-rays, extractions, fillings for all ages, root canal therapy, crowns, sealants and braces (for severe circumstances) and must meet prior authorization criteria, denture repair.

Coverage for adults is limited, but includes: oral exams, emergency visits, X-rays, extractions and fillings.

For the list of dentist, go to: [http://chfs.ky.gov/NR/rdonlyres/0EB94D33-D4A8-4A56-B4A3-B7C80836A075/0/DentalProviderListingasofNovember2012WEB.pdf](http://chfs.ky.gov/NR/rdonlyres/0EB94D33-D4A8-4A56-B4A3-B7C80836A075/0/DentalProviderListingasofNovember2012WEB.pdf)

**CARDINAL HILL HEALTH CARE SYSTEM - EASTER SEAL OF KENTUCKY**

Website: [www.cardinalhill.org](http://www.cardinalhill.org)

Locations

**Lexington:**
Cardinal Hill Rehabilitation Hospital
2050 Versailles Road
Lexington, KY 40504
Phone: (859) 254-5701
Toll free: (800) 233-3260

**Louisville:**
Cardinal Hill Rehabilitation Center/Easter Seals of Louisville
9810 Bluegrass Parkway
Louisville, KY 40299
Phone: (502) 584-9781
Toll Free: (888) 494-6706
Northern Kentucky:
Cardinal Hill Special Hospital
Long Term Acute Care Hospital
St. Elizabeth, Ft. Thomas
85 North Grand Avenue
Ft. Thomas, KY 41075
Phone: (859) 572-3880

Cardinal Hill Healthcare Systems is a 501©3 organization owned by the Kentucky Easter Seal Society, Inc., an affiliate of National Easter Seals Society. The mission of Cardinal Hill Healthcare System/Kentucky Easter Seals is to help people with disabilities achieve maximum independence. In accordance with this goal, the Healthcare System provides services at five locations throughout Kentucky. Services include inpatient hospital care for physical rehabilitation needs and medically complex clients. In addition to the three inpatient programs, outpatient therapy, child care, adult day health, home health care and recreational programs are also available. The Healthcare System is one of the Commonwealth’s largest providers of physical rehabilitation services, with corporate headquarters located in Lexington, KY.

COMMISSION FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDS (CCSHCN)
310 Whittington Parkway
Louisville, KY 40222
Phone: (502) 429-4430
Toll free: (800) 232-1160
Fax: (502) 429-4489
Website: http://chfs.ky.gov/ccshcn/

Eligibility Requirements: Children up to age 21 who are Kentucky residents who have a condition that usually responds to medical treatment that is provided within the program and meets financial guidelines. The Commission for Children with Special Health Care Needs (CCSHCN) is a statewide healthcare program:

Specialty Medical Care: The Commission provides services through a variety of specialty clinics held across the Commonwealth providing treatment for: severe asthma, burns, cerebral palsy, cleft lip and palate, craniofacial, cystic fibrosis, ear, eye, hand, heart, hemophilia-pediatric and adult, juvenile rheumatoid arthritis, neurology, neurosurgery, orthopedic, reconstructive surgery, scoliosis, seizures, and spina bifida.

CCSHCN can provide the following types of services for children with physical special needs:
Clinic services- on-site at CCSHCN offices in 12 locations; satellite clinics in physician offices and other settings and office visits AND Therapy Services – physical therapy, occupational therapy, audiology services, speech therapy AND Related Lab and Follow-up-Coverage for X-rays and lab tests ordered by CCSHCN staff, medication and durable medical equipment.

Vision Program: The Commission provides free eye examinations to all school age children who fall between 200% - 250% of the Federal Poverty Line and are without insurance coverage for vision. To learn if your child can receive an eye exam through this program, please contact the Family & Youth Resource Service Center at your school or the nearest Commission office to schedule an appointment. To apply for services call Kelly Butner toll-free at (800) 232-1160.

Through the American Optometric Association’s InfantSEE project, participating optometrists provide a no-cost comprehensive eye and vision assessment to infants between the ages of 6 months and 12 months, offering early detection of potential problems regardless of income or access to insurance coverage. Parents can find a provider using the locator at http://infantsee.org or by calling toll-free (888) 396-EYES (3937).

To apply for services: Call the CCHSCN office serving your county (see below) OR call the toll free (800) 232-1160 OR visit the web site and email your request with the name of the county in which you live and a staff person will contact you.
<table>
<thead>
<tr>
<th><strong>Regional Offices:</strong></th>
<th><strong>Counties Served:</strong></th>
</tr>
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<tbody>
<tr>
<td><strong>Ashland</strong></td>
<td>Boyd, Carter, Elliott, Floyd, Greenup, Lawrence, Magoffin</td>
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<tr>
<td>5850 U.S. 60, Summit Plaza, Ashland, KY 41102</td>
<td></td>
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<tr>
<td>Phone: (606) 929-9155</td>
<td></td>
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<tr>
<td>Fax: (606) 929-9833</td>
<td></td>
</tr>
<tr>
<td>Toll free: (800) 650-1329</td>
<td></td>
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<tr>
<td><strong>Barbourville</strong></td>
<td>Bell, Clay, Harlan, Jackson, Laurel Rockcastle, Knox, Whitley</td>
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<tr>
<td>110 Johnson Lane, Barbourville, KY 40906</td>
<td></td>
</tr>
<tr>
<td>Phone: (606) 546-4199</td>
<td></td>
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<tr>
<td>Fax: (606) 546-5109</td>
<td></td>
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<tr>
<td>Toll free: (800) 348-4279</td>
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<tr>
<td><strong>Bowling Green</strong></td>
<td>Allen, Barren, Butler, Edmonson Hart, Logan, Metcalf, Monroe Simpson, Todd, Warren</td>
</tr>
<tr>
<td>495 Three Springs Road, Bowling Green, KY 42104</td>
<td></td>
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<tr>
<td>Phone: (270) 746-7816</td>
<td></td>
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<tr>
<td>Fax: (270) 746-7877</td>
<td></td>
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<tr>
<td>Toll free: (800) 843-5877</td>
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<tr>
<td><strong>Elizabethtown</strong></td>
<td>Breckinridge, Grayson, Hardin Larue, Marion, Meade, Nelson Washington</td>
</tr>
<tr>
<td>580 B Westport Road, Elizabethtown, KY 42701</td>
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</tr>
<tr>
<td>Phone: (270) 766-5370</td>
<td></td>
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<tr>
<td>Fax: (270) 769-5121</td>
<td></td>
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<tr>
<td>Toll free: (800) 995-6982</td>
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<tr>
<td><strong>Hazard</strong></td>
<td>Breathitt, Knott, Lee, Leslie Letcher, Owsley, Perry, Wolfe</td>
</tr>
<tr>
<td>103 Town &amp; Country Lane, Suite M, Hazard, KY 41701</td>
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<tr>
<td>Phone: (606) 435-6167</td>
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<tr>
<td>Fax: (606) 435-6164</td>
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<tr>
<td>Toll free: (800) 378-3357</td>
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<tr>
<td><strong>Lexington</strong></td>
<td>Anderson, Boone, Bourbon, Boyle, Clark Estill, Fayette, Franklin, Grant, Kenton Garrard, Harrison, Jessamine, Lincoln Madison, Mercer, Nicholas, Powell, Scott, Woodford</td>
</tr>
<tr>
<td>333 Waller Avenue, Suite 300, Lexington, KY 40504</td>
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<tr>
<td>Phone: (859) 252-3170</td>
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<tr>
<td>Fax: (859) 225-7155</td>
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<tr>
<td>Toll free: (800) 817-3874</td>
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<tr>
<td><strong>Louisville (Central Office)</strong></td>
<td>Bullitt, Carroll, Gallatin, Henry, Jefferson Shelby, Spencer, Trimble, Oldham and statewide</td>
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<tr>
<td>310 Whittington Parkway, Louisville, KY 40222</td>
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<tr>
<td>Phone: (502) 429-4430</td>
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<tr>
<td>Fax: (502) 429-4430</td>
<td></td>
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<tr>
<td>Toll free: (800) 232-1160</td>
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<tr>
<td><strong>Morehead</strong></td>
<td>Bath, Bracken, Campbell, Fleming, Lewis, Mason, Menifee, Montgomery, Morgan, Pendleton, Robertson, Rowan</td>
</tr>
<tr>
<td>214 West First Street, Morehead, KY 40351</td>
<td></td>
</tr>
<tr>
<td>Phone: (606) 783-8610</td>
<td></td>
</tr>
<tr>
<td>Fax: (606) 783-8612</td>
<td></td>
</tr>
<tr>
<td>Toll free: (800) 928-3049</td>
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</tbody>
</table>
Owensboro
1600 Breckenridge Street
Owensboro, KY 42303
Phone: (270) 687-7038
Fax: (270) 687-7040
Toll free: (877) 687-7038

Daviess, Hancock, Henderson, Hopkins
McLean, Muhlenberg, Ohio, Union, Webster

Paducah
400 Park Avenue, Bldg. D
Paducah, KY 42001
Phone: (270) 443-3651
Fax: (270) 441-7119
Toll free: (800) 443-3651

Ballard, Caldwell, Calloway, Carlisle
Crittendon, Fulton, Graves, Hickman,
Marshall, McCracken, Trigg

Prestonsburg
5000 KY Route 321
Prestonsburg, KY 41653
Phone: (606) 889-1761
Fax: (606) 889-1766
Toll free: (800) 594-7058

Floyd, Johnson, Magoffin, Martin, Pike

Somerset
Professional Plaza
401 Bogle Street, Suite 104
Somerset, KY 42503
Phone: (606) 678-4454
Fax: (606) 679-5599
Toll free: (800) 525-4279

Adair, Casey, Clinton, Cumberland,
Green, McCreary, Pulaski, Russell,
Russell, Taylor, Wayne

EASTER SEALS WEST KENTUCKY
801 North 29th Street
Paducah, KY 42001
Phone: (270) 444-9687
Toll free: (866) 673-3565
Fax: (270) 444-0655
Email: http://eswky.easterseals.com

Easter Seals West Kentucky represents nearly half a century of helping people with physical and mental challenges to gain greater independence by providing quality services. Begun in 1954 through the merger of the McCracken County Cerebral Palsy Organization and the Crippled Children’s Clinic, Easter Seals West Kentucky serves nineteen counties in Western Kentucky, plus areas in southern Illinois and southeastern Missouri. Services provided by Easter Seals West Kentucky are: Medical Rehabilitation, Job Training and Employment to build skills in finding and keeping a great job; Child Care providing a learning environment for children and peace of mind for parents; Adult Day Programs which anticipate the needs of adults with disabilities and older adults.

DEPARTMENT FOR PUBLIC HEALTH (DPH)
Kentucky Cabinet for Health Services
275 East Main Street
Frankfort, KY 40621
To contact the Cabinet by phone, you may call the Office of the Ombudsman:
Phone: (502) 564-3970
Toll free: (800) 372-2973 Voice or (800) 627-4702 TTY
Website: http://chfs.ky.gov/dph/
Web site of local Health District's locations: http://chfs.ky.gov/NR/rdonlyres/F37BDF08-7C60-4E61-B001-29B8D2A68FE6/0/Alpha1_HDListing2513.pdf
The Department for Public Health is the sole organizational unit of Kentucky's state government responsible for developing and operating all public health programs and activities for the citizens of Kentucky. These activities include health service programs for the prevention, detection, care, and treatment of physical disability, illness and disease.

