HELPFUL WEBSITES

ADD/ADHD:

ADDitude: The Happy, Healthy Lifestyle Magazine for People with ADD
www.attitudemag.com
Site includes: Information about ADD, health insurance, ask the doctor, ADD Test, and much more for healthy living.

CHADD (Children and Adults with Attention Deficit Disorders)
www.chadd.org
This website provides education, advocacy and support for children and adults with attention deficit/hyperactivity disorder.

ADVOCACY:

Advocacy Action Network
Website: www.advocacyaction.net
Advocacy Action Network is a group dedicated to promoting mental health and disability rights through coalitions. The United 874K Disabilities Coalition represents the over 874,000 Kentuckians with disabilities. We gather together in Frankfort once per year to advocate with legislators and remind them that "We Vote. We Matter."

The Arc of the U.S.
www.thearc.org
The Arc is the largest national community-based organization advocating for and with people with intellectual and developmental disabilities (I/DD) and serving them and their families. We work tirelessly to uphold our vision that every individual and family living with I/DD in the United States has access to the information, advocacy, and skills they need to support their full inclusion and participation in the community throughout their lifetimes.

For nearly 70 years, The Arc has been at the forefront of the fight for the civil rights and inclusion of people with intellectual and developmental disabilities (I/DD) and their families, playing a lead role in major victories in civil rights, community living, education, income security, and other important issues.

The website includes webinars, fact sheets, information for families, individuals, & professionals, resources, and policy & advocacy updates.
**ANGELMAN SYNDROME:**

The Angelman Syndrome Foundation
www.angelman.org
Advances the awareness and treatment of Angelman Syndrome through education, information exchange and research.

**ASPERGER SYNDROME:**

About Special Kids
https://www.aboutspecialkids.org/directory/provider/10050/Autism-Spectrum-Coalition/
They provide resources for families, and medical professionals who deal with the challenges of Asperger Syndrome, Autism, and Pervasive Developmental Disorder/Not Otherwise Specified (PDD/NOS). This website includes a bookstore, important news, a message board, educational information, research, support groups, diagnostic scale, social skills, schools and camps, conferences, newsletters, and more.

Autism Society of America
www.autism-society.org
This website contains information about autism and has an online resource database, Autism Source™ and National Contact Center (800-3-AUTISM). The National Contact Center provides service referrals to thousands of people each year.

The center provides information about autism to parents and professionals and conducts research on various therapeutic interventions. Through its national network, the Autism Society has spearheaded numerous pieces of federal, state and local legislation. This includes the 2006 Combating Autism Act, which is the first federal autism-specific law.

Autism Self Advocacy Network (ASAN)
www.autisticadvocacy.org/
Non-profit run by and for individuals with autism

National Education Association
www.nea.org/assets/docs/autism_guide_final.pdf
Informational guide for all education personnel who work with students with Autism Spectrum Disorders.

**BLIND:**

American Association of the Deaf-Blind
www.aadb.org
AADB’s mission is to enable persons who are deaf-blind to achieve their maximum potential through increased independence, productivity and integration into the community.
American Foundation for the Blind (AFB)
www.afb.org
AFB is a leading national resource for people who are blind or visually impaired.

National Family Association for Deaf-Blind
www.nfadb.org
National Family Association supports persons who are deaf-blind and their families.

BRAIN INJURY:

Brain Injury Association of America
www.biausa.org
This website has information about brain injury awareness, research, treatment, and education.

CEREBRAL PALSY:

United Cerebral Palsy Association, Inc.
www.ucpa.org
This website has information about financial resources, public advocacy, health and wellness awareness, support groups and training for parents, summer activities, recreational activities, housing, transportation, assistance with traveling, education regarding cerebral palsy, and assistive technology.

CHILD ADVOCACY:

Child Advocacy Centers - Child Welfare Information Gateway
https://www.childwelfare.gov/iia/investigation/multidisciplinary/advocacy
Resource materials such as special education, legislation information, and child advocacy.

CHILDREN WITH SPECIAL NEEDS:

Council for Exceptional Children
www.cec.sped.org
Largest international professional organization dedicated to improving the educational success of individuals with disabilities.

Federation for Children with Special Needs
www.fcsn.org
This website provides information about technical assistance provider for grassroots consortium.