HEALTH KENTUCKY & KENTUCKY PHYSICIANS CARE PROGRAM
140 Consumer Lane
Frankfort, Kentucky 40601
Phone: (502) 227-3158
Fax: (502) 227-9294
Toll free: (800) 633-8100
Email: info@healthkentucky.org
Website: http://www.healthkentucky.org/

Eligibility Requirements:
1. Applicant must be a U.S. Citizen and a Kentucky resident between the ages of 19-64
2. Applicant cannot be covered by any other insurance including, Medicaid, Medicare, or Disability (SSI)
3. Income level for applicant must be at or below 100% Federal Poverty guidelines. Resources must be less than $2000. This can be determined when completing the application.

Their mission is to arrange and promote access to health care for low income, uninsured Kentuckians by:
- coordinating a network of enrolment sites for patients;
- coordinating a network of volunteer health care providers;
- collaborating with other organizations that address the health care delivery system.

It began its mission in 1984 as a private non-profit 501(c) 3 organizations and has formed partnerships with state trade and professional associations, volunteer health care providers, the Cabinet for Health Services, and the Cabinet for Families and Children. More than 300,000 individuals have been served since the organization's inception.

The volunteer health care providers, dentists and four pharmaceutical companies provide free health care and medications to eligible patients through programs sponsored by their respective state trade and professional associations. Patient eligibility is determined by Health Kentucky or approved satellite site once the correct paperwork/eligibility documentation is received. Also eligibility is determined on an “as needed basis” for changes in income, household size and resources. The Cabinet for Health Services staffs a toll-free hot line, which provides patients with referrals to participating health care providers. Health Kentucky promotes its services through various outreach activities, manages the volunteer health-care network and administers the programs.

Services Not Covered through the KPC: work related injuries; injuries from a motor vehicle accident; Disability Determinations/physical/paperwork; hospitalizations of emergency room visits; medical/dental emergencies; any type of therapy including physical therapy, occupational therapy or speech therapy; any surgical procedures, treatments; physicals; second opinions; any type of diagnostic testing including X-rays, lab work; pay past medical bills; dentures; eye glasses; durable medical goods/diabetic supplies; paperwork to receive food stamps and pain management.

Health Kentucky was designed to aid those Kentuckians who are unable to afford quality healthcare. It is designed for preventive care and not emergencies.

If you think you may be eligible for free health care, please call our toll-free hot line at (800) 633-8100 for additional information or you can apply at your County Department for Community Based Services.
Its mission is to provide access to medical, social and environmental services for the citizens of the Commonwealth. Its goal is to educate Kentuckians to identify risk factors and use preventive measures to become a healthier people with knowledge and skills to access the health care and social services systems. A University of Kentucky award winning lay health worker program, it is funded through a contract with the Department for Public Health using money appropriated by the General Assembly. In addition to its director, it currently employs 39 family health care advisors (FHCAs), five regional coordinators and an administrative coordinator to serve 58 primarily rural counties. FHCAs live in the areas they serve. They are trained to provide access to a variety of health and social services to medically underserved people living in their communities.

Their objectives are to: provide access to medical, social and environmental services; educate individuals to access appropriate health care services; network with multidisciplinary agencies on clients’ behalf; provide education on primary and preventive care to promote a better quality of life; collect and analyze data to identify health trends as well as socio-cultural and economic barriers to health care; find solutions to bridge the gap between uninsured and underserved individuals and the health care system.

**Region** | **Counties Served:**
---|---
**Northeast Region:** | Greenup, Carter, Boyd, Rowan, Elliott, Lawrence, Martin, Johnson, Magoffin, Morgan, Menifee, Bath and Montgomery
Janet Kegley, Principal Investigator
Mace Baker, R.N. Director
Senior Citizens Building, Main Street
P.O. Box 67
Sandy Hook, KY 41171
Phone: (606) 738-4729
Toll free: (888) 223-2910
Fax: (606) 738-6315
Email: jkkegl2@uky.edu

**South Region:** | Estill, Lee, Jackson, Owsley, Laurel, Clay, Leslie, Whitley, Knox, Bell, Harlan
Helen Collett, Regional Coordinator
22728 Highway 421, Suite 107
Hyden, KY 41749
Phone: (606) 672-2827
Toll free: (888) 220-3783
Fax: (606) 672-2741
Email: collett@uky.edu

**South Central Region:** | Butler, Edmonson, Hart, Logan, Warren, Barren Metcalfe, Simpson, Allen and Monroe
Beth Wells, Regional Coordinator
119 Park Avenue
Glasgow, KY 42141
Phone: (270) 659-2893
Toll free: (800) 890-6368
Fax: (270) 659-0456
Email: bwell2@uky.edu
Southeast Region:
Ralph Fugate, Regional Coordinator
1154 Main Street
Jackson, KY 41339
Phone: (606) 666-4622
Toll free: (855) 253-0914
Fax: (606) 666-4022
Email: rfu222@uky.edu

Western Region:
Sherry Morris, Regional Coordinator
1101 Main Street
Benton, KY 42025
Phone: (270) 527-4350
Toll free: (800) 862-0603
Fax: (270) 527-4350
Email: smorr5@uky.edu

KENTUCKY STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)
Department for Aging and Independent Living
The statewide SHIP toll free-number within Kentucky is: 1-877-293-7447
SHIP Counselors are located at your Area Aging Agency listed in Section 6, Financial Assistance under Consumer Directed Options.

The Kentucky State Health Insurance Assistance Program (SHIP) provides information, counseling and assistance to seniors and individuals with disabilities, their family members and caregivers. This service is provided at no charge by local, well-trained counselors. The program seeks to educate the general public and Medicare beneficiaries so they are better able to make informed decisions about their health care. SHIP does not sell anything. SHIP has four goals: educate seniors on health insurance coverage, benefits and consumer rights; provide assistance and education, on a one-on-one basis or through educational forums; protect consumers against fraud or misdirected collections; and to empower consumers to make informed health insurance choices.

Services include: one-on-one counseling by telephone or in person; presentations to community groups; printed materials; and referrals (connections to other agencies). SHIP counselors can help you: understand Medicare and/or Medicaid coverage and supplemental insurance; understand and compare supplemental policies and plans; fill out prescription drug discount program applications; and apply for public benefits. It also works in partnership with the Kentucky Medicare Partners to provide outreach and education to people with Medicare.

THE UNDERWOOD AND LEE CLINIC
1800 Bluegrass Avenue, Suite A
Louisville, KY 40215
Phone: (502) 368-2348
Fax: (502) 368-2340

The mission of the Underwood and Lee Clinic is to provide patient-centered, comprehensive dental services to people with intellectual and other developmental disabilities in a compassionate and professional clinic environment. And, to serve as the Commonwealth’s premier center of excellence in delivering quality dental care and educating the next generation of dental professionals in the delivery of services to these patients. And, to continue to be a regional and national force in Developmental Disabilities Dentistry research and in the promotion of an improved standard of dental care for Americans with intellectual and developmental disabilities.
AFFORDABLE CAR ACT (ACA)
The Patient Protection and Affordable Care Act was enacted in 2010 to provide better more affordable healthcare to Americans. The ACA requires that health insurance plans include certain basic benefits. The ACA has allowed our state to expand Medicaid and establish a health insurance marketplace, called kynector. This means many more Kentuckians will have health insurance. As part of the ACA, individuals with health insurance and who do not have extreme financial hardship, must purchase at least a “bronze” level plan for healthcare exchange to avoid a financial penalty for not having health insurance.

Some of the important provisions of the ACA that benefit people with disabilities include:
- Children under 19 can no longer be denied coverage based on preexisting conditions. A preexisting condition is one that existed before the date you enrolled in health insurance coverage and can include common conditions such as diabetes, seizures, asthma, and others.
- Adults can no longer be denied coverage on the basis of a preexisting condition, as well.
- Insurance companies cannot drop your coverage or charge you more on the basis of your disability or other health conditions.
- Insurance companies cannot impose lifetime dollar limits on essential benefits.
- You can appeal coverage determinations.
- All new health plans must cover certain preventative services without charging deductibles.
- Coverage is extended so young adults can stay on their parents’ plan until they are 26 (and the coverage for a dependent son or daughter with a disability may be extended beyond the age of 26).
- Habitation services can include speech/language, physical therapy, and occupational therapy, up to 20 visits per year for each service.

KYNECT – KENTUCKY’S HEALTHCARE CONNECTION
Phone: (855) 459-6328 or (855) 326-4654 (TTY)
Website: www.kynect.ky.gov or www.healthcare.gov

KYNECT is a new kind of health insurance marketplace. It will provide families, individuals and small businesses with easy, one-stop shopping to find healthcare coverage you need. Federal law now requires that most people over the age of 18 have health insurance or pay a penalty starting in 2014. Getting covered through kynect may provide payment assistance, tax credits and special discounts to help you pay for health insurance. It will also check on Medicaid or KCHIP eligibility.

Mental Health
Department of Behavioral Health
275 East Main Street, 4-CF
Cabinet for Health and Family Services
Frankfort, KY 40621
(502) 564-7700

NAMI Kentucky
808 Monticello Street
Somerset, KY 42501
Phone: (606) 451-6935

Mental Health America of Kentucky
120 Sears Avenue, Suite 213
Louisville, KY 40207
Phone: (502) 893-0460
Toll Free: (888) 705-0463
http://www.mhankky.org

Mental Health America of N. Ky
912 Scott Street
Covington, KY 41012
Phone: (859) 431-1077
Fax (859) 292-2485

Mental Health Association of N. KY
605 Madison Avenue
Covington, KY 41011
Phone: (859) 431-1077
http://www.mhankky.org

CHIP/KCHIP
(health care for low-income uninsured children)
Cabinet for Health and Family Services
275 East Street
Frankfort, KY 40621
Phone (877) 524-4718
SECTION 8

LEGAL/ADVOCACY SERVICES
LEGAL/ADVOCACY SERVICES

“I would go to conferences and when guardianship wills and trusts were discussed, I let it go by me because our children are young and so are we. But then I got cancer. Just as I finished my last treatment, my husband had a major heart attack. Now, we are “paying attention” and are developing our plans. We know that our plans may change throughout the years but, it is better to change plans than to have nothing in place to protect our children.”

Trudy Abshire, Richmond

Until a person reaches the age of 18, parents are considered the “natural” guardians. According to Kentucky law, at age 18 children are “freed” from parental control. The law presumes the individual is capable of exercising the rights of an adult (regardless of the severity or complexity of the disability) unless the court has determined that the person is unable to care for their personal or financial needs.

Until 1982, legally disabled people in Kentucky were called “incompetent.” Those appointed to manage their affairs were called “committees.” When a person was declared incompetent, they lost almost all of their civil rights regardless of their abilities to manage some of their own affairs. There were major changes in the laws.

On July 1, 1982 a law went into effect which states that a person whose functional abilities are impaired can be declared disabled only in those areas in which they are actually unable to care for themselves or manage their finances. All rights, which they are able to exercise, are retained.

Under the new law, the terms “guardian” and “conservator” replaced the term “committee.” The term “disabled” replaced “incompetent.” The procedure by which a person is determined disabled was changed to provide more safeguards for the person with a disability.

Parents and grandparents concerned for the future of their adult child often establish savings accounts, trusts, and write wills to prepare for the future. However, eligibility for benefits such as Supplemental Security Income (SSI) and Medicaid Cards are dependent on the adult’s absence of income and assets. These benefits also provide eligibility for other services. It is wise to check with your attorney before establishing a personal source of funds for your son or daughter or grandchild.

Kentucky’s Protection and Advocacy has developed a handbook, Thinking About Guardianship. Contact them for a copy. Read more about Protection and Advocacy on their website: http://www.kypa.net

FOR YOUR INFORMATION:
The Commonwealth of Kentucky provides, upon request, reasonable accommodations including auxiliary aids and services necessary to afford an individual with a disability an equal opportunity to participate in all services, programs and activities. To request materials in an alternative format, each agency web site provides information for contacting the person or persons responsible for providing the service within the agency. Persons with hearing and speech impairments can contact each agency by using the Kentucky Relay Service, a toll-free telecommunication device for the deaf (TDD). For voice to TDD, call toll free: (800)-648-6057. For TDD to voice, call toll free: (800) 648-6056.