National Dissemination Center for Children with Disabilities
www.nei.nih.gov
National information center that provides information on disabilities and disability related issues, focusing on children and youth from birth to age 22.
**DEAF:**

National Association of the Deaf  
[www.nad.org](http://www.nad.org)  
Provides services and support for individuals who are deaf and their families.

**National Institute on Deafness and Other Communication Disorders**  
[www.nidcd.nih.gov](http://www.nidcd.nih.gov)  
This site contains research to improve the lives of people with communication disorders.

**DISABILITIES:**

Americans with Disabilities Information (ADA)  
[www.ada.gov](http://www.ada.gov)

National Association of Developmental Disabilities Council  
[www.nacdd.org](http://www.nacdd.org)  
NCD is an independent federal agency who is charged to advise the President, Congress, and other federal agencies regarding policies, programs, practices, and procedures that affect people with disabilities.

**World Institute on Disability**  
[www.wid.org](http://www.wid.org)  
This website focuses on issues and problems that directly affect people’s ability to live full and independent lives.

**Southeast Disability & Business Technical Assistance Center**  
[www.adasoutheast.org](http://www.adasoutheast.org)  
This website includes information on legislation, rights and resources related to disabilities.

**TASH**  
[www.tash.org/index.html](http://www.tash.org/index.html)  
International association for people with disabilities, their family members, other advocates and professionals fighting for a society which inclusion of all people in all aspects of society is the norm.

**DOWN SYNDROME:**

**National Down Syndrome Congress**  
[www.ndsccenter.org](http://www.ndsccenter.org)  
National advocacy organization for Down Syndrome and provides leadership in all areas of concern related to persons with Down Syndrome.

**National Down Syndrome Society (NDSS)**  
[www.ndss.org](http://www.ndss.org)  
Provides information and referral services to parents, professionals and other interested individuals.
EASTER SEALS:

Easter Seals Disability Services  
www.easterseals.com  
This website offers a variety of services to help people with disabilities address life’s challenges and achieve personal goals.

DYSLEXIA:

International Dyslexia Association  
https://dyslexiaida.org  
This website includes resources, bookstore, fact sheets, webinars, information for families & professionals, frequently asked questions, and program accreditation.

EDUCATION:

Federation for Children with Special Needs  
www.fcsn.org/peer/  
This website offers workshops, training, advocacy and resources to parents of children with special needs.

Heath Resource Center  
www.heath.gwu.edu/  
The National Clearinghouse on postsecondary education for individuals with disabilities. Also has information exchange about educational support services.

Office of Special Education Programs (OSEP)  
https://www2.ed.gov/osers/osep  
Dedicated to improving results for infants, toddlers, children and youth through age 21 by providing leadership and financial support to assist states and local school districts.

Schwab Foundation for Learning  
www.schwablearning.org  
This website offers a complete resource collection and an information desk.

EPILEPSY:

American Epilepsy Society  
www.aesnet.org  
Promotes research and education for professionals dedicated to the prevention, treatment and cure of epilepsy.

Epilepsy Foundation of America  
www.epilepsyfoundation.org  
National volunteer agency that works to ensure that people with seizures can participate in all life experiences.
FETAL ALCOHOL SYNDROME:

National Organization on Fetal Alcohol Syndrome
www.nofas.org
Offers explanation of FAS, symptoms, discussion on alcohol and pregnancy, problems of FAS and links.

FRAGILE X SYNDROME:

National Fragile X Foundation
www.FragileX.org
Foundation to increase awareness and education, support research, help families and encourage collaboration among professionals involved with Fragile X Syndrome.

HEALTH:

Cross Cultural Health Care Resources (CCHCP)
www.xculture.org
This site is designed for better access to CCHCP’s programs, products and related links. It addresses issues that impact the health of individuals and families in ethnic minority communities.

Healthgate MedLine
http://mentalhelp.net/
This site allows you to search for any disorder in an expansive database.

YAHOO HEALTH
http://health.yahoo.com
This site offers great resources for finding information on doctors, frequently asked questions, chat rooms, latest health news, links to pharmacy, diseases and conditions, children’s health and more.

Family Voices
www.familyvoices.org
National grassroots network of families and friends, advocates for health care services that are family-centered, community-based, comprehensive, coordinated and culturally competent for all children and youth with special health care needs.