874K - THE UNITED COALITION
120 Sears Avenue, Suite 212
Louisville, KY  40207
Phone:  (502) 894-0222
Toll free:  (877) 894-0222
Fax:  (502) 894-0635
Website: http://www.advocacyaction.net/Dot_ViewCategory.asp?idcategory=108

Established in 2001, this coalition seeks to bring together and strengthen the voices of the growing number of Kentuckians (874,000-plus) who are identified as having a disability which interferes with activities of daily living. The 874K United Coalition is comprised of organizations representing individuals with
disabilities, their family members, advocates, providers and concerned citizens. The advocacy events sponsored by 874K are held in Frankfort during the legislative session with the goal of giving individuals affected by disabilities the opportunity to meet the Governor and key Cabinet officials, their state legislators and staff, and the media. Typical attendance is between 700 and 1,200 individuals from all parts of Kentucky. Sponsorship opportunities for these advocacy events are offered to organizations wishing to contribute to support 874K’s mission and vision for full inclusion of all individuals with disabilities.

The 874K Vision is of communities across Kentucky where: barriers to services are eliminated, whether they be physical, regulatory, financial or attitudinal; the individual and his or her circle of support are informed so they can exercise their freedom to make choices, individuals are able to gain and maintain employment and have the opportunity to become tax payers; all citizens are secure and protected in their communities and there is increased awareness of disabilities and reduction of the stigma often associated with them.

THE ARC OF KENTUCKY
706 East Main Street, Suite A
Frankfort, KY 40601
Phone: (502) 875-5225
Toll free: (800) 281-1272
Fax: (502) 875-5226
Email: arcofky@aol.com
Website: www.arcofky.org

The Arc of Kentucky has consistently developed advocacy-training programs. These training programs are open to individuals who have a disability and/or family members. Under the grants, expenses, often including respite, are included. Current initiatives are: Advocates in Action – Self-Determination/Leadership Academy. This is an innovative training program designed to train individuals with disabilities, family members, siblings of family members with disabilities and professionals working with people with disabilities.

Participants will hear the most up-to-date information on the most crucial issues facing individuals with disabilities and their families. There will be two statewide events; the first scheduled for this fall and the second in January. Participants must agree to attend both sessions.

The Future is Now, an Aging Caregiver Project. This Aging Caregiver Project is funded by the Kentucky Commonwealth Council on Developmental Disabilities. Trainings are designed to assist in creating a safe and secure future for a loved one who has an intellectual or developmental disability. Participants will receive information and guidance in how to create a support plan for the future; a description of a Special Needs Trust; information about publicly funded resources and their limitations; critical questions which need to be addressed before meeting with an attorney; resources for referrals of attorneys who can assist with planning; developing a team approach – encouraging family members and/or friends to attend. Participants will receive a Resource Notebook and worksheets. Phase Two of the training is designed to support adults with developmental disabilities and their families in making future plans for residential, financial and legal future plans for their later years. The purpose of The Future is Now is to engage families and their relatives with a disability to jointly make plans for the future by preparing a Letter of Intent at regional training sessions that will identify the dreams and plans for the future of the individual with a disability. The training consists of five 2.5 hour small group sessions that include: How to Get Started, How to Build Relationships, How to Obtain Housing, Postsecondary Education, Work and Retirement, and How to find People to Keep the Dream Going. In addition, Phase Two is now offered in a webinar series.

The Arc has produced several handbooks including Hot Tips for Legislative Advocates. Contact the Arc for your copies. See Section 1, The Arc of Kentucky and other Sources for Support and Information for additional information.
The Center's mission is to protect the rights of children in Kentucky through individual and class action representation, research and policy development, and through training and education of attorneys and other professionals concerning the rights of children.

The Children's Law Center provides attorneys to represent young people in a variety of legal and administrative proceedings including child abuse and neglect matters, special education and other school issues, homelessness, juvenile justice issues, and "multi-system" cases. The Center’s lawyers are engaged in litigation at the trial court and appellate levels and in both federal and state courts as well as administrative forums.

KENTUCKY COMMISSION ON DEAF AND HARD OF HEARING (KCDHH)
632 Versailles Road
Phone: (502) 573-2604 Voice/TTY
Videophone: (502) 416-0607
Fax: (502) 573-3594
Email: kcdhh@kcdhh.ky.gov
Website: http://www.kcdhh.ky.gov/

The KCDHH acts as an advocate for deaf and hard of hearing persons on legislative issues as well as a consultant to the Governor, General Assembly, and various state and local governmental agencies concerning policies and programs that pertain to people with hearing loss. In addition to the duties mandated by the legislature, KCDHH provides information, referral and advocacy services and an interpreter referral service for state agencies. It also produces publications, maintains a resource library and manages a telecommunications access program for eligible Kentuckians. See Section 2, Directory of Directories for the KCDHH Directory of Services.

KENTUCKY CONSUMER ADVOCATE NETWORK (KYCAN)
10510 LaGrange Road #103
Louisville KY 40223
Phone: (502) 245-5281
Toll free: (800) 564-8034

The mission of the Kentucky Consumer Advocate Network (KYCAN) is to empower mental health consumers to hope, to take personal responsibility, advocate for the transformation to a recovery oriented system of care, educate, and to represent the consumer community before public and governmental bodies.

COMMONWEALTH COUNCIL ON DEVELOPMENTAL DISABILITIES (CCDD)
32 Fountain Place
Frankfort, KY 40621-0001
Phone Toll free: (877) 367-5332 or (502) 564-7842
Fax: (502) 564-9826
Website: http://kyccdd.com

The CCDD mission statement is to create change through visionary leadership and advocacy so that people have choices and control over their own lives. The Council believes that people with developmental disabilities are citizens with the same rights and responsibilities as other citizens. They have the right to
life, liberty, and the pursuit of happiness. People with developmental disabilities have the right to make choices for themselves and have control over their own lives. The Commonwealth Council on Developmental Disabilities (CCDD) was authorized by Executive order of the Governor, in accordance with Public Law 106-402, the Developmental Disabilities Assistance and Bill of Rights Act.

CCDD has a reimbursement grant available for financial assistance for individuals with developmental disabilities and their close support network (parent, therapist, teacher, etc.) to participate in both in and out-of-state leadership development opportunities. The purpose of the fund is to empower individuals to achieve full citizenship and inclusion in their community through education, capacity building and advocacy.

Eligibility is open to individuals who have a developmental disability. This person is considered the qualifying individual. All applications must include the name of the qualifying individual. A qualifying individual or a member of the individual’s close support network may request funds; however this will be done under the qualifying individual name. Any usage of the fund will count toward the total allowable approved funds usage for the qualifying individual.

The qualifying individual may apply for two in state or one out-of-state leadership development opportunity per year. Applications are reviewed quarterly. For more information about the Leadership Development Fund and an application, go to www.chfs.ky.gov/ccdd/.

Check legislation by going to the web site www.kentuckydisability.org. The site allows you to:
- Spotlight state legislation concerning disabilities
- Find/contact your legislators
- Write letters, email or phone follow-up
- Send yourself e-alerts to track progress of bills important to you

KENTUCKY’S LEGAL AID
Website: http://www.klaid.org

Eligibility Requirements: Kentucky’s legal services programs serve several groups of vulnerable Kentuckians: People 60 years old and older, those who meet income guidelines and in some cases, people who are victims of domestic violence.

Kentucky’s legal services programs are independent, tax-exempt, non-profit organizations that receive state funds and federal grants from the Legal Services Corporation, which also provided the funding for this website. Legal services programs also receive local support, including grants and donations.

Kentucky has four programs that provide a wide range of legal services to low income and elderly Kentuckians:

Program: Appalachian Research & Defense Fund, Inc. (AppalRed)
102 North Front Avenue
Prestonsburg, KY 41653
Phone: (606) 886-3876
Toll free: (800) 556-3876
New Clients: (866) 277-5733
Fax: (606) 886-0079
Website: http://www.ardfky.org

Services: The AppalRed staff provides legal advice and representation to those facing a full range of poverty law problems including family law, housing, public benefits, consumer issues, utility cutoffs, employment and education law.
Kentucky Legal Aid – Main Office
1700 Destiny Lane
Bowling Green, KY 42104
Phone: (270) 782-1924
New Clients: (866) 452-9243
Note: After 5:00 p.m. (CT) (270) 782-1926
Toll free: (800) 782-1924 Clients only
Website: http://www.klaid.org

Services: Attorneys and other staff provide direct legal assistance to low-income families and individuals to resolve serious economic and social problems. Priority is given to cases that affect the client’s ability to achieve long term self sufficiency. Benefits Counseling helps elderly and disabled people improve their quality of life by assisting clients to obtain benefits for which they qualify. Also provided are emergency and long term legal assistance to victims of domestic violence.

Legal Aid of the Bluegrass
104 East 7th Street
Covington, KY 41011
Phone: (859) 431-8200
Toll free: (800) 888-8189
Fax: (859) 431-3009
Website: http://www.lablaw.org

Call for a list of services.

Legal Aid Society
416 West Muhammad Ali Blvd., Suite 300
Louisville, KY 40202
Phone: (502) 584-1254
Toll free: (800) 292-1862 – Kentucky only
Fax: (502) 584-8014
Website: http://www.laslou.org

Services: The only organization in Louisville and the surrounding counties that provides free civil legal services. Those assisted include the elderly, children, victims of domestic violence and other vulnerable groups.

Look for pro bono programs near you. Volunteer lawyers help realize the promise of justice for all. The "justice gap" in Kentucky is so severe that only 20 percent of low income Kentuckians' legal needs are addressed at present.

ACCESS TO JUSTICE FOUNDATION
Primary Address: 535 West Second Street, Suite 101
Lexington, KY 40508-1284
Phone: (859) 255-9913, Ext. 18
Fax: (859) 231-5356
Website: http://www.ajfky.org/index_new.php

The Legal Help Line for Older Kentuckians is a service of the Access to Justice Foundation (AJF). It is a service intended to help elderly Kentuckians with legal issues. The service provides legal advice and assistance to persons age 60 and older and their caregivers.
LIFE PLAN OF KENTUCKY
Special Needs Pooled Trust
Contact: Karen Perch, Attorney
2333 Alexandria Drive
Lexington, KY 40504
Phone: (859) 224-0513
Email: karenlperch@gmail.com
Website: http://www.perchlaw.com

Life Plan is a not-for-profit pooled special needs trust for the benefit of all Kentucky residents with disabilities. Life plan will assist relatives and concerned others with developing an estate plan and special needs or supplemental needs trusts, and qualifying income trusts, in order to establish or maintain eligibility for government benefits, financial planning and guardianship.

KENTUCKY LONG-TERM CARE OMBUDSMAN (KLTCOP)
Phone: (502) 564-6930 Ext. 3536
Toll free: (800) 372-2991
TTY: (800) 572-4702
Fax: (502) 564-4595
Email: http://chfs.ky.gov/dail/kltcp.htm

The Kentucky Long-Term Care Ombudsman Program advocates for residents of nursing homes, personal care homes and family care homes. Ombudsmen work to resolve problems of individual residents and to bring about improvements in care through changes at the local, state and national levels.

While most residents receive good care in long-term care facilities, far too many are neglected and suffer psychological, physical and other types of abuse. Kentucky has more than 170 trained volunteer ombudsmen who regularly visit long-term care facilities, monitor conditions and care and provide a voice for those unable to speak for themselves.

The responsibilities of long-term care ombudsmen include: identifying, investigating and resolving complaints made by or on behalf of residents; providing information to residents about long-term care services; representing the interest of residents before governmental agencies and seeking administrative, legal and other remedies to protect residents; analyzing, commenting on and recommending changes in laws and regulations pertaining to the health, safety, welfare and rights of residents; educating and informing consumers and the general public about long-term care issues and concerns and facilitating public comment on laws, regulations, policies and actions; promoting development of citizen organizations to participate in the program; providing technical support to develop resident and family councils that protect the wellbeing and rights of residents; and advocating for changes to improve residents’ quality of life and care.

KENTUCKY STATE COORDINATOR FOR AMERICANS WITH DISABILITIES ACT (ADA)
Kentucky ADA Coordinator,
Education Cabinet, Capital Plaza Tower, 2nd Floor
500 Mero Street 2nd floor
Frankfort, KY 40601
Phone: (502) 564-3850
Website: http://ada.ky.gov/

Questions about the Americans with Disabilities Act (ADA)? Call or email.

Read more about the ADA: http://www.adata.org/Static/Disability.aspx
Kentucky Youth Advocates (KYA) is a non-partisan, non-profit, children's advocacy organization. KYA represents a voice for Kentucky's most precious asset – its youth. Believing that Kentucky's youth deserve the opportunities and resources necessary to ensure their productive development and health, they work on behalf of Kentucky's children with the state legislature, the community, and the media. KYA listens to children, their families, and service providers who are reluctant or unable to raise questions about existing policies. KYA promotes positive changes and policies that impact children by providing research, timely publications on issues and collaborating with a variety of groups to craft policies that positively affect Kentucky's children, especially those who are poor and otherwise disadvantaged.

MassMutual has carried the Exceptional Parent Symbol of Excellence since receiving it in 2004 in recognition of its commitment and service to people with disabilities and other special needs and their families. Mass Mutual helps families with financial planning for the future of a dependent child/adult with special needs. Check your phone book for other MassMutual offices in your community.

Met DESK, MetLife's Division of Estate Planning for Special Kids, helps families with financial planning for the future of a dependent child/adult with special needs. Met DESK has a working relationship with the Autism Society of America, The Arc, Special Needs Advocate for Parents, National Organization for Rare Disorders and National Down Syndrome Society. Call the Metropolitan Life office in your area for more information.

NAMI Kentucky is a self-help organization that is part of a nationwide network devoted to improving the lives of individuals with serious mental illness and decreasing the prevailing stigma associated with mental illness. The national organization was founded in 1979 by 284 people. NAMI Kentucky is an affiliate. There are now over 1200 affiliate groups located in all 50 states. NAMI Kentucky represents over 1300 members/households and has 22 affiliates plus newly forming affiliates throughout the state.

NAMI Kentucky is a non-profit 501(c) 3 organization. Our primary focus is to provide support, education and advocacy for those who have severe mental illnesses as well as their families. We strive as an organization to educate ourselves and the general public about the prevalence of mental illnesses, alternative treatments and the need for community facilities and services. We advocate for the rights of all
persons affected by severe mental illness and for services to help those with mental illnesses to achieve the highest degree of independence and productivity possible. We encourage and support research on the cause and treatment of mental illnesses.

Call the state office for the local chapter near you.

PROTECTION AND ADVOCACY (P & A)
5 Mill Creek Park
Frankfort, KY 40601
Phone: (502) 564-2967; Toll free: (800) 372-2988
Fax: (502) 564-0848
E-mail: http://www.kypa.net/contact/question.html
Website: www.kypa.net

Eligibility Requirements: Information, referral and training are available to all. Individual representation is provided to children and adults in Kentucky who have a disability and (because of limited resources) whose situation fits a current agency priority. The mission is to protect and promote the rights of Kentuckians with disabilities through legally based individual and systemic advocacy, and education.

Protection and Advocacy (P&A) is an independent state agency that was designated by the Governor as the protection and advocacy agency for Kentucky. P&A's staff includes professional advocates and attorneys. They are advocates working together with people who have disabilities to promote and protect their legal rights. Through the information and referral services, they strive to answer questions about your rights under disability laws.

Protection and Advocacy provides information, referral, and training on legal rights and disability related issues. Legally based advocacy is provided to people with disabilities. Protection and Advocacy has numerous booklets and pamphlets which are available free by calling their office.

PROJECT SAFE (SAFETY AND ACCESSIBILITY FOR EVERYONE)
Contact agencies:
Kentucky Association of Sexual Assault Programs - Toll free: (866) 375-2727 OR
Kentucky Office for the ADA Coordinator – Toll free: (877) 423-2933

Check out the laws regarding abuse in Kentucky: http://www.lrc.ky.gov/krs/620-00/030.pdf

Eleven state organizations are working together to end domestic and sexual violence against individuals with disabilities. The statistics are alarming! Up to 90% of people with developmental disabilities are sexually abused at some time – 60 to 85% of women with disabilities experience domestic abuse. The risk of being abused for people with disabilities is two to five times higher than for the general population. Factors linked to increased risk are: limited ability to resist or escape; the nature and severity of the disability; fear of losing needed services; barriers to communication; dependence on others for personal care and basic needs; social isolation; history of being taught to comply with authority figures; history of not being able to say “no” (for example, to medical procedures); fear of being disbelieved because of perceived non-credibility; lack of basic education of anatomy, sexuality and privacy and having experienced few opportunities for affection. SAFE members can provide training and resource referrals throughout Kentucky regarding disability-related issues pertaining to: domestic and sexual violence; intervention and prevention; safety planning and the Americans with Disabilities Act compliance.
SECTION 9

RESPITE/CRISIS
COMMUNITY LIVING/RESIDENTIAL
RESPITE/CRISIS/COMMUNITY LIVING/RESIDENTIAL

“After having a major heart attack, I realized that my wife, Connie, alone would not be able to handle the care our daughter Beth required. Institutional care was never an option for Beth.

I began to plan what would be the optimal residential situation for her. One part of that was that she should have the permanency that owning a home would give. I started talking to people and found those who were willing to follow the plan. The end result was Beth had her own home — five minutes from us, and five minutes from the hospital. I participated in the hiring, and sometimes the ‘letting go’ of staff. I met the neighbors on both sides of the house and across the street — I told them about Beth and her roommates. Not only were they neighbors, they were extra eyes for Beth. It about killed us to have her move out but Connie and I were comfortable that the plan was working for Beth; that she was well taken care of and happy in her own home.”

Doug Riddell, Frankfort

RESPITE - (res-pit), a noun: pause, intermission, and reprieve. Taking a break from one another is important to members of all families. For the person with a disability and their family, respite increases its significance when used as a deterrent to long-term institutionalization.

RESIDENTIAL – There are many myths about “residential”. There is a community misconception that residential services are readily available. It is not unusual to hear parents say, “We are going to take care of “John” as long as we can. We will only place him in an institution (group home, etc.) when we no longer can take care of him.” Professionals also believe that residential services are easily obtained. One of the key factors is the funding source. Be sure to read the Financial section of this booklet.

The fact is residential services (community options, group homes, supervised apartments, nursing homes, institutions) have long waiting lists. Throughout the state and nation, there is a critical shortage of residential services, especially community-based residential options.

Families have declined an opening – preferring to wait until they can no longer take care of “John”. When that day comes — as it inevitably will, it is doubtful an opening will still be available. The result is that instead of a planned, supported transition, the dependent individual, remaining family and the social service system enter crisis mode. Crisis solutions often hinge on availability. Options depend on what, when and where there is an opening — rather than a choice.

Each person may have a mental image of what is a residential program. For some, it is an institution. Institutions still exist in Kentucky.

Residential can best be described as a range of services. The move to keep people in their own communities spurred the development of group homes. There are also other types of living arrangements which may include living with a foster family, either as a child or as an adult, semi-independent living such as living in a boarding house arrangement or perhaps, living in an apartment with both family and staff support.

Increasingly, individuals with disabilities and their families are assuming greater autonomy in developing their community living plans. Supported Living Grants, Consumer Directed Options and Self Determination are some examples of growing trends toward funds following the individual rather than service agencies.

Families need to plan for the future. Contact local residential agencies and discuss the types of alternatives currently available and those that need to be developed. Discuss the entrance criterion. The “rule of thumb” is the greater dependence of the resident, the greater supervision needed. With more independence (the ability to manage one’s own basic self-help needs, travel independently, assume household responsibilities), less supervision will be required and the environment will be less restrictive and more options available.
CENTERS FOR INDEPENDENT LIVING (CIL)

Kentucky’s Centers of Independent Living (CIL) support all Kentuckians with disabilities to remain independent and in the community of their choice. The Centers are located in Louisville and Lexington. These Centers offer a variety of services including: information and referral; peer counseling; independent skill training and both individual and systems advocacy services.

Center for Accessible Living
501 South 2nd Street #200
Louisville, KY 40202
Phone: (502) 589-6620
Toll free: (888) 813-8497
Phone: (502) 589-6690 TTY
Fax: (502) 589-3980
Email: info@calky.org
Website: http://www.calky.org

Independence Place
1093 South Broadway, Ste. 1218
Lexington, KY 40504
Phone: (859) 266-2807
Toll free: (877) 266-2807
TTY: (800) 648-6056
Fax: (859) 335-0627
Email: info@independenceplaceky.org
Website: http://independenceplaceky.org/

HART SUPPORTED LIVING GRANTS
Center for Accessible Living
501 South 2nd Street #200
Louisville, KY 40202
Phone: (502) 589-6620
Toll free: (888) 813-8497
Phone: (502) 589-6690 TTY
Fax: (502) 589-3980
Email: hsl@calky.org

Hart Supported Living State Coordinator
Department for Aging and Independent Living
275 E. Main Street, 3E-E
Frankfort, KY 40621
Phone: (502) 564-6930
Fax: (502) 564-4595
TTY: (888) 642-1137

Eligibility Requirements: Eligibility is quite broad. The Americans with Disabilities Act (ADA) definition is used - a physical or mental impairment - individuals who have a record or history of an impairment or are regarded as having a physical or mental impairment that substantially limits one or more major life activities. Major life activities include limitations in walking, talking, seeing, hearing, caring for oneself or working. Notice that the disabilities do not need to occur in the developmental period.

In 2006, the statute’s name was changed to honor Jane Hart, the person who worked tirelessly to get this innovative legislation passed. Jane and her husband were the parents of two children, one of whom had an intellectual, developmental disability. The law defines Hart-Supported Living as “grants which provide a broad category of highly flexible, individualized services which, when combined with natural unpaid or
other eligible paid supports” provide the necessary assistance for the individual to live in the community. The statute requires that the Hart-Supported Living program promote:

- **Choice** over how, when and by whom supports are provided and over where and with whom a person with a disability lives;
- **Responsibility** of the person with a disability and his or her representative for managing grants and the provision of service under the grant;
- **Freedom** to live a meaningful life and to participate in the community with members of the general citizenry;
- **Enhancement of health and safety**;
- **Flexibility** of services that change as the person’s needs change without the individual having to move elsewhere for services;
- **Use of generic** (not specifically for people with disabilities) and **natural supports**;
- **Well planned and proactive opportunities** to determine the kinds and amounts of support desired, with the meaningful participation of the individual, the individual’s family or guardian where appropriate, friends and professionals;
- **Home ownership or leasing** with the home belonging to the person with a disability, that person’s family, or to a landlord to whom rent is paid.