HUMAN NEEDS:

Coalition on Human Needs
www.chn.org/
Alliance of National organizations working together to promote public policies which address the needs of low-income and other vulnerable populations.
INTELLECTUAL DISABILITIES:

American Association on Intellectual Disabilities  
www.aaid.org  
International association that promotes progressive policies, effective practices and universal human rights for people with intellectual disabilities.

LEGAL ADVOCACY:

Protection and Advocacy  
The National Disability Rights Network  
www.ndrn.org  
State P & A offices pursue administrative, legal and other remedies /protection for individuals with disabilities.

LEARNING DISABILITIES:

National Center for Learning Disabilities  
http://www.ndrn.org  
This site increases opportunities for all individuals with learning disabilities to achieve their potential.

MENTAL HEALTH:

Internet Mental Health  
www.mentalhealth.com  
A general information site for all mental health conditions.

Knowledge Exchange Network (KEN)  
www.mentalhealth.org  
This website contains information on Center for Mental Health Services programs, publications and catalogs, mental health information, databases, funding, newsroom and much more.

National Institute of Mental Health  
www.nimh.nih.gov  
This website has information on depression and other mental illnesses.

National Mental Health Association  
www.nmha.org  
The oldest and largest nonprofit organization addressing all aspects of mental health and mental illness.

National Mental Illness Screening Project  
www.nmisp.org  
This site helps you to locate a free, confidential screening site near you.
MUSCULAR DYSTROPHY:

Muscular Dystrophy Association
www.mdausa.org
MDA is the source for news and information about neuromuscular diseases, MDA research and services for adults and children with neuromuscular diseases and their families.

Muscular Dystrophy Family Foundation
www.mdff.org
Provides services, resources, home medical equipment and adaptive devices to help people with muscular dystrophy and their family members live independent and productive lives.

PARENT RESOURCE:

Our Kids
www.our-kids.org
A parenting resource site where families can find lots of helpful information.

Parents Place
http://www.parentsplace.com/index.html
A parenting resource center with useful ideas families can implement.

PRADER-WILLI SYNDROME:

Prader-Willi Syndrome
www.geneclinics.org/profiles/pws/
This website offers complete source of information and resources about Prader-Willi Syndrome.

PSYCHIATRIC:

American Psychiatric Association
www.psych.org
This website has information and referrals to psychiatrists in your area.

American Psychological Association
www.apa.org
This website has information and referrals to psychologists in your area.

RARE DISORDERS:

National Organization for Rare Disorders (NORD)
www.rarediseases.org/
This website includes database on rare disorders.
**REHABILITATION:**

National Rehabilitation Information Center
http://www.naric.com/aboutus.cfm
Their mission is to generate, disseminate and promote new knowledge to improve the options available to people with disabilities.

**RESEARCH:**

American Institutes for Research
www.air-dc.org
This website provides information on education, child development, health, program planning and implementation, program evaluation, education statistics and special education finance and information on how to have a safe school.

**RETT SYNDROME:**

International Rett Syndrome Association
www.rettsyndrome.org/
This website contains definition, support and resources, community and education, research and much more regarding Rett Syndrome.

**RUBINSTEIN-TAYBI SYNDROME:**

Rubinstein-Taybi Syndrome
www.rubinstein-taybi.org
This website offers information related to Rubinstein-Taybi Syndrome such as articles, organizations, new parents, people and more.

**SIBLING:**

Sibling Support Project
www.siblingsupport.org
This website offers information for siblings of children with special health and developmental needs.

**SOCIAL SECURITY:**

Social Security
www.ssa.gov
This website offers information on applying for SSI and SSDI.

**SPINA BIFIDA:**

Spina Bifida Association of America
www.sbaa.org
This website offers facts, information, research and much more regarding Spina Bifida.
TOURETTE SYNDROME:

Tourette Syndrome Association, Inc.
http://www.tsa-usa.org
This website offers numerous resources and information about Tourette Syndrome.

WILLIAMS SYNDROME ASSOCIATION
http://www.williams-syndrome.org/
The Williams Syndrome Association, Inc. (WSA) is a national organization currently providing support and information to over 3500 families. WSA is dedicated to helping individuals with Williams syndrome to reach their full potential by providing them and their families with the most current information available regarding medical guidelines and educational techniques.