The person who has a disability, their family or guardian designs a plan and creates the budget. They control the plan and the funds unless they wish to contract with a service provider to provide those services. The plan must focus on the needs of the individual. Each plan will be as different as the individuals writing it. Grants may be written for on-going supports to live in the community, one time funding or a combination of both. Deadline date for completed grants is April 1 of each year for possible funding starting July 1. This is a firm deadline. Contact the Center for Accessible Living agency in your region:

**MEDICAID WAIVER PROGRAMS:**
Check Section 6, the Financial Section of this directory for information on Kentucky’s Waiver programs.

**REGIONAL CRISIS PREVENTION AND INTERVENTION PROGRAMS**
Kentucky Division of Developmental and Intellectual Disabilities
275 East Main Street 4W-F
Frankfort, KY  40611
Phone:  (502) 564-7702
Fax:  (502) 564-0438

The Crisis Prevention and Intervention Program provides short-term supports and services to adults 18 years of age and older with intellectual and developmental disabilities throughout Kentucky, 24 hours a day, seven days a week. These Regional services are provided by each of the 14 Community Mental Health Centers. Available supports include: intensive case management, person centered planning, mobile crisis response, triage and safety planning, technical assistance and training.

**Four Rivers**  
*Crisis Toll free:*  (800) 592-3980

**Pennyroyal Center**  
*Crisis Toll free:*  (877) 473-7766

**River Valley**  
*Crisis Toll free:*  (800) 433-7291

**LifeSkills**  
*Crisis Toll free:*  (800) 223-8913

**Communicare**  
*Phone:*  (270) 765-2605

**Seven Counties Services**  
*Phone:*  (502) 589-4313
*Toll free:*  (800) 221-0446
Eligibility Requirements: In-home services for individuals age 60 and older with functional disabilities who are at risk of institutional care to remain in their own homes by providing supports and services to ensure daily needs are provided. Assessment and case management, home management and personal care, home delivered meals, chore services, home repair, and respite for family caregivers, and home health aide service are among the assistance provided.

PERSONAL CARE ATTENDANT PROGRAM (PCAP)

Eligibility Requirements: Participants must be 18 or older, have severe, physical disabilities with permanent or temporary recurring functional loss of two or more limbs, need at least 14 hours but no more than 40 hours of attendant care per week, be mentally capable of instructing and supervising attendants and be capable of preparing payroll and required employer tax statements.

The Personal Care Attendant Program helps adults with severe physical disabilities at risk of being institutionalized to live in their own homes and communities by subsidizing costs of personal attendant services. The personal care attendant, hired by the adult with physical disabilities, helps with personal care, housekeeping, shopping, travel, self-care procedures, meal preparation and other day-to-day activities.
SECTION 10

TECHNOLOGY
Technology for me, a person who is blind, has made it easier to do what everyone else does. There are very few things that I cannot do because of technology – from the tape recorder, the talking watch, the computer that reads the daily newspaper and my mail to writing checks and the envelope to mail it. Now, with the Global Positioning Satellite (GPS) in cars, I believe that technology will lead to the day that I can travel anywhere independently and who knows, someday to drive.”

Tom Fricke, Ft. Wright

KENTUCKY ASSISTIVE TECHNOLOGY SERVICES (KATS)
KATS Network Coordinating Center
200 Juneau Drive, Ste. 200
Louisville, KY 40243
Phone: (502) 489-8285
Toll free: (800) 327-KATS (5287)
TDD: (502) 429-7116
Fax: (502) 245-4804
Email: JamesA.Brown@ky.gov
Website: http://www.katsnet.org

Eligibility Requirements: The KATS Network, the Kentucky Assistive Technology Act Program, serves Kentucky residents of all ages with disabilities of all types, their families, employers and employment service providers, educators, health care and social service providers, and others seeking information about assistive technology (AT) and accessible information technology.

The KATS Network is “consumer” driven, i.e. it has an Advisory Council dominated by individuals with disabilities. It consists of a statewide network of organizations and individuals connecting to enhance the availability of assistive technology devices and services to improve the productivity and quality of life for individuals with disabilities. Through advocacy activities and capacity building efforts, the mission of this collaborative system is to make assistive technology information, devices and services easily obtainable for people of any age and any disability.

Services may include but are not limited to: Information and Referral Services, Consultations, Assessments & Collateral Services, Individual/Group Training Services, Lending Library of Equipment, Adaptive Devices, Augmentative Communication Devices and Toys, Technical Assistance, Special Projects which include: videoconferencing technology tools in service delivery, and distance-based training. Contact your regional technology center for more information on the services they provide.

Bluegrass Technology Center
409 Southland Drive
Lexington, KY 40503
Phone: (859) 294-4343 Voice/TDD
Toll free: (800) 209-7767
Fax: (859) 294-0704
Email: office@bluegrass-tech.org
Website: http://www.bluegrass-tech.org

Enabling Technologies of Kentuckiana (enTECH)
Spalding University, 845 South Third Street
Louisville, KY 40203
Phone: (502) 585-9911
Toll free: (800) 896-8941
Fax: (502) 585-7104
Email: enTECH@spalding.edu
Website: http://www.spalding.edu/entech
**Redwood Assistive Technology Center**  
71 Orphanage Road, Ft. Mitchell, KY 41017  
Phone: (859) 331-0880  
Toll free: (800) 728-9807  
Fax: (859) 331-6177  
Email: redwoodtech@redwoodrehab.org  
Website: [http://www.redwoodrehab.org](http://www.redwoodrehab.org)

**Western Kentucky Assistive Technology Center**  
Wendell Foster Campus   815 Triplett Street  
Owensboro, KY  42302  
Phone: (270) 689-1738  
Toll free: (800) 209-6202  
Fax: (270) 852-1491  
Email: wkate@wfcampus.org  
Website: [http://www.wfcampus.org](http://www.wfcampus.org)

**KENTUCKY ASSISTIVE TECHNOLOGY EXCHANGE (ATEX)**  
Contact the KATS Network  
Website: [www.katsnet.org/](http://www.katsnet.org/)

The ATEX List is a free service designed to match consumers of assistive technology who need to buy, sell, or donate pieces of assistive technology. The ATEX List provides a listing of pre-owned assistive technology devices available for sale or donation. Information will be updated weekly. Buyers and sellers are responsible for all arrangements and negotiations.

The KATS Network provides the ATEX as a free service and is not responsible for negotiations between the buyer and seller and accepts no liability in the exchange of assistive technology. The KATS Network is serving in an information sharing capacity only. Any users of the ATEX List are solely responsible for the information provided by the user.

For data reporting purposes, the KATS Network will need certain basic information from individuals posting items or wishing to contact those posting items for sale, donation or items needed. This information may be collected as part of the ATEX registration or item submittal process, or in the form of a short survey sent to users by either email or regular mail. Information collected will include the actual price for which an item was sold, reason for using this program, satisfaction ratings, etc.

The KATS Network will not sell, rent or otherwise disperse any information regarding a user to any third party for marketing purposes.

Anyone may view the items listed for sale, donation or needed on the ATEX List. To protect the privacy of those listing items, you must register with the ATEX in order to view the contact information for any items listed for sale, donation or items needed.

**KENTUCKY ASSISTIVE TECHNOLOGY LOAN CORPORATION (KATLC)**  
275 East Main Street  
Mail Stop 2 E-K  
Frankfort, KY 40621  
Toll free: (877) 675-0195  
Fax: (502) 564-6745  

*Eligibility Requirements:* Any individual who has been a resident of Kentucky for at least six consecutive months, and who either has a disability that permanently affects a major life activity, or is a parent, guardian or caretaker of an individual with a disability. The purpose of the loan must be to purchase assistive technology to be used by the individual with a disability.
A nonprofit organization that provides assistive technology to individuals with disabilities may also apply if they can demonstrate how the adaptive equipment will be used for their potential customers.

*Purpose:* The Kentucky Assistive Technology Loan Corporation (KATLC) offers low interest loans through its lending partner, Fifth Third Bank, for qualified applicants who need any type of equipment or home modification that will increase an individual's mobility or enable them to become more independent. Whether it's a wheelchair, modified vehicle, hearing aids, or accessible entry to a home, individuals with disabilities are often faced with a costly and immediate need that most insurance programs do not cover. Assistive technology is defined as “any item, piece of equipment or device that enables an individual with a disability to improve his or her independence and quality of life.” Examples may include hearing aids, computers, augmentative communication devices, wheelchair ramps, and van lifts. If you are not sure if the item you need qualifies under the program’s guidelines, please ask.

The minimum amount you can borrow is $500 and the maximum amount is $25,000. The length of the loan is determined by the life expectancy of the assistive technology. KATLC, working in conjunction with their financial partner, is able to approve more loans than traditional loan programs because of our more lenient debt to income guidelines. KATLC reviews all applications for eligibility before forwarding to Fifth Third Bank. The lending institution makes their decision to approve or deny the request. After financial eligibility is determined, the applicant will receive written notification within 7 days.

If you need assistance to fill out the forms or an alternative format is needed or if you want to check on the status of your application, please contact KATLC at the above address, by calling.

**KENTUCKY OFFICE OF VOCATIONAL REHABILITATION (OVR)**

OVR Central Office  
CHR Building  
275 East Main Street  
Mail Stop 2E-K  
Frankfort, KY 40621  
Phone: (800) 372-7172 or (502) 564-4440

Office of Vocational Rehabilitation (OVR)  
Driver Evaluation/Vehicle Modification Branch  
301 East Main Street  
Lexington, KY 40507  
Phone: (859)246-2117  
Fax: (859)246-2799

*See Section 4 – Education After High School/Habilitation/Vocational for other OVR services*

**Driver Rehabilitation Technology Program:** Individuals with disabilities must overcome problems with transportation to achieve employment goals. The Driver Evaluation/Vehicle Modification Program helps potential drivers understand and adapt to necessary driving restrictions. Vehicle modification and specialized training services offered through the Office of Vocational Rehabilitation assist individuals with severe disabilities in obtaining or retaining driving privileges. Program services are available to new drivers, drivers with deficient driving skills and drivers who need special equipment training.

Trained staff members assess driver skills, recommend vehicle modifications and provide driver training for individuals with disabilities. An occupational therapist determines the extent of physical and/or cognitive impairment, identifies the need for adaptive equipment or environmental adaptation and evaluates physical driving abilities. A driver evaluator determines if individuals with disabilities have special needs that must be accommodated in order to operate an automobile safely.

Participants completing the driver evaluation program may be considered for driver training. Training programs are designed to meet the individual driving needs of the participant.
Recommendations for vehicle modifications may include equipment assessment and fitting, followed by an inspection and safety check of the equipment after it is purchased and installed.

**The Rehabilitation Technology Branch:** Assistive technology (AT) is any item, piece of equipment, or product system, whether acquired commercially, off the shelf, modified, or customized, that is used to increase, maintain, or improve the functional capabilities of individuals with disabilities.

Individuals with disabilities use assistive technology to accommodate limitations due to their disabilities. At the Office of Vocational Rehabilitation, assistive technology is used to address barriers faced by individuals with disabilities in education, employment, independent living, mobility, and transportation.

A rehabilitation engineer or technologist is an expert in assistive technology. These individuals apply technology and engineering methodology to address the barriers confronted by individuals with a disability. Many times, a rehabilitation engineer or technologist will be able to suggest a piece of equipment that is commercially available to address the needs of individuals with disabilities. Other times, the rehabilitation engineer will modify a device to meet an individual’s needs or design and fabricate a custom device.

OVR has regional rehabilitation technology coordinators who can provide these services to you. The rehabilitation technology coordinators work with individuals with disabilities and their vocational rehabilitation counselors to determine what assistive technology devices and services can best meet their needs.

*The contacts for the OVR Rehabilitation Technology Coordinator and the Driver Rehabilitation Technology Program in your area are:*

8020 Veteran’s Memorial Drive  
**Florence, KY 41042**  
Phone: (859) 371-9450 Ext. 308  
Fax: (859) 371-0012  
Email: carols.weber@ky.gov

955 Fairview Avenue, Suite 100  
**Bowling Green, KY 42101**  
Phone: (270) 746-7489  
Toll free: (800) 443-6055  
Fax: (270) 746-7423  
Email: james.gensch@ky.gov

200 Juneau Drive  
**Louisville, KY 40243**  
Phone: (502) 254-3195  
Toll free: (866) 304-1958  
Fax: (502) 245-4804  
Email: heather.markham@ky.gov

214 South Main Street  
**Corbin, KY 40701**  
Phone: (606) 528-7030  
Fax: (606) 523-2564  
Email: ryan.creech@ky.gov

301 E. Main Street  
**Lexington, KY 40507**  
Phone: (859) 246-2185  
Toll free: (877) 211-7276  
Fax: (859) 246-2799  
Email: kevin.fitz-gerald@ky.gov

301 E. Main Street  
**Lexington, KY 40507**  
Phone: (859) 371-9450 Ext. 308  
Fax: (859) 371-0012  
Email: DaveJ.Tucker@ky.gov

214 South Main Street  
**Corbin, KY 40701**  
Phone: (606) 528-7030  
Fax: (606) 523-2564  
Email: ryan.creech@ky.gov

8020 Veteran’s Memorial Drive  
**Florence, KY 41042**  
Phone: (859) 371-9450 Ext. 308  
Fax: (859) 371-0012  
Email: DaveJ.Tucker@ky.gov
SVRS empowers the deaf and hard-of-hearing community to communicate with both deaf and hearing family, friends and business contacts using video relay service. This free, 24-hour service empowers you to place and receive calls with a professional American Sign Language (ASL) interpreter via a videophone and a high-speed internet connection.

SVRS empowers individuals who are deaf and hard-of-hearing to communicate using an ASL interpreter and a videophone to place and receive calls to anyone. In addition, the service enables hearing callers to contact deaf or hard-of-hearing individuals as well. Learn more about SVRS and its free features. You can also learn how to apply for a free Sorenson videophone.

There is no cost for any video relay calls completed through Sorenson VRS within the continental U.S. Deaf or hard-of-hearing individuals who use sign language to communicate can receive a free Sorenson VP-100 videophone. However, an application for a free Sorenson VP-100 videophone must be submitted. The Sorenson VRS sales team will first check to make sure that:

1. The application has been completely filled out
2. The deaf or hard-of-hearing individual has a high speed Internet connection of at least 256K
3. An installer is available to set up the videophone for the deaf or hard-of-hearing individual

All VRS companies are funded by a federal fund administered by NECA (National Exchange Carriers Association) that funds traditional Telecommunication Relay Service (TRS). These funds are made available by a federal law, the Americans with Disabilities Act (ADA), which requires functional equivalency in telecommunications access. Sorenson Communications is reimbursed for the minutes of Sorenson Video Relay Service (VRS) calls that are interpreted.
SECTION 11

TRANSPORTATION
TRANSPORTATION

Speaking on “Disability as a Civil Right” at a NAACP conference in North Carolina, Scottie O’Neal, Executive Director of Disability Solutions in Hartsville, South Carolina was giving a presentation emphasizing that all the groups of Americans who had been disenfranchised by discrimination needed to band together and become one voice. An audience member stood and said how could Scottie know what was civil rights discrimination since he was white. He went on to talk about the courage it took for Rosa Parks to get out of her seat and walk to the front of the bus and sit down.

Scottie responded that he acknowledged and applauded the efforts and changes Rosa Park’s action brought about. “We know it took a lot for her to move to the front of the bus, but when we talk of discrimination and transportation, people with disabilities who use a wheelchair are still to this day sitting on the curb waiting just for the opportunity to get on the bus. And, it doesn’t matter which end.”

Scottie O’Neal, Hartsville, South Carolina

MEDICAID

http://chfs.ky.gov/dms/trans.htm

Medicaid covers only medically necessary transportation to and from a Medicaid-covered service.

For more information regarding Emergency/Non-Emergency Medical Ambulance Transportation Services - Phone: (502) 564-2687

Emergency Ambulance Services (Stretcher) is covered when the eligible member is transported in an emergency condition, usually to hospital, resulting from an accident, serious injury, or acute illness that makes it impossible to use other types of transportation.

Non-emergency Ambulance Services (Stretcher) are covered if the eligible member is confined to a bed before and after the ambulance trip or the member must be moved only by stretcher in order to receive medically necessary Medicaid covered medical services.

For more information regarding Non-Emergency Medical Transportation Services.

Phone: (800) 635-2570

Non-emergency Medical Transportation is for Medicaid members who do not have access to free transportation that suits their medical needs and need to be transported to a Medicaid covered service. For transportation outside of a member's medical service area or for specialty care, a referral from a member's primary care physician is required. Travel to pharmacies is not covered.

For more information regarding the Human Service Transportation Delivery, phone the Office of Transportation Delivery for program policies and complaints at (888) 941-7433.

Non-emergency Medical Transportation services are available through the Human Service Transportation Delivery (HSTD) program, which is a regional brokerage system. Depending on a member's medical needs, transportation is provided by taxi, van, bus or public transit. Wheelchair service is also provided if required by medical necessity.
SECTION 12

GLOSSARY OF ACRONYMS
<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>504</td>
<td>Section 504 of the Rehabilitation Act of 1973</td>
</tr>
<tr>
<td>AAA</td>
<td>Area Agency on Aging</td>
</tr>
<tr>
<td>(The) Arc</td>
<td>Advocacy organization for persons with Intellectual/Developmental Disabilities</td>
</tr>
<tr>
<td>AAID</td>
<td>American Association on Intellectual and Developmental Disabilities (AAIDD)</td>
</tr>
<tr>
<td>AAWB</td>
<td>American Association of Workers for the Blind</td>
</tr>
<tr>
<td>ABI</td>
<td>Acquired Brain Injury</td>
</tr>
<tr>
<td>ABA</td>
<td>Applied Behavior Analysis</td>
</tr>
<tr>
<td>ADA</td>
<td>Affordable Care Act</td>
</tr>
<tr>
<td>ADC</td>
<td>Adult Day Care</td>
</tr>
<tr>
<td>ADA</td>
<td>Americans with Disabilities Act</td>
</tr>
<tr>
<td>ADD</td>
<td>Area Development Districts, often referred to as the “add”</td>
</tr>
<tr>
<td>ADHC</td>
<td>Adult Day Health Care</td>
</tr>
<tr>
<td>ADL</td>
<td>Activities of Daily Living</td>
</tr>
<tr>
<td>ALC</td>
<td>Assisted Living Community or Facility</td>
</tr>
<tr>
<td>AFB</td>
<td>American Foundation for the Blind</td>
</tr>
<tr>
<td>AAIDD</td>
<td>American Association on Intellectual and Developmental Disabilities</td>
</tr>
<tr>
<td>AppalRed</td>
<td>Appalachian Research and Defense Fund</td>
</tr>
<tr>
<td>APSE</td>
<td>Association of Persons in Supported Employment</td>
</tr>
<tr>
<td>ARC</td>
<td>Admissions and Release Committee (education term)</td>
</tr>
<tr>
<td>ARMS</td>
<td>Advocates for Reforming Medicaid Services</td>
</tr>
<tr>
<td>ATEX</td>
<td>Kentucky Assistive Technology Exchange</td>
</tr>
<tr>
<td>ASDN-KY</td>
<td>Autism Spectrum Disorders Network of Kentucky</td>
</tr>
<tr>
<td>ASHA</td>
<td>American Speech and Hearing Association</td>
</tr>
<tr>
<td>AXIS I</td>
<td>Diagnosis of Mental Health/Clinical Disorders</td>
</tr>
<tr>
<td>AXIS II</td>
<td>Diagnosis of Intellectual Disabilities/Personality Disorders</td>
</tr>
<tr>
<td>AXIS III</td>
<td>Diagnosis of General Medical Conditions</td>
</tr>
<tr>
<td>AXIS IV</td>
<td>Psychosocial and Environmental Problems</td>
</tr>
<tr>
<td>BIAK</td>
<td>Brain Injury Association of Kentucky</td>
</tr>
<tr>
<td>CAC</td>
<td>Community Action Commission</td>
</tr>
<tr>
<td>CAP</td>
<td>Corrective Action Plan (education term)</td>
</tr>
<tr>
<td>CAP</td>
<td>Client Assistance Program</td>
</tr>
<tr>
<td>CAP</td>
<td>Christian Appalachian Project</td>
</tr>
<tr>
<td>CASE</td>
<td>Council for Administrators &amp; Supervisors of Special Education (CEC)</td>
</tr>
<tr>
<td>CBI</td>
<td>Community Based Instruction</td>
</tr>
<tr>
<td>CBWTP</td>
<td>Community Based Work Transition Program</td>
</tr>
<tr>
<td>CCC</td>
<td>Comprehensive Care Centers changed to Community Mental Health Centers</td>
</tr>
<tr>
<td>CDO</td>
<td>Consumer Directed Option</td>
</tr>
<tr>
<td>CEC</td>
<td>Council for Exceptional Children (includes gifted and culturally diverse students)</td>
</tr>
<tr>
<td>CCD</td>
<td>Commonwealth Counsel for Developmental Disabilities</td>
</tr>
<tr>
<td>CCSHCN</td>
<td>Commission for Children with Special Health Care Needs</td>
</tr>
<tr>
<td>CST</td>
<td>Communication and Customer Service Team</td>
</tr>
<tr>
<td>CHADD</td>
<td>Children &amp; Adults with Attention Deficit/Hyperactivity Disorder</td>
</tr>
<tr>
<td>CHFS</td>
<td>Cabinet for Health and Family Services</td>
</tr>
<tr>
<td>CMHC</td>
<td>Community Mental Health Center</td>
</tr>
<tr>
<td>CMS</td>
<td>Centers for Medicare &amp; Medicaid Services</td>
</tr>
<tr>
<td>DAIL</td>
<td>Department for Aging &amp; Independent Living</td>
</tr>
<tr>
<td>DBH</td>
<td>Division for Behavioral Health</td>
</tr>
<tr>
<td>DBHDID</td>
<td>Department for Behavioral Health, Developmental &amp; Intellectual Disabilities</td>
</tr>
<tr>
<td>DCBS</td>
<td>Division for Community Based Services, Cabinet for Health and Family Services</td>
</tr>
<tr>
<td>DD</td>
<td>Developmental Delay (eligibility category for special education services under IDEA in Kentucky) or Developmental Disability</td>
</tr>
<tr>
<td>DDID</td>
<td>Division for Developmental &amp; Intellectual Disabilities</td>
</tr>
<tr>
<td>DEC</td>
<td>Division for Early Childhood (part of Council for Exceptional Children CEC)</td>
</tr>
<tr>
<td>Acronym</td>
<td>Description</td>
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<tr>
<td>DME</td>
<td>Durable Medical Equipment</td>
</tr>
<tr>
<td>DMS</td>
<td>Department for Medicaid Services</td>
</tr>
<tr>
<td>DUI</td>
<td>Driving Under the Influence</td>
</tr>
<tr>
<td>DPH</td>
<td>Department for Public Health</td>
</tr>
<tr>
<td>DSM IV</td>
<td>Diagnostic and Statistical Manual of Mental Disorders – 4th Edition</td>
</tr>
<tr>
<td>DVR</td>
<td>Department for Vocational Rehabilitation</td>
</tr>
<tr>
<td>EBD</td>
<td>Emotional-behavior disability (eligibility category for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>EPSDT</td>
<td>Early and Periodic Screening Diagnostic and Treatment</td>
</tr>
<tr>
<td>ESS</td>
<td>Extended School Services (under Kentucky’s Education Reform Act, KERA)</td>
</tr>
<tr>
<td>ESY</td>
<td>Extended School Year (under IDEA)</td>
</tr>
<tr>
<td>F2FHIC</td>
<td>Family to Family Health Information Center</td>
</tr>
<tr>
<td>FAE</td>
<td>Free appropriate public education</td>
</tr>
<tr>
<td>FASD</td>
<td>Fetal Alcohol Spectrum Disorder</td>
</tr>
<tr>
<td>FBA</td>
<td>Functional Behavior Assessment</td>
</tr>
<tr>
<td>FERPA</td>
<td>Family Educational Rights and Privacy Act</td>
</tr>
<tr>
<td>FMD</td>
<td>Functional Mental Disability (under Mental Disability eligibility category for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>FRC</td>
<td>Family Resource Center</td>
</tr>
<tr>
<td>FRYSC</td>
<td>Family Resource and Youth Services Center</td>
</tr>
<tr>
<td>GED</td>
<td>General Education Development</td>
</tr>
<tr>
<td>HANDS</td>
<td>Health Access Nurturing Development Services</td>
</tr>
<tr>
<td>HSL</td>
<td>Hart Support Living Grants – formerly Supported Living</td>
</tr>
<tr>
<td>HCB</td>
<td>Home and Community Based Services (waiver) for Elderly &amp; Disabled Individuals</td>
</tr>
<tr>
<td>HDI-UK</td>
<td>Human Development Institute at University of Kentucky</td>
</tr>
<tr>
<td>HHA</td>
<td>Home Health Agency</td>
</tr>
<tr>
<td>HI</td>
<td>Hearing Impairment (eligibility category for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>HIPAA</td>
<td>Health Insurance Portability and Accountability Act of 1996 (Federal)</td>
</tr>
<tr>
<td>ICF/MR</td>
<td>Intermediate Care Facility/ (people) with intellectual disabilities</td>
</tr>
<tr>
<td>IDEA</td>
<td>Individuals with Disabilities Education Act (Individuals with Disabilities Education Improvement Act – 2004)</td>
</tr>
<tr>
<td>IEP</td>
<td>Individual Education Program (plan)</td>
</tr>
<tr>
<td>IFSP</td>
<td>Individualized Family Service Plan</td>
</tr>
<tr>
<td>JTPA</td>
<td>Job Training Partnership Act</td>
</tr>
<tr>
<td>KAAIDD</td>
<td>Kentucky Chapter of the American Assn. on Intellectual and Developmental Disabilities</td>
</tr>
<tr>
<td>KAR</td>
<td>Kentucky Administrative Regulation</td>
</tr>
<tr>
<td>KARP</td>
<td>Kentucky Association of Regional Programs</td>
</tr>
<tr>
<td>KATC</td>
<td>Kentucky Autism Training Center</td>
</tr>
<tr>
<td>KATLC</td>
<td>Kentucky Assistive Technology Loan Corporation</td>
</tr>
<tr>
<td>KATS</td>
<td>Kentucky Assistive Technology Services</td>
</tr>
<tr>
<td>KCCVS</td>
<td>Kentucky commission on Community Volunteerism and Services</td>
</tr>
<tr>
<td>KCDHH</td>
<td>Kentucky Commission on Deaf and Hard of Hearing</td>
</tr>
<tr>
<td>K-CHIP</td>
<td>Kentucky’s Children’s Health Insurance Program</td>
</tr>
<tr>
<td>KDE</td>
<td>Kentucky Department of Education</td>
</tr>
<tr>
<td>KLTCP</td>
<td>Kentucky Long Term Care Ombudsman Program</td>
</tr>
<tr>
<td>KEA</td>
<td>Kentucky Education Association</td>
</tr>
<tr>
<td>KECTP</td>
<td>Kentucky Early Childhood Transition Project</td>
</tr>
<tr>
<td>KEIS</td>
<td>Kentucky Early Intervention System</td>
</tr>
<tr>
<td>KERA</td>
<td>Kentucky Education Reform Act</td>
</tr>
<tr>
<td>KHC</td>
<td>Kentucky Housing Corporation</td>
</tr>
<tr>
<td>KIDS</td>
<td>Kentuckians Interested in Down Syndrome</td>
</tr>
<tr>
<td>KOIN</td>
<td>Kentucky Outreach Information Network</td>
</tr>
<tr>
<td>KPFC</td>
<td>Kentucky Partnership of Families and Children</td>
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<tr>
<td>KPSNT</td>
<td>Kentucky Pooled Special Needs Trust</td>
</tr>
<tr>
<td>KRS</td>
<td>Kentucky Revised Statute</td>
</tr>
<tr>
<td>Abbreviation</td>
<td>Description</td>
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<tr>
<td>KSB</td>
<td>Kentucky School for the Blind</td>
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<tr>
<td>KSBA</td>
<td>Kentucky School Board Association</td>
</tr>
<tr>
<td>KSD</td>
<td>Kentucky School for the Deaf</td>
</tr>
<tr>
<td>KSHA</td>
<td>Kentucky Speech and Hearing Association</td>
</tr>
<tr>
<td>K-TAP</td>
<td>Kentucky Transitional Assistance Program (formerly Aid to Dependent Children-AFDC)</td>
</tr>
<tr>
<td>KVH</td>
<td>Kentucky Voices for Health</td>
</tr>
<tr>
<td>KYA</td>
<td>Kentucky Youth Advocates</td>
</tr>
<tr>
<td>KY-SPIN</td>
<td>Kentucky Special Parents Involvement Network</td>
</tr>
<tr>
<td>LD</td>
<td>Specific Learning Disability (under category for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>LDA</td>
<td>Learning Disabilities Association of America (formerly Association For Children with Learning Disabilities, ACLD)</td>
</tr>
<tr>
<td>LEA</td>
<td>Local Educational Agency (also any other public institution agency including The Kentucky School for the Blind (KSB) and the Kentucky School for the Deaf (KSD))</td>
</tr>
<tr>
<td>LOC</td>
<td>Level of Care</td>
</tr>
<tr>
<td>MAP</td>
<td>Medicaid Assistance Program</td>
</tr>
<tr>
<td>MAPP</td>
<td>More Advanced Individuals with Autism, Asperger Syndrome and Pervasive Developmental Disorder</td>
</tr>
<tr>
<td>MAPS</td>
<td>Forms from the Cabinet for Health and Family Services, for example: MAP 26 is the ABI (Acquired Brain Injury) application form.</td>
</tr>
<tr>
<td>MCHB</td>
<td>Maternal and Child Health Bureau</td>
</tr>
<tr>
<td>MCO</td>
<td>Managed Care Organization – a Medicare Advantage health plan</td>
</tr>
<tr>
<td>MD</td>
<td>Multiple Disabilities (eligibility category for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>MMD</td>
<td>Mild Mental Disability (under Mental Disability eligibility category for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>MFP</td>
<td>Money Follows the Person</td>
</tr>
<tr>
<td>NAMI</td>
<td>National Alliance for the Mentally Ill</td>
</tr>
<tr>
<td>NAVH</td>
<td>National Association For Visually Handicapped</td>
</tr>
<tr>
<td>NCLB</td>
<td>No Child Left Behind (formerly ESEA)</td>
</tr>
<tr>
<td>NDSC</td>
<td>National Down Syndrome Congress</td>
</tr>
<tr>
<td>NICHHCY</td>
<td>National Dissemination Center for Children &amp; Youth with Disabilities</td>
</tr>
<tr>
<td>NIDRR</td>
<td>National Institute on Disabilities and Rehabilitation Research</td>
</tr>
<tr>
<td>NOAH</td>
<td>National Organization for Albinism &amp; Hypo pigmentation</td>
</tr>
<tr>
<td>OAIS</td>
<td>On Line Asperger Syndrome Information Support</td>
</tr>
<tr>
<td>OCR</td>
<td>Office for Civil Rights under the U.S. Department of Education</td>
</tr>
<tr>
<td>OFL</td>
<td>Opportunities for Family Leadership</td>
</tr>
<tr>
<td>OI</td>
<td>Orthopedic Impairment (eligibility category for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>OHI</td>
<td>Other Health Impaired (eligibility category for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>OSEP</td>
<td>Office for Special Education Programs under the U.S. Department of Education – Office for Special Education and Rehabilitation Services</td>
</tr>
<tr>
<td>OSER</td>
<td>Office for Special Education and Rehabilitation Services, U.S. Department of Education</td>
</tr>
<tr>
<td>OT</td>
<td>Occupational Therapy</td>
</tr>
<tr>
<td>OVR</td>
<td>Office of Vocational Rehabilitation (sometimes referred to as Vocational Rehabilitation, DVR or BVR)</td>
</tr>
<tr>
<td>P&amp;A</td>
<td>Protection and Advocacy System</td>
</tr>
<tr>
<td>PC</td>
<td>Primary Care</td>
</tr>
<tr>
<td>PCAP</td>
<td>Personal Care Attendant Program</td>
</tr>
<tr>
<td>PCP</td>
<td>Person Centered Planning</td>
</tr>
<tr>
<td>PCCM</td>
<td>Primary Care Case Management</td>
</tr>
<tr>
<td>PECS</td>
<td>Picture Exchange Communication System</td>
</tr>
<tr>
<td>Acronym</td>
<td>Description</td>
</tr>
<tr>
<td>---------</td>
<td>-------------</td>
</tr>
<tr>
<td>POC</td>
<td>Plan of Care</td>
</tr>
<tr>
<td>POE</td>
<td>Point of Entry</td>
</tr>
<tr>
<td>PRO</td>
<td>Immediate Peer Review Organization (Medicare)</td>
</tr>
<tr>
<td>PT</td>
<td>Physical Therapy</td>
</tr>
<tr>
<td>PWSA</td>
<td>Prader-Willi Syndrome Association</td>
</tr>
<tr>
<td>QIO</td>
<td>Quality Improvement Organization</td>
</tr>
<tr>
<td>RSRF</td>
<td>Rett Syndrome Research Foundation</td>
</tr>
<tr>
<td>SHIP</td>
<td>State Health Insurance Program</td>
</tr>
<tr>
<td>SAFE</td>
<td>Safety and Accessibility For Everyone</td>
</tr>
<tr>
<td>SBA</td>
<td>Spina Bifida Association</td>
</tr>
<tr>
<td>SCL</td>
<td>Supports for Community Living</td>
</tr>
<tr>
<td>SL</td>
<td>Speech/Language Disability (eligibility for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>SLP</td>
<td>Speech Language Pathologist</td>
</tr>
<tr>
<td>SRV</td>
<td>Social Role Valorization</td>
</tr>
<tr>
<td>SSA</td>
<td>Social Security Administration</td>
</tr>
<tr>
<td>SSDI</td>
<td>Social Security Disability Insurance</td>
</tr>
<tr>
<td>SSI</td>
<td>Supplemental Security Income</td>
</tr>
<tr>
<td>SNF</td>
<td>Skilled Nursing Facility</td>
</tr>
<tr>
<td>STAR</td>
<td>Systematic Treatment of Autism &amp; Related Disorders</td>
</tr>
<tr>
<td>TANF</td>
<td>Temporary Assistance to Needy Families</td>
</tr>
<tr>
<td>TASH</td>
<td>This organization now describes itself by the functional abilities of the individuals for whom they advocate.</td>
</tr>
<tr>
<td>TBI</td>
<td>Traumatic Brain Injury (eligibility for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>TEFRA</td>
<td>Tax Equity &amp; Fiscal Responsibility Act of 1982 (Federal Act)</td>
</tr>
<tr>
<td>TCS</td>
<td>Therapeutic Child Support Services</td>
</tr>
<tr>
<td>UAP</td>
<td>University Affiliated Program</td>
</tr>
<tr>
<td>UCP</td>
<td>United Cerebral Palsy</td>
</tr>
<tr>
<td>UP in KY</td>
<td>United Partners in Kentucky</td>
</tr>
<tr>
<td>VI</td>
<td>Visual Impairment (eligibility for special education services under IDEA in Kentucky)</td>
</tr>
<tr>
<td>VIPS</td>
<td>Visually Impaired Preschool Services</td>
</tr>
<tr>
<td>VRS</td>
<td>Video Relay Service</td>
</tr>
<tr>
<td>WCEC</td>
<td>Weisskopf Child Evaluation Center</td>
</tr>
</tbody>
</table>
KEEPSAKE INDEX

Agency

A
Acquired Brain Injury Waiver .............................................................................................................. 86, 87
Acquired Brain Injury Long Term Care Waiver ..................................................................................... 87
Access to Justice Foundation ................................................................................................................ 110
Affordable Care Act .............................................................................................................................. 104
American Disability Center .................................................................................................................... 14
Angelman Syndrome Foundation .......................................................................................................... 14
Arc of Kentucky (The) ............................................................................................................................ 5, 32, 107
  Advocates in Action Project-Self Determination Leadership & Training .................................. 6, 107
  Advocacy Advisory Council ............................................................................................................... 6
  The Future is Now .............................................................................................................................. 6, 107
  IAM Determined Project-Transition Youth from School to Adult ........................................... 6
  Family Support Coalition ................................................................................................................... 6, 7
  Fetal Alcohol Spectrum Disorder .................................................................................................. 7
  Parent Special Education Training Camps ....................................................................................... 7
Arc of Barren County ............................................................................................................................ 10
Arc of Central Kentucky ....................................................................................................................... 9
Arc of Christian County - (PLANS) .................................................................................................... 9
Arc of Metro Louisville .......................................................................................................................... 9
Arc of Hardin County ............................................................................................................................ 10
Arc of Lake Cumberland ....................................................................................................................... 11
Arc of Logan County .............................................................................................................................. 11
Arc of Owensboro .................................................................................................................................. 11
Arc of Eastern Kentucky ......................................................................................................................... 11
Arc of Floyd & Pike Counties ................................................................................................................. 12
Arc of Northern Kentucky-The Point .................................................................................................. 12, 13
Arc of Warren County ........................................................................................................................... 13
Arc of the United States (The) ............................................................................................................. 13, 14
Area Agencies on Aging ....................................................................................................................... 89, 90
Asperger Syndrome ................................................................................................................................. 15
Autism Benefit – Kentucky Health Plan ................................................................................................. 81
Autism Society of America ..................................................................................................................... 15
Autism Society of Kentuckiana ............................................................................................................. 16
Autism Society of the Bluegrass ............................................................................................................ 16
Autism Society of Western Kentucky .................................................................................................... 16
Autism Spectrum Disorders Network in Northern KY ........................................................................ 16

B
Birth Defects Foundation ..................................................................................................................... 17
Brain Injury Association of Kentucky .................................................................................................... 17

C
Cabinet for Health and Family Services ................................................................................................. 82
  Kentucky Transitional Assistance Program (KTAP) ..................................................................... 82
  Medicaid Card .................................................................................................................................... 82, 83
  Food Stamps ....................................................................................................................................... 83
  Kentucky Children’s Health Insurance Program (KCHIP) .......................................................... 83, 84
  Dentistry .............................................................................................................................................. 97
Cardinal Hill Health Care System .......................................................................................................... 97, 98
Carl D. Perkins Vocational Training Center .......................................................................................... 62
Centers for Independent Living ............................................................................................................ 116
Children and Adults with Attention Deficit-Hyperactivity Disorder .................................................. 17, 18
Childrens Law Center ............................................................................................................................ 108
Cincinnati Children’s Hospital Medical Center…………………………………………………………32, 36
Clearinghouse on Disability Information……………………………………………………………18
Colleges and University………………………………………………………………………………56
Commission for Children with Special Health Care Needs………………………………………18, 98, 99, 100
Commonwealth Council on Developmental Disabilities………………………………………108, 109
Community Mental Health Centers……………………………………………………………70, 71, 72
Consumer Directed Option……………………………………………………………………………89
Consumer Information Center………………………………………………………………………18
Council for Exceptional Children……………………………………………………………………19

D
Department for Public Health…………………………………………………………………………..100, 101
Down Syndrome Association of Central Kentucky………………………………………………25
Down Syndrome of Louisville………………………………………………………………………25
Down Syndrome Support Group of South Central Kentucky…………………………………25

E
Early Periodic Screening, Diagnostic, and Treatment Services……………………………36, 37
Easter Seals ………………………………………………………………………………………………………19
Easter Seals of West Kentucky…………………………………………………………………………19, 100
Epilepsy Foundation of America……………………………………………………………………19
Epilepsy Foundation of Kentuckiana…………………………………………………………….19
Eric Clearinghouse on Disabilities and Gifted Education (The)……………………………..18
Exceptional Children Assistance Center Center………………………………………………24

F
Family Voices…………………………………………………………………………………………………20
Family Voices of Kentucky……………………………………………………………………………20
Federal Citizen Information Center………………………………………………………………19
Fetal Alcohol Spectrum Disorders…………………..…………………………………………………20
First Steps Point of Entry………………………………………………………………………………37, 38, 39, 40
Food Stamps…………………………………………………………………………………………………83

G
General Education Development……………………………………………………………………58
Glossary of Acronyms……………………………………………………………………………….128, 129, 130, 131

H
Habitat for Humanity……………………………………………………………………………………..85
Hart Supported Living Grants………………………………………………………………………..85, 116, 117
Health Access Nurturing Development Services (HANDS)……………………………………40
Health Kentucky & Physicians Care Program…………………………………………………..101
Home and Community Based Waiver……………………………………………………………..87, 88
Home Care Program………………………………………………………………………………..118
Hope for Support…………………………………………………………………………………………32
Human Development Institute at University of Kentucky………………………………………20, 21,33

I
IDEA………………………………………………………………………………………………………….47, 48
IMPACT……………………………………………………………………………………………………43

J
Juvenile Diabetes Research Foundation…………………………………………………………21

K
Kentucky Adult Education………………………………………………………………………………58
Kentucky Aging and Disability Resource Guide………………………………………………33
Kentucky AmeriCorps..............................................................................................................21
Kentucky Assistive Technology Loan Corporation.................................................................121, 122
Kentucky Assistive Technology Exchange..............................................................................121
Kentucky Assistive Technology Services................................................................................33, 120, 121
Kentucky Autism Training Center...........................................................................................16, 33, 43, 44
Kentucky Children’s Health Insurance Program....................................................................83, 84
Kentucky Children’s Hospital – UK Health Care......................................................................44
Kentucky Commission on Deaf and Hard of Hearing.............................................................34, 44, 108
Kentucky Consumer Advocate Network..................................................................................108
Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities....72, 73
Kentucky Department of Education........................................................................................48
  Parent Resource Centers........................................................................................................49, 50
  Early Childhood Regional Training Centers.........................................................................49
  Special Education Cooperatives..............................................................................................51, 52
Kentucky Department for Public Health................................................................................100, 101
Kentucky Family Caregiver Program.....................................................................................85
Kentucky Family Resource and Youth Centers.......................................................................41, 42
Kentucky Homeplace.............................................................................................................101, 102
Kentucky Housing Corporation...............................................................................................86
Kentucky’s Legal Aid...............................................................................................................109, 110
Kentucky Long Term Care Ombudsman................................................................................111
Kentucky Outreach Information Network...............................................................................21
Kentucky’s Partnership for Early Childhood Services............................................................42
Kentucky Partnership for Families and Children....................................................................22
Kentucky Sibling Leadership Network....................................................................................28
Kentucky Special Parent Involvement Network....................................................................22
Kentucky State Coordinator for the Americans with Disabilities Act..................................111
Kentucky State Health Insurance Assistance Program........................................................103
Kentucky State Parks.............................................................................................................75, 76
Kentucky Transitional Assistance Program (KTAP)..............................................................82
Kentucky Transitional Collaborative.......................................................................................52, 53
Kentucky Youth Advocates.....................................................................................................112
Kentucky Virtual Campus........................................................................................................58
Kentucky Voices for Health.....................................................................................................22
Kosair Children’s Hospital.......................................................................................................45
KY-Agr-Ability..........................................................................................................................82
KYNECT-Kentucky’s Healthcare Connection.......................................................................104

L
Last Passages..........................................................................................................................23
Learning Disabilities Association of America.........................................................................23
Learning Disabilities Association of Kentucky........................................................................23
Legal/Advocacy Services.........................................................................................................106
Legal aid of the Bluegrass.........................................................................................................110
Life Plan of Kentucky...............................................................................................................111

M
MassMutual Financial Group.................................................................................................112
Medicaid Members Handbook..............................................................................................34
Medicaid Card..........................................................................................................................82, 83
Medicare Prescription Plan/Part D.........................................................................................90, 91
Medicaid Waivers...................................................................................................................86, 117
Medicare................................................................................................................................94, 95
Mental Health..........................................................................................................................104
Met Desk..................................................................................................................................112
Michelle P Waiver...................................................................................................................88
Model II Waiver.......................................................................................................................90
Modest Needs Foundation

N
National Alliance on Mental Illness
National Alliance on Mental Illness of Kentucky
National Down Syndrome Congress
National Down Syndrome Society
National Fragile X Syndrome Foundation
National Rehabilitation Information Center
NOAH – The National Organization for Albinism and Hypopigmentation

O
Office for the Blind
Office of Special Education and Rehabilitative Services
Office of Vocational Rehabilitation
Office of Vocational Rehabilitation Regional Offices
Office of Vocational Rehabilitation Technology & Driver Rehabilitation
One-Stop Career Centers

P
Parent Resource Centers
Personal Care Attendant Program
Post Secondary Education
Post Secondary Inclusion Partnership
Power Ministries
Prader-Willi Syndrome Association
Prescription Assistance
Project SAFE
Protection and Advocacy
Puzzle of Autism (The)

Q
Qualified Medicare Beneficiary

R
Regional Crisis Prevention and Intervention Programs
Rett Syndrome Research Foundation
Rubenstein-Taybi Syndrome

S
Safety and Accessibility of Everyone (Project SAFE)
Shriner’s Hospitals for Children – Lexington
Sibling Support Project
Social Security Administration
Social Security Disability Income
Sorenson VRS
Special Olympics of Kentucky
Specified Low Income Medicare Beneficiary
Spina Bifida Association of America
Spina Bifida Association of Kentucky
Starkey Hearing Foundation
Summer Camping Programs
Supplemental Security Income
Supports for Community Living Waiver
Systematic Treatment of Autism and Related Disorders
T
Talking Book Service...........................................................................................................77
TASH......................................................................................................................................28, 29
TASH Kentucky....................................................................................................................29
The Office of Autism.............................................................................................................17
Therapeutic Horseback & Horsemanship............................................................................78, 79
Tourette Syndrome Association............................................................................................29, 30
Transition...............................................................................................................................50
Transportation (Medicaid)....................................................................................................126
Traumatic Brain Injury.........................................................................................................95

U
United Cerebral Palsy Association.......................................................................................30
874K United Coalition........................................................................................................106, 107
Underwood and Lee Clinic..................................................................................................103
United Partners in Kentucky (UpinKY)................................................................................30
United Way Helpline –211...................................................................................................95

V
Visually Impaired Preschool Services (VIPS)......................................................................30

W
Weisskopf Child Evaluation Center.....................................................................................